

Outpatient Substance Abuse Recovery Programs San Francisco

Private Pay / Insurance Outpatient Substance Abuse Recovery Programs San Francisco

PROGRAM	PHONE – ADDRESS - WEBSITE
<p>Henry Ohloff Outpatient Programs</p> <ul style="list-style-type: none"> • Co-Ed Outpatient: Intensive 26-week program. The Adult Chemical Dependency Program offers an intensive 13-week outpatient treatment program followed by 13 weeks of Aftercare • Convenient evening hours are available for clients living at home, working or attending school • Individualized treatment planning, Individual counseling, Group counseling, Family Therapy • Education, Relapse Prevention • 12-Step meeting participation • Aftercare services include regular weekly group therapy with a requirement of continued participation in 12-Step meetings and individual counseling sessions • Residential Treatment program is only for men • Managed Care Preferred Provider, Credit Cards 	<p>415-621-4388 877-677-4543</p> <p>601 Steiner Street</p> <p>http://ohlhoff.org/</p>
<p>Mission Council on Alcohol Abuse</p> <p>Languages: Spanish</p> <ul style="list-style-type: none"> • DUI Classes • Court Assessments • Family Day Treatment Program 	<p>415-826-6767</p> <p>154A Capp Street San Francisco</p> <p>www.missioncouncil.org</p>
<p>National Council for Alcohol & Drugs</p> <ul style="list-style-type: none"> • DUI Classes • Counseling - \$70. Per session • Court Assessments • Family Programs • Youth Programs 	<p>415-296-9900 Main #</p> <p>1170 Market Street (6th floor) San Francisco</p> <p>http://nca-ba.org/</p>

Medi-Cal – Department of Public Health Outpatient Substance Abuse Recovery Programs - SF

PROGRAM	PHONE – ADDRESS - WEBSITE
<p>Alliance Health Project (LGBT) Substance Abuse Counseling and Case Management Services (LGBT)</p> <ul style="list-style-type: none"> • LGBT (Lesbian, Gay, Bisexual and Transgender Community) • HIV Services (do not have to be HIV+ for services) • Individual Counseling • Group Support • Assertive Case Management • Medi-Cal is accepted 	<p>415-476-3902 Ask to speak with the triage clinician on duty (M-F 9am-11am)</p> <p>1930 Market Street</p> <p>www.ucsf-ahp.org/HTML2/ahp_programs.html</p>
<p>Asian Drug and Alcohol Prevention and Treatment) Project ADAPT Asian American Recovery Services</p> <p>Languages: Mandarin, Cantonese, Tagalog, Korean, Spanish, and English</p> <ul style="list-style-type: none"> • comprehensive multi-cultural and multi-lingual adult outpatient program that provides integrated substance abuse and mental health treatment services • individual and group counseling, process and psycho-education groups, case management, relapse prevention • Billing: Sliding scale; Medi-Cal accepted 	<p>415-750-5125</p> <p>2020 Hayes Street</p> <p>http://www.aars.org/counties/san_francisco/asian-drug-and-alcohol-prevention-and-treatment-project-adapt/</p>
<p>HealthRight 360 Formerly Walden House and Haight Ashbury Clinic</p> <ul style="list-style-type: none"> • mental health services, medication management • case management, individual and group therapy • specialized services for women • family advocacy and reunification • workforce development • housing resources • Drop In to arrange intake appointment. Usually within 1 week 	<p>415-762-3700</p> <p>8:45am Monday-Friday Drop in</p> <p>1735 Mission Street San Francisco</p> <p>www.healthright360.org</p>
<p>Lee Woodward Counseling Center (LWCC) - WOMEN Asian American Recovery Services</p> <p>Languages: Mandarin and Korean</p> <ul style="list-style-type: none"> • comprehensive multi-cultural and multi-lingual, adult women's substance abuse treatment • intake and assessment, individual and group counseling, process and psycho-education groups, relapse prevention, recreational activities, and continuing care 	<p>415-776-1001</p> <p>2166 Hayes Street, Suite 303</p> <p>http://www.aars.org/counties/san_francisco/lee-woodward-counseling-center/</p> <p>Childcare is offered from 9 -12:15pm Monday to Friday and 5:30pm – 7:30pm Mon, Weds and Friday</p>

