

A multi-campus division

September 27th, 2024





Division of Geriatrics Department of Medicine



ZUCKERBERG SAN FRANCISCO GENERAL Hospital and Trauma Center



Josette Rivera, MD was recently inducted as a Fellow of the American Geriatrics Society, joining the newest class of distinguished leaders in the field of geriatrics.



Katrina A. Hough, Soe Han Tha, Dr. Carla M. Perissinotto, Dr. Preston Burnes, and Dr. Ashwin A. Kotwal published an article titled "A proactive phone intervention for older adults to address loneliness identified by a health plan" in collaboration with the Institute on Aging Friendship Line. The article appeared in the Annals of the New York Academy of Sciences.



Julia Adler-Milstein, PhD, Stephanie Rogers, MD, and team published an article entitled "Assessing Equitable Adherence to the Age-Friendly Health System's 4Ms Framework in an Academic Inpatient Setting" in Inquiry.



Join us on Wednesday, October 9, 2024, for Ageism Awareness Day! Ageism impacts how we think, feel, and act toward others and ourselves, leading to worsened outcomes. The UCSF Diversity and Inclusion Certificate Program Alums (DICPA) are sharing resources—books, podcasts, and more—to help raise awareness and inspire action. Complete a survey to get involved with the UCSF Ageism Awareness and Action Coalition and start making a difference!

Learn more



Janice Schwartz, MD has been named the recipient of the 2025 Rawls-Palmer Progress in Medicine Award by the American Society for Clinical Pharmacology and Therapeutics (ASCPT). This prestigious award recognizes her significant contributions to medical education and patient care through clinical research.

Learn more



<u>Melisa Wong, MD, MS</u> and Howard Lee, MD presented their Best Case/Worst Case-Geriatric Oncology poster at the American Society for Clinical Oncology (ASCO) Quality Symposium on 9/27/24 and the <u>ASCO Daily</u> <u>News article</u> about their work was recently published.



Janice Schwartz, MD, in collaboration with Israeli colleagues Naomi Gronich and Walid Saliba, published Prevalence and Proportion by Age and Sex of Chronic Health Conditions in a Large Healthcare System in PLOS ONE that demonstrated age and gender distribution for 26 chronic diseases and 21 types of cancers in order to provide reference data for matching representation of participants in clinical trials to populations of patients.





UCSF DIVISION OF GERIATRICS

DIVISION WIDE MEETING SEPTEMBER 2024

The Division kicked off the start of the 24-25 academic year with the return of a September Division meeting tradition: ice cream social and Mingle Bingo – Spotlight edition! Division members were given bingo squares with tiles containing facts inspired by their spotlights and had to mingle with one another to find someone who identified with the spotlight fact. Congratulations to winners Caroline Ziesmer