# Acute Medical Detox – Alcohol and Drugs
## Bay Area
### Substance Abuse Recovery

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<tr>
<th>PROGRAM</th>
<th>PHONE – ADDRESS - WEBSITE</th>
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| Alta Bates Summit Medical Center MPI Treatment Services Easty Bay | 510-652-7000  
3012 Summit Street, 5th Floor  
South Pavilion  
Oakland  
[http://www.altabatessummit.org/mpi/](http://www.altabatessummit.org/mpi/) |
| Alta Mira Sausalito | 888-314-9421  
[https://www.altamirarecovery.com/](https://www.altamirarecovery.com/)  
Alta Mira Recovery Programs:  
125 Bulkley Avenue  
Sausalito, California 94965  
Alta Mira Recovery Outpatient Program:  
591 Redwood Hwy #5220  
Mill Valley, California 94941 |
| Bayside Marin | 888-484-1042  

MPI Treatment Services offers a complete range of chemical dependence treatment in five distinct levels of care:
- Detoxification (MPI uses special detoxification protocols for detoxification from certain medicines.)
- Inpatient Rehabilitation
- Residential Rehabilitation
- Day Treatment
- Morning and Evening Intensive Outpatient Programs
- Private Insurance Accepted – Call for details

- Medically Supervised Detox
- Residential Program 30 day and 90 day
- Intensive Outpatient Treatment – 12 weeks
- 4 day Family Program
- Continuing Care
- Private pay

- Medically Supervised Detox
- Residential Program
- Outpatient Treatment
- Private Insurance Accepted – Call for details
### Acute Medical Detox – Alcohol and Drugs (continued)

#### Private Insurance – Bay Area

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<tr>
<th>PROGRAM</th>
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| **The Camp Recovery Program**  
Scotts Valley | 877-557-6237  
http://www.camprecovery.com/ |
| **Drug & Alcohol Detox Program**  
**Adult Residential and Outpatient Program**  
**Adolescent Residential and Outpatient Program**  
**Continuing Care**  
**Private Insurance Accepted – Call for details**  
**Treatment begins with a thorough drug and alcohol assessment and the creation of an individualized treatment plan that is matched to your unique needs. Our team of caring addiction professionals, including chemical dependency counselors, provides innovative drug treatment with an emphasis on the following:**  
- **The 12-Step Philosophy**  
- **Individual and Group Counseling**  
- **Cognitive-Behavioral Therapy**  
- **Chemical Dependency Education**  
- **Sober Recreational Activities**  
- **Continuing Care and Relapse Prevention Planning** | Detox:  
http://www.camprecovery.com/programs/adult/detox/  
Detox admissions: 877-927-5312  
Adult Drug & Alcohol Rehab  
http://www.camprecovery.com/programs/adult/  
Adolescent Addiction Program  
http://www.camprecovery.com/programs/adolescents/ |
| **Mills-Peninsula Health Services**  
San Mateo | 650-696-4666  
Mills Health Center  
100 S. San Mateo Drive  
San Mateo  
| **Provides intensive medical management of acute detoxification for adults age 18 and older in a confidential hospital unit.**  
**Supported by psychiatric staff to care for patients with a dual diagnosis.**  
**Our licensed nursing staff and our family and chemical dependency therapists are highly experienced and focus solely on safe detoxification and comprehensive planning for recovery.**  
**Acute detoxification is followed by rehabilitation treatment. This may include brief inpatient stabilization, a referral for residential day treatment or participation in our intensive outpatient program, depending on your needs.**  
**Mills-Peninsula’s outpatient programs provide up to 12 weeks of treatment and support.**  
**Individual and family relationship counseling**  
**Group therapy**  
**Family education and support regarding the impact of addition on the family**  
**Stress management education**  
**Assertiveness training**  
**Relapse prevention**  
**On-site recovery meetings**  
**Private Insurance Accepted – Call for details** |
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<tr>
<th>PROGRAM</th>
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<tr>
<td>Reflections Marin County</td>
<td>877-781-5602</td>
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<tr>
<td>Residential</td>
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<tr>
<td>Outpatient</td>
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<tr>
<td>Partial Hospitalization Program</td>
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<tr>
<td>Private Insurance Accepted – Call for details – PPO (out of network) and self-pay</td>
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<tr>
<td>Specializing in Rehab for CEO’s and Executives</td>
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Joe Healy Residential Detox Program
Baker Places, Inc.

Admission Criteria and Information for Community Providers
Please call 415-336-8672 for questions or referrals

- Referring providers are responsible for submitting prescriptions to community pharmacies for all withdrawal as well as any medical or psychiatric medications the client may require for their treatment stay at JHDP. Our intake nurses can discuss the new process and withdrawal treatment options including the amounts of withdrawal medications, their dosages and amounts during the initial contact for referral. The detox staff will be responsible for picking up any withdrawal or other medications. Please do not send the client with any withdrawal medications in hand.