**Medi-Cal – Department of Public Health (continued)
Outpatient Substance Abuse Recovery Programs - SF**

PROGRAM	PHONE – ADDRESS - WEBSITE
<p>Stonewall Project</p> <p>Languages: Spanish</p> <ul style="list-style-type: none"> • Gay Men • Bisexual Men • Transgender Men (FTM) Transmen 	<p>415-487-3100</p> <p>1035 Market St #400</p> <p>www.stonewallsf.org/</p>
<p>TAP – Treatment Access Program (Medi-Cal and Uninsured) SF Department of Public Health</p> <ul style="list-style-type: none"> • Assessment, referral and placement unit of the Community Behavioral Health Services (CBHS), Community Programs - Placement Division • TAP directly assesses clients who self-refer or are referred by various providers throughout the City • Central access office for all substance abuse treatment programs including Suboxone. 	<p>415-503-4730 800-750-2727</p> <p>1380 Howard Street</p> <p>Walk-In or Phone</p>
<p>Women’s Recovery Association HealthRight 360</p> <ul style="list-style-type: none"> • Continuum of care including residential treatment programs, professional clinical services, and community peer support. • Individual and family counseling, group therapy, and educational groups that focus on women's recovery from substance use disorder and related addictive behaviors, such as eating disorders and nicotine dependence. • Adult Residential Services • Perinatal Residential Services • Outpatient Services • Transitional Recovery Services • Family and Children's Services • Treatment Groups <p>WRA provides specialized services that address:</p> <ul style="list-style-type: none"> • Co-occurring mental health disorders • Recovery from trauma and abuse • Emotion management and relapse prevention • Health and wellness • Relationships and building community • Increasing self-esteem and self-efficacy • Issues specific to young women, ages 18-24 	<p>650-348-6603</p> <p>https://www.healthright360.org/agency/womens-recovery-association</p>

Outpatient Substance Abuse Recovery Programs San Mateo

PROGRAM	PHONE – ADDRESS - WEBSITE
<p>Women’s Recovery Association HealthRight 360 San Mateo County</p> <ul style="list-style-type: none"> • Continuum of care including residential treatment programs, professional clinical services, and community peer support. • Individual and family counseling, group therapy, and educational groups that focus on women's recovery from substance use disorder and related addictive behaviors, such as eating disorders and nicotine dependence. • Adult Residential Services • Perinatal Residential Services • Outpatient Services • Transitional Recovery Services • Family and Children's Services • Treatment Groups <p>WRA provides specialized services that address:</p> <ul style="list-style-type: none"> • Co-occurring mental health disorders • Recovery from trauma and abuse • Emotion management and relapse prevention • Health and wellness • Relationships and building community • Increasing self-esteem and self-efficacy • Issues specific to young women, ages 18-24 	<p>650-348-6603 Press #2</p> <p>https://www.healthright360.org/agency/womens-recovery-association</p> <p>Admissions 650-273-4790</p>

12 Step Programs – San Francisco

Free - no Dues or Fees. Not allied with any denomination, political entity, organization, or institution

