

First Name	Last Name	Email	
Louise	Aronson	Louise.Aronson@ucsf.edu	<p>Louise Aronson MD MFA https://profiles.ucsf.edu/louise.aronson</p> <p>Geriatrics, anti-ageism, public medical communication, healthy aging, optimizing aging, geriatrics education, medical humanities, writing, health and healthcare</p> <p>Louise Aronson is a geriatrician and writer whose work focuses on health equity for older adults. Her current work is focused on expanding geriatric care and public perceptions of old age to more accurately attend to the decades and diversity of elderhood, developing innovative programs and practices to empower older adults to retain agency and maximize wellness as they age. These efforts include a novel clinical practice, the AGE SELF CARE group visit program, and writing for medical, policy, public health and lay presses.</p>
Anna	Chodos	Anna.Chodos@ucsf.edu	<p>Anna Chodos, MD</p> <p>http://profiles.ucsf.edu/anna.chodos Email: Anna.Chodos@ucsf.edu</p> <p>Implementation science, older adults, primary care, safety net, socioeconomically disadvantaged groups, consult geriatrics, advocacy, poverty in older adults, dementia, elder abuse.</p> <p>Dr. Anna Chodos is the Director for Whole Person Geriatrics in the San Francisco Health Network, our integrated safety net system of health care. In understanding the unmet needs of older adults who are seen in primary care in the safety net and developing high-quality programs for older adults to address these needs. She also focuses on the ethical challenges of caring for older adults who have no surrogate decision makers. She is the medical director of the outpatient Geriatrics Consult Service and the Geriatrics-Neurology Cognitive Clinic at Zuckerberg San Francisco General, as well as a primary care provider at the adult medicine primary care clinic at ZSFG.</p>
Ken	Covinsky	covinsky@medicine.ucsf.edu	<p>Ken Covinsky, MD, MPH</p> <p>http://profiles.ucsf.edu/kenneth.covinsky Email: covinsky@medicine.ucsf.edu</p> <p>Factors impacting ability of older persons to care for themselves, using measures of physical and social functioning to predict health outcomes</p> <p>Dr. Covinsky is interested in the broad determinants of health outcomes in older persons. He uses various data sources to examine predictors of health outcomes, and to develop models to distinguish between elders at high and low risk of health outcomes. He is particularly interested in functional status---both in terms of understanding the determinants of functional status outcomes, and the role of functional status in predicting other health outcomes.</p> <p>Much of his work uses the Health and Retirement Study (HRS), a large study of health outcomes in US persons over the age of 50. The HRS survey provides opportunities to address a wide range of research questions in the elderly. The HRS study can be accessed at http://hrsonline.isr.umich.edu/.</p>

Jessica	Eng	Jessica.Eng@onlok.org	<p>Jessica Eng, MD, MS</p> <p>http://profiles.ucsf.edu/jessica.eng Email: Jessica.Eng@onlok.org</p> <p>Primary care panel management of complex adults, Interprofessional team care, Home-based care, program evaluation.</p> <p>Jessica Eng, MD, MS, is an Associate Professor of Medicine in the Division of Geriatrics, Department of Medicine at the University of California San Francisco (UCSF). A graduate of Harvard College and the Boston University School of Medicine, she completed her internal medicine residency and geriatric fellowship at Boston Medical Center. She is a graduate of the VA Quality Scholars program. She is a board certified geriatrician and internist.</p> <p>Dr. Eng's main research and education interests are the development and implementation of healthcare teams that apply geriatric principles to adults with complex serious illnesses. She is particularly interested in using primary care panel management of complex adults, interprofessional team care, and home-based care to improve patient-centered outcomes.</p> <p>She currently serves as the Medical Director of On Lok, a Bay Area health care organization dedicated to serving the spectrum of care needed by older adults. She serves as core faculty for the National VA Quality Scholars program and mentor to medical students, fellows and early career faculty on quality improvement projects and implementation research.</p>
Meredith	Greene	Meredith.Greene@ucsf.edu	<p>Meredith Greene, MD</p> <p>http://profiles.ucsf.edu/meredith.greene Email: Meredith.Greene@ucsf.edu</p> <p>interests: HIV and aging; integrating geriatrics into HIV care settings</p> <p>Dr. Greene is interested in how to improve the care of older adults living with HIV infection. Her research has focused on describing aging concerns for older adults living with HIV as well as working to develop new care models incorporating geriatrics to serve this population. She currently provides geriatric consults to two of the HIV clinics affiliated with UCSF.</p>