- JHDP Program provides oral medication and twenty-four hour a day LVN supervision in a residential setting to clients withdrawing from alcohol, opiates and benzodiazepines. Clients fall within a range of withdrawal severity, as well as psychiatric and medical co-morbidity. Withdrawal symptoms (present or expected) must be severe enough to require pharmacological assistance, but not so severe as to require intravenous fluids or intravenous medications.

- Licensed and certified by DHCS as a detox program, JHDP has limited access to medical personnel and does not have facilities or equipment to treat medical or psychiatric emergencies. Given these capabilities and limitations, a thorough pre-admission evaluation is necessary to establish that the client is appropriate for detoxification in a facility with limited medical resources and to minimize the risk of communicable disease to other patients and to staff.

- Admissions are accepted into the program between 7a to 5p Monday through Friday and 8a to 5p Saturday and Sunday traditionally unless a later admission is coordinated during the day with the Intake Dept.

Inclusion criteria:
- Clients must be able to ambulate without assistance as well as perform all activities of daily living.
- Substance dependency with any of the following:
  - Previous history of withdrawal severity requiring medical treatment
  - Expected withdrawal severity requiring medical treatment
  - Currently experiencing moderate withdrawal (CIWA-Ar 8 to 15)
  - Recent history of treatment failure at lower levels of care
  - Co-morbid psychiatric or medical conditions that significantly decrease the likelihood of a successful detoxification at a lower level of care.

Exclusion criteria:
- Unstable physical condition requiring continuous monitoring, intravenous medications or fluids
- Severe withdrawal symptoms (CIWA- greater than 25)
- Severely impaired cognitive status, such as delirium or moderate/severe dementia
- Unstable psychiatric condition:
  - With current suicidal ideation/plan
  - Current assaultive threats or behavior
  - Current psychotic or depressive symptoms that significantly impair the client’s ability to care for self and/or participate in the program.
### Joe Healy Residential Detox Program (continued)
#### Baker Places, Inc.

**Physical Examination:**
- A thorough physical examination, to include a skin assessment for soft tissue infections as well as infestations, is necessary within a week of admission. If the client is not admitted on the day of the physical, a brief examination on the day of admission is necessary. The examination should include vital signs, a survey of intoxication and withdrawal signs and symptoms, a check for infestations and a brief mental status examination (level of consciousness, suicidal or violent ideation and orientation).

**Laboratory Requirements:**
- Pregnancy test for females with reproductive potential.
- CBC with platelets
- Comprehensive Metabolic Panel: including glucose, BUN, creatinine, SGOT, electrolytes and bilirubin
- INR, if client has hepatic disease and/or history of GI bleed or platelets below 50,000
- Other labs as clinically indicated

In most instances, lab work must be obtained within 7 days of admission. For clients referred from acute medical facilities (i.e. Emergency Departments, Inpatient Units) lab results must be available and reviewed with the intake nurse prior to admission. If the client is referred from a non-acute setting (i.e. primary care center) lab work drawn with results “pending” may be acceptable if:
   a) The client is well known to the referring clinician and
   b) There is no evidence of any acute medical problems and
   c) Any chronic medical conditions are known to be stable.

**TB Screening Requirements:**
- TB history and review of symptoms is necessary for all clients.
- For clients who have a negative review of symptoms for TB, either a documented negative PPD skin test or a negative QFT within 6 months is acceptable for admission.
- For clients with a positive review of symptoms for TB, a chest x-ray and work up is required prior to admission.
- Clients with a history of a positive PPD skin test require a negative chest x-ray within the last year or documented successful completion of TB treatment for admission.
- Clients with history of a HIV or AIDS will need a chest X-ray negative for signs of TB within the last six months. HIV positive clients with CD4 counts below 50 or those not connected with care will need a CXR clear for TB within 30 days.

**Summary:** The medical provider’s examination is crucial in determining the patient’s appropriateness for the medically assisted detoxification. A physical examination, TB clearance and the drawing and evaluation of the required lab work are the referring provider’s responsibilities.