PROGRAM	PHONE – ADDRESS - WEBSITE
<p>AA – Alcoholics Anonymous</p> <p>Languages: Spanish</p> <ul style="list-style-type: none"> • AA is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism • The only requirement for membership is a desire to stop drinking • Our primary purpose is to stay sober and help other alcoholics to achieve sobriety • Over 600 AA meetings <u>per week</u> in San Francisco 	<p>415-621-1326 - English 415-824-1834 En Español</p> <p>24 Hr. Hotline & Info</p> <p>www.aasf.org</p> <p>San Francisco Meetings http://www.aasf.org/meetingsBrowse.cfm?getRegion=SF&getTimeCode=N&s=h</p>
<p>Al-Anon - San Francisco</p> <ul style="list-style-type: none"> • a fellowship of relatives and friends of alcoholics who share their experience, strength, and hope in order to solve their common problems • Al-Anon has but one purpose: to help families of alcoholics. • Meetings available every day in San Francisco <p>SF Meetings http://www.al-anonsf.org/sf-meetings/ http://www.al-anon.org/pdf/afamagazine.pdf</p>	<p>415-834-9940 Information 415-834-9941 Meeting List 650-794-9654 En Español</p> <p>http://www.al-anonsf.org/</p> <p>En Español http://www.al-anon.alateen.org/inicio</p>
<p>Ala-Teen - San Francisco</p> <ul style="list-style-type: none"> • Alateen is part of Al-Anon Family Groups. Ages 12-20 • Alateen is a fellowship of young Al-Anon members, usually teenagers, whose lives have been affected by someone else's drinking. • Alateen groups are sponsored by Al-Anon members who help the group to stay on track. • Alateens come together to: <ul style="list-style-type: none"> ○ share experiences, strength, and hope with each other ○ discuss difficulties ○ learn effective ways to cope with problems ○ encourage one another ○ help each other understand the principles of the Al-Anon program 	<p>http://www.al-anon.alateen.org/</p> <p>http://www.al-anon.alateen.org/is-alanon-for-you</p> <p>http://www.al-anon.alateen.org/for-alateen/alateen-for-professionals</p> <p>Monday 6:15 – 7:15 St Francis Lutheran Church 152 Church St. at 14th Street (opposite Safeway) For teens 12-20 Meet in conference room – press #3 at gate to enter</p>

12 Step Programs – San Francisco (continued)

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PROGRAM	PHONE – ADDRESS - WEBSITE
<p>CA – Cocaine Anonymous</p> <ul style="list-style-type: none"> • Cocaine Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from their addiction • Cocaine Anonymous is open to all persons who state a desire to stop using cocaine, including "crack" cocaine, as well as all other mind-altering substances • Weekly meetings in San Francisco 	<p>415-226-1300 Recorded Information for San Francisco and North Bay Meetings and contact #'s</p> <p>Cocaine Anonymous International Referral Line 1-800-347-8998</p> <p>www.ca.org</p>
<p>CMA – Crystal Methamphetines Anonymous</p> <ul style="list-style-type: none"> • Crystal Meth Anonymous meets regularly to share support and fellowship, and create a safe environment to stay clean • the fellowship advocates complete abstinence from crystal meth, alcohol, inhalants, medications not taken as prescribed as well as all other mind-altering substances • Daily meetings in San Francisco 	<p>415-692-4762</p> <p>www.norcalcma.org/</p>
<p>NA – Narcotics Anonymous</p> <ul style="list-style-type: none"> • NA is a nonprofit fellowship or society of men and women for whom drugs had become a major problem • Recovering addicts who meet regularly to help each other stay clean • The therapeutic value of one addict helping another is without parallel • Daily meetings in San Francisco 	<p>621-8600</p> <p>http://sfna.org/</p> <p>San Francisco NA Meetings http://sfna.org/documents/2012/06/meetings-schedule.pdf</p>
<p>Nar-Anon Family Groups San Francisco and Marin</p> <ul style="list-style-type: none"> • Nar-Anon is a 12-step fellowship for the family and friends of drug addicts. We welcome anyone to share in our unity and strength. • There is no registration or reservation. Just come to a meeting. 	<p>415-6 25-3241</p> <p>http://sf-naranon.org/</p> <p>Meetings: http://sf-naranon.org/meetings.htm</p> <p>Northern California Region http://naranoncalifornia.org/norcal/meetings.htm</p>