Krista	Harrison	Krista.Harrison@ucsf.edu	<p>Krista Harrison, PhD</p> <p>http://profiles.ucsf.edu/krista.harrison Email: Krista.Harrison@ucsf.edu</p> <p>Krista Harrison, PhD, is a health services researcher focused on improving systems of palliative care for older adults with dementia and other serious illnesses who live in home- and community-based settings. Dr. Harrison aims to improve systems of care for vulnerable older adults with serious illness. Her work focuses on 1) understanding and addressing the needs of older adults living at home with dementia and their caregivers; 2) on improving home-based geriatric palliative care, and 3) on improving hospice and end-of-life care. She employs qualitative and quantitative research methods, implementation science, health policy ethics, and the translation of research to policy.</p>

Ashwin	Kotwal	Ashwin.Kotwal@ucsf.edu	<p>Ashwin Kotwal, MD, MS https://profiles.ucsf.edu/ashwin.kotwal Email: Ashwin.Kotwal@ucsf.edu Social Relationships, Loneliness, Social Isolation, Health, End-of-Life, Cancer Screening, Dementia</p> <p>Dr. Kotwal was an MSTAR student as a first year medical student in 2010 and now practices geriatrics and palliative care at the San Francisco VA Medical Center. Dr. Kotwal's main area of research focuses on understanding how social isolation or feelings of loneliness can impact quality of life and health care use among older adults. He uses two approaches to address research questions. First, he uses large national surveys such as the Health and Retirement Study (https://hrs.isr.umich.edu/about) or the National Social Life Health and Aging Project (https://www.norc.org/Research/Projects/Pages/national-social-life-health-and-aging-project.aspx) which have detailed questions on health, social lives, and health care use among older adults. Second, he works with local, community-based organizations to develop and evaluate interventions which address loneliness and social isolation. Dr. Kotwal works with students to identify projects of mutual interest using available data from one of these two sources. For example, ongoing student-led projects include investigations of the use of technology among older adults to improve social connections, the effect of COVID-19 social restrictions on health, and an evaluation of the Institute on Aging Friendship Line.</p>
Sei	Lee	Sei.Lee@ucsf.edu	<p>Sei Lee, MD, MAS http://profiles.ucsf.edu/sei.lee Email: Sei.Lee@ucsf.edu</p> <p>Mortality prediction, Prevention, Geriatric Diabetes, Alzheimer's Prediction</p> <p>Dr. Lee has 2 main areas of research interest:</p> <ol style="list-style-type: none"> 1. Individualizing Prevention: I'm interested in determining how long after a preventive intervention (such as cancer screening) the benefits are seen. This "lagtime-to-benefit" is unknown for intensive blood pressure control, intensive glycemic control, cholesterol lowering therapy as well as most other common preventive interventions in the elderly. I'm also interested in predicting which patients have an extended life expectancy (so they are likely to benefit from prevention) and which patients have a limited life expectancy (so they are unlikely to benefit from prevention) 2. Geriatric Diabetes: I'm interested in how varying levels of diabetes control affects geriatric outcomes such as incontinence, falls and functional decline in the frail elderly.
John	Newman	JNewman@buckinstitute.org	<p>John Newman, MD PhD http://profiles.ucsf.edu/john.newman https://www.buckinstitute.org/lab/newman-lab/ Email: JNewman@buckinstitute.org</p> <p>Geriatrics, geroscience, dementia, delirium, metabolism, ketone bodies</p> <p>Dr. Newman is a geriatrician and basic scientist whose laboratory at the Buck Institute studies how energy metabolism in cells affects aging. Ketone bodies are normal molecules that our own bodies make during a fast to provide energy to cells. But ketone bodies have drug-like functions as well that control important processes like inflammation and how genes are expressed. Our lab studies how the many functions of ketone bodies affect the aging brain. This will help explain why some people, as they age, are more vulnerable than others to dementia (permanent memory loss) or to delirium (a sudden confusion while sick), and lead to new treatments for these complex and important geriatric conditions.</p>

Edgar	Pierluissi	Edgar.Pierluissi@ucsf.edu	<p>Edgar Pierluissi, MD http://profiles.ucsf.edu/edgar.pierluissi Email: Edgar.Pierluissi@ucsf.edu</p> <p>Hospitalization-associated disability, delirium, acute care for elders</p> <p>Dr. Pierluissi's research focuses on improving care for hospitalized older adults, especially those with mild cognitive impairment and Alzheimer's disease. Ongoing projects include promoting mobility in hospitalized older adults. Previous medical student projects have included and analysis of the effectiveness of an Acute Care for Elders Unit in a Public Hospital and Patient Expectations and Attitudes Towards Exercise in the Hospital.</p>