**PDF of JHDP Community Detoxification Referral** can be found under Primary Care Resource Directory under Detox:  
<table>
<thead>
<tr>
<th>PROGRAM</th>
<th>PHONE – ADDRESS - WEBSITE</th>
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| BAART Methadone Clinic | 415-863-3883  
1111 Market Street  
San Francisco  
www.baartprograms.com/index.html |
| Languages: Spanish, Tagalog, and French | |
| Intake Information: | |
| Drop-in: 6:00 AM (First come first serve)  
Bring photo ID and Medi-Cal card | |
| Insurance Information and Pricing: | |
| Accepts Medi-Cal  
Non Insurance Pricing Options: | |
| $12 per day  
$63 per week  
$125 semimonthly (every 5th or 14th of the month) | |
| | |
| Bayview Drug Treatment | 415-822-8200 |
| Languages: Interpreters available upon request | |
| Intake Information: | |
| Call 415-822-8200 ext. 33 to make an intake appointment | |
| Insurance Information: | |
| Accepts Medi-Cal and Medicare (all other insurance accepted) | |
| Non Insurance Pricing Options: | |
| $15 per day | |
| | |
| Fort Help Methadone Clinic | 415-777-9953  
915 Bryant Street  
415-821-1427  
1101 Capp Street  
http://bayviewci.org/bvhp-foundation-substance-abuse-services |
| Intake Information: | |
| Call 415-777-9953 to make an appointment for intake | |
| Insurance Information: | |
| Accepts Medi-Cal and Private Pay | |
| Non Insurance Pricing Options: | |
| $90 per week | |
| Counseling available  
7 days a week within 1 week  
Following paperwork and intake | |
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<tr>
<th>PROGRAM</th>
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<tr>
<td><strong>San Francisco General Hospital Methadone Clinic</strong></td>
<td>415-206-8616&lt;br&gt;415 206-8412</td>
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<tr>
<td><strong>Ward 93</strong></td>
<td>1001 Potrero Avenue&lt;br&gt;Building 90 Ward 93</td>
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<tr>
<td><strong>Intake Information:</strong></td>
<td><strong>Hours of Operation:</strong></td>
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<tr>
<td>Drop in Monday – Friday: 6:45am - 7am&lt;br&gt;First come first serve and accepting 2-3 patients per day</td>
<td>Monday – Friday&lt;br&gt;6:45am – 11am/12:30pm – 2pm&lt;br&gt;Saturday and Sunday&lt;br&gt;7:30am – 11:30am/12:30pm – 2pm</td>
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<td><strong>Insurance Information:</strong></td>
<td><strong>Dispensing Hours:</strong></td>
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<tr>
<td>Clinic accepts all patients; If patient is eligible there is no cost</td>
<td>Monday-Friday: 7:00am-3:30pm</td>
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<td><strong>Westside Methadone Clinic</strong></td>
<td><strong>Dispensing Hours:</strong></td>
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<tr>
<td><strong>Languages:</strong> Spanish and Tagalog</td>
<td>Monday-Friday: 7:00am-10:45am&lt;br&gt;and 12:00pm-1:45pm</td>
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<tr>
<td><strong>Intake Information:</strong></td>
<td><strong>Dispensing Hours:</strong></td>
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<tr>
<td>Call 415-563-8200 to make an appointment</td>
<td>Saturday-Sunday &amp; Holidays: 8:00am–11:00am</td>
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<td><strong>Insurance Information:</strong></td>
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<tr>
<td>Accepts Medi-Cal; will accept non-insurance patients</td>
<td><strong>Dispensing Hours:</strong></td>
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<tr>
<td>• Medical intervention through daily dispensing of methadone and counseling</td>
<td>Monday-Friday: 7:00am-3:30pm</td>
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<td>• Harm-reduction approach to support clients in developing the motivation to become drug-free or free of dependence on illicit drugs</td>
<td>Monday-Friday: 7:00am-10:45am&lt;br&gt;and 12:00pm-1:45pm</td>
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<td>• Program is designed to gradually reduce the dosage of methadone with the ultimate goal of being drug-free</td>
<td>Saturday-Sunday &amp; Holidays: 8:00am–11:00am</td>
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<td>H.A.A.R.T East Bay</td>
<td>510-727-9755</td>
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<td>Methadone</td>
<td><a href="mailto:info@haarthayward.org">info@haarthayward.org</a></td>
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<tr>
<td>Suboxone Maintenance</td>
<td><a href="http://www.haarthayward.org/6520.html">http://www.haarthayward.org/6520.html</a></td>
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<tr>
<td>Detox</td>
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<td>Counseling</td>
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<td>Founded in 1979, HAART is a community focused non-profit collective of clinicians specializing in opioid replacement therapy, medical monitoring, counseling, and psychotherapy. Providing treatment for problematic opioid use (this includes heroin and prescription analgesics such as oxycontin / oxycodone, morphine, hydromorphone, vicoden, fentanyl, and others), poly-drug use, co-occurring disorders, selective pain management, and after care. Our clinicians also provide private psychotherapy and peripheral care. Maintenance and long term detoxification services. Located on the San Leandro, Castro Valley and Hayward border and is easily accessible via car by 580 or 80 (via 238), by bus, and/or by BART train through either the Bay Fair or Hayward stations. Accept referrals through Kaiser Permanente, the Veteran Administration, and Medi-Cal.</td>
<td>20094 Mission Blvd. Hayward, CA. 94541</td>
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