Sliding Scale Outpatient Therapy San Francisco

PROGRAM	PHONE - ADDRESS - WEBSITE
<p>Psychological Services Center California Institute of Integral Studies Counseling Center</p> <p>Individual and Couple's therapy</p> <ul style="list-style-type: none"> • Provides weekly therapy to individuals and couples • Multiple times per week therapy is also available <p>Supportive Therapy Groups</p> <ul style="list-style-type: none"> • Relapse Prevention—members with 6months + sobriety to talk & think about the process of staying sober • Women's group—a place for female identified folks to talk & think about life • Coming Out—LGBTQI identified members to talk & think about the coming out process • Men's group—male identified members to talk & think about life • Off the binary group—a place for human identified members to talk & think about life <p>Assessments</p> <ul style="list-style-type: none"> • Assessment services are available for individuals seeking personality and cognitive testing, as well as academic, vocational, and diagnostic assessment • Work in collaboration with clients, referring therapists, and other mental health professionals 	<p>415-346-1011</p> <p>507 Polk Street, Suite 420</p> <p>http://psychservicescenter.com/</p> <p>Fees are structured on a sliding scale based on income \$40 - \$110 Individual therapy flat fee: \$40 Couples Therapy flat fee: \$50 Assessment flat fee: \$50</p>

HIV Substance Abuse Recovery San Francisco

PROGRAM	PHONE – ADDRESS - WEBSITE
<p>The Stonewall Project</p> <p>Harm reduction-based programs serving LGBTQ/HIV positive community dealing with substance abuse.</p> <ul style="list-style-type: none"> • Walk-in Program; individual & group counseling • Structured Enrolled Program (4pm Monday – Friday walk-in for first intake): Once a week individual session & for 6 to 18 months + 2 groups each week. • Support groups include: book clubs, skills building, harm reduction, AA, bilingual Spanish/Latino gay/bi men's support group, wellness center, mindfulness • Free HIV/Hepatitis C testing 	<p>415-487-3100</p> <p>1035 Market St. Suite 400</p> <p>http://www.stonewallsf.org/</p>
<p>Walden House</p> <ul style="list-style-type: none"> • Primary Medical Care • Men's HIV Residential Behavioral Health Treatment • Women's Residential Behavioral Health Treatment • Women's Hope-This program offers specialized care to the underserved female population of San Francisco with a special focus on pregnant and parenting women with co-occurring substance use and psychiatric disorders. • Social-model Detoxification Residential Treatment • Transgender Recovery Program • Adult Outpatient Services Re-Entry Services Jail Psychiatric Services • Services to Enhance Parolee Success (STEPS) • Bridges-Intensive mental health day treatment services to parolees who have serious mental illnesses. • Sober Living Environment Programs 	<p>415-762-3705</p> <p>https://www.healthright360.org/agency/walden-house</p>
<p>Ferguson Place/Baker Places</p> <p>Residential Treatment Services for adults</p> <ul style="list-style-type: none"> • Mental Health • Substance Abuse • HIV/AIDS • Social rehabilitation approach 	<p>415-864 -1515</p> <p>730 Baker Street</p> <p>http://www.bakerplaces.org/</p>

Methadone San Francisco

PROGRAM	PHONE – ADDRESS - WEBSITE
<p>BAART Methadone Clinic</p> <p>Languages: Spanish, Tagalog, and French</p> <p>Intake Information: Drop-in: 6:00 AM (First come first serve) Bring photo ID and Medi-Cal card</p> <p>Insurance Information and Pricing: Accepts Medi-Cal Non Insurance Pricing Options: \$12 per day \$63 per week \$125 semimonthly (every 5th or 14th of the month)</p>	<p>415-863-3883 1111 Market Street San Francisco www.baartprograms.com/index.html</p> <p>415-928-7800 433 Turk Street www.baartprograms.com/index.html</p> <p>Hours of Operation: Monday, Tuesday, Thursday, Friday: 6am – 2pm Wednesday: 6am – 12pm Saturday and Sunday: 8am – 12pm</p>
<p>Bayview Drug Treatment</p> <p>Languages: Interpreters available upon request</p> <p>Intake Information: Call 415-822-8200 ext. 33 to make an intake appointment</p> <p>Insurance Information: Accepts Medi-Cal and Medicare (all other insurance accepted)</p> <p>Non Insurance Pricing Options: \$15 per day</p>	<p>415-822-8200</p> <p>Clinic Hours of Operation Monday – Friday: 6am – 2pm</p> <p>Dosing Hours of Operation Monday – Friday: 6am – 11am Saturday and Sunday: 7am – 10am</p> <p>1625 Carroll Street http://bayviewci.org/bvhp-foundation-substance-abuse-services</p>
<p>Fort Help Methadone Clinic</p> <p>Intake Information: Call 415-777-9953 to make an appointment for intake</p> <p>Insurance Information: Accepts Medi-Cal and Private Pay</p> <p>Non Insurance Pricing Options: \$90 per week</p> <p>Counseling available 7 days a week within 1 week Following paperwork and intake</p>	<p>415-777-9953 915 Bryant Street</p> <p>415-821-1427 1101 Capp Street</p> <p>Dispensing Hours of Operation: Monday – Friday: 6:15am – 1:45pm Saturday and Sunday: 8:15am – 11:15am</p>