Stephanie	Rogers	Stephanie.Rogers@ucsf.edu	<p>Stephanie Rogers, MD, MPH https://profiles.ucsf.edu/stephanie.rogers Email: Stephanie.Rogers@ucsf.edu</p> <p>Making health systems "age-friendly" or safe, healthy, and person-centered for older adults, ageism in medicine, implementation of clinical models for older adults.</p> <p>Dr. Rogers' academic interests include promoting the awareness of ageism in healthcare and need for specialized geriatric care in order to foster improvements in the healthcare system, implementation of geriatric inpatient programs to ensure safety in the hospital and to prevent hospital-related physical and mental decline, and the implementation and testing of medical technology particularly in transitions from hospital to home. She currently the founding medical director of UCSF's Age-Friendly Health System and is the founder/medical director of the Acute Care for Elders (ACE) units, Geriatrics-Orthopedics Co-management program, UCSF Delirium Reduction Program, Geriatrics Inpatient consultation service, and is working to build a Geriatrics Emergency Department.</p>
Janice	Schwartz	Janice.Schwartz@ucsf.edu	<p>Janice Schwartz, MD</p> <p>https://profiles.ucsf.edu/janice.schwartz Email: Janice.Schwartz@ucsf.edu</p> <p>I am a board-certified internist and cardiologist with significant experience in clinical pharmacology and geriatric medicine. My research goal has been to elucidate age-related and sex-related differences in pharmacokinetics and pharmacodynamics in order to improve medication therapy for older people. I have studied models of aging from in vitro models of cardiac changes with aging to physiologic and pharmacokinetic investigations of healthy humans to population studies of community dwelling older adults, and most recently, frail older adults.</p> <p>My current work focuses on the newer class of direct-acting oral anticoagulant medications and FDA guidelines for the evaluation of medications in older adults. Projects that will be ongoing from 2020 through 2022 include:</p> <ol style="list-style-type: none"> 1) Understanding why people choose to stop anticoagulation with apixaban. We will be conducting structured interviews to identify common themes for anticoagulant discontinuation and then will develop and performing surveys in a larger population of patients. The work is a collaborative effort with colleagues at UCLA . 2) Determining whether very old adults (including frail) and minority patients with nonvalvular atrial fibrillation have the same blood concentrations and anticoagulation response to doses of apixaban and rivaroxaban that have been studied in younger and primarily white patients in randomized clinical trials. The work is a collaborative effort with hospital medicine faculty, the anticoagulation service, and laboratory medicine/hematology.
Alexander	Smith	Alexander.Smith@ucsf.edu	<p>Alex Smith, MD http://profiles.ucsf.edu/alexander.smith Email: Alexander.Smith@ucsf.edu</p> <p>Palliative care, Prognosis</p> <p>Dr. Smith works with Dr. Lee to study how long older adults have to live and communicating this information to patients.</p>

Michael	Steinman	mike.steinman@ucsf.edu	<p>Michael Steinman, MD http://profiles.ucsf.edu/michael.steinman Email: mike.steinman@ucsf.edu</p> <p>Polypharmacy, Multimorbidity, Prescription Drugs, Drug Industry, Deprescribing</p> <p>Dr. Steinman's research is focused on understanding and improving the quality of prescribing for elders with long-term diseases. His research program includes studies of reducing use of unnecessary and harmful medication in older adults, common problems that result from inappropriate prescribing; assessing prescribing quality and defining best practices in patients with common combinations of diseases; and developing improved methods for assessing the burdens of having multiple chronic diseases. In addition, Dr. Steinman maintains an active research interest in the impact of pharmaceutical industry marketing on physician prescribing behavior.</p>
Rebecca	Sudore	rebecca.sudore@ucsf.edu	<p>Rebecca Sudore, MD http://profiles.ucsf.edu/rebecca.sudore Email: rebecca.sudore@ucsf.edu</p> <p>Advance Care Planning, Decision Making, Health Literacy, Advance Directives</p> <p>Communication, Health Education, Health Literacy, Advance Care Planning, Decision Making, Advance Directives</p> <p>Dr. Rebecca Sudore's team helps to make easy-to-read health education materials for patients, families, and caregivers in multiple languages. The PREPARE team creates these materials with the community and then tests them in research studies (PREPAREforYourCare.org).</p> <p>The PREPARE team's primary research focus is on improving advance care planning and medical decision making for vulnerable older adults with limited health literacy. Advance care planning allows people to name an emergency contact and write down their wishes for medical care if they were to have a serious illness. Advance directives are legal forms that allow people to write down their wishes.</p> <p>Dr. Sudore and her team have designed and tested interactive, web-based advance care planning tools (in English, Spanish and other languages) to prepare patients and their loved ones to make difficult medical decisions (PREPAREforYourCare.org) They have also designed and tested easy-to-read advance directives for all 50 states in multiple languages.</p>
