The Whisper Test

1. With the patient sitting on an exam table or chair, stand an arm’s length away (approximately 2 ft.) behind the patient.

2. Tell the patient: “During the hearing test, I will ask you to cover the ear that is not being tested as I say the letters and numbers out loud. You will cover your ear by putting your finger over your tragus.”

3. Have the patient cover the ear that’s NOT being tested with one finger over the tragus. Have the patient slowly move the finger in a circular motion.

4. Take a deep breath and exhale fully before whispering the number-letter combination.

5. Give a number-letter-number combination (LISTED BELOW). Ensure that the number-letter-number combination is different for each ear.

6. Have the patient repeat what they hear.

7. If the patient successfully repeats, move on to testing the other ear.

8. If the patient is unsuccessful, reattempt testing with a different number-letter-number combination. If a patient gets 3 total letters and/or numbers correct after a second attempt, it is considered a pass.

9. Remember to document the results.

8-M-3  2-J-7  K-5-R  S-4-G