Methadone (continued) San Francisco

PROGRAM	PHONE – ADDRESS - WEBSITE
<p>San Francisco General Hospital Methadone Clinic Ward 93</p> <p>Intake Information: Drop in Monday – Friday: 6:45am - 7am First come first serve and accepting 2-3 patients per day</p> <p>Insurance Information: Clinic accepts all patients; If patient is eligible there is no cost</p>	<p>415-206-8616 415 206-8412</p> <p>1001 Potrero Avenue Building 90 Ward 93</p> <p>Hours of Operation: Monday – Friday 6:45am – 11am/12:30pm – 2pm</p> <p>Saturday and Sunday 7:30am – 11:30am/12:30pm – 2pm</p>
<p>Westside Methadone Clinic</p> <p>Languages: Spanish and Tagalog</p> <p>Intake Information: Call 415-563-8200 to make an appointment</p> <p>Insurance Information: Accepts Medi-Cal; will accept non-insurance patients</p> <ul style="list-style-type: none"> • Medical intervention through daily dispensing of methadone and counseling • Harm-reduction approach to support clients in developing the motivation to become drug-free or free of dependence on illicit drugs • Program is designed to gradually reduce the dosage of methadone with the ultimate goal of being drug-free 	<p>415-563-8200</p> <p>1301 Pierce</p> <p>http://www.westside-health.org/programs/methadone-detoxification-program</p> <p>Hours of Operation: Monday-Friday: 7:00am-3:30pm</p> <p>Dispensing Hours: Monday-Friday: 7:00am-10:45am and 12:00pm-1:45pm</p> <p>Dispensing Hours: Saturday-Sunday & Holidays: 8:00am–11:00am</p>

Methadone – Outpatient East Bay

PROGRAM	PHONE – ADDRESS - WEBSITE
<p>H.A.A.R.T East Bay</p> <ul style="list-style-type: none"> • Methadone • Suboxone Maintenance • Detox • Counseling <p>Founded in 1979, HAART is a community focused non-profit collective of clinicians specializing in opioid replacement therapy, medical monitoring, counseling, and psychotherapy.</p> <ul style="list-style-type: none"> • Providing treatment for problematic opioid use (this includes heroin and prescription analgesics such as oxycontin / oxycodone, morphine, hydromophone, vicoden, fentanyl, and others), poly-drug use, co-occurring disorders, selective pain management, and after care. • Our clinicians also provide private psychotherapy and peripheral care. • Maintenance and long term detoxification services. • Located on the San Leandro, Castro Valley and Hayward border and is easily accessible via car by 580 or 80 (via 238), by bus, and/or by BART train through either the Bay Fair or Hayward stations. • Accept referrals through Kaiser Permanente, the Veteran Administration, and Medi-Cal. 	<p>510-727-9755</p> <p>20094 Mission Blvd. Hayward, CA. 94541</p> <p>info@haarthayward.org</p> <p>http://www.haarthayward.org/6520.html</p>