Victoria	Tang	Victoria.tang@ucsf.edu	<p>Victoria Tang, MD, MAS http://profiles.ucsf.edu/victoria.tang Email: Victoria.tang@ucsf.edu</p> <p>Advance care planning, Decision making, Geriatrics, Surgical care, Geriatric surgery, Hospitalization, Frailty, Functional status, Health services research, Pre-habilitation, Pre-operative care, Implementation science, Quality of life, Clinical epidemiology, Social Vulnerability</p> <p>Victoria's research focuses on improving the surgical care of older adults, and she is pursuing several projects that span different aspects of this topic. Victoria is currently studying the long-term health of frail, older adults after they undergo surgery. Additionally, with older adults, it is standard to ask about their priorities for healthcare at the end of their lives to develop what is called an "advanced care directive." Victoria is working to improve how these advanced care directives are documented in hospital electronic health records. On the national level, she is actively engaged in using her research findings to develop interventions and policies to address the health and social needs of older adults in the surgical setting. As a core team member of the American College of Surgeons Coalition for Quality in Geriatric Surgery Project, Victoria is involved in establishing quality geriatric surgical care standards, quality metrics, and implementation methods for hospital systems throughout the nation.</p>

Louise	Walter	Louise.Walter@ucsf.edu	<p>Louise Walter, MD http://profiles.ucsf.edu/louise.walter Email: Louise.Walter@ucsf.edu</p> <p>Mass Screening, Cancer Screening, Life Expectancy, Comorbidity, Leadership, Program Evaluation</p> <p>Dr. Walter works with a number of collaborators to study the use and outcomes of cancer screening according to life expectancy and comorbidity as well as studying the outcomes of Geriatrics leadership programs and educational programs to develop future leaders in aging and transform health care to improve the lives of older persons.</p>
Michi	Yukawa	Michi.Yukawa@ucsf.edu	<p>Michi Yukawa, MD, MPH http://profiles.ucsf.edu/michi.yukawa Email: Michi.Yukawa@ucsf.edu</p> <p>Dr. Michi Yukawa is a Clinical Professor in the Division of Geriatrics and the Post Acute Care Medical Director at the Jewish Home & Rehabilitation Center (JHRC).</p> <p>Dr. Yukawa is a graduate of Brown University School of Medicine, and she completed Internal Medicine residency at Miriam Hospital, one of the teaching hospital for Brown University. In addition, Dr. Yukawa holds a Masters in Public Health from the Harvard School of Public Health. She practiced primary care medicine in Boston before she participated in a Geriatric Medicine Fellowship at University of Washington. Dr.Yukawa was a member of the faculty in the Division of Gerontology and Geriatric Medicine at the University of Washington from 2000-2010. Dr. Yukawa joined the Division of Geriatrics of UCSF in October 2010 as an Associate Professor. She is interested in teaching and improving the care of older adults particularly around nutrition and prevention of malnutrition and weight loss.</p> <p>Clinical As Post Acute Medical Director at JHRC, Dr. Yukawa will provide physician leadership for implementing a new patient care partnership in which UCSF geriatricians provide the clinical care for patients discharged from UCSF Health to JHRC's short-stay rehabilitation unit. She also will provide medical directorship for the entire 120-bed short-stay rehabilitation unit, known as the Friedman Pavilion. She will work with UCSF hospitalists and primary care to enhance the quality of the transition process for UCSF patients from hospital to JHRC and back to UCSF primary care and provide education for JHRC staff in geriatrics and quality indicators. She also will facilitate implementation science research into JHRC's clinical environment, including integrating Geriatrics and Geriatric-Palliative Care fellows into research and quality improvement projects.</p> <p>Research Dr. Yukawa's research interests include improving nutrition, preventing weight loss and improving perioperative care of older adults. She conducted several clinical trials while she was at University of Washington and she hopes to collaborate with others to pursue her research interests at UCSF. Her educational interests revolve around chronic illness management of geriatric patients in various settings: outpatient, inpatient and skilled nursing facility. She leads the geriatric section of Life Cycle course to educate second year medical students about geriatric syndromes and management of older adults. In addition, she directs the fourth year medical student elective in geriatric medicine. She hopes to collaborate with educators within the Division of Geriatrics and other department to develop innovative methods to teach medical students, residents and geriatric fellows about management of geriatric patients.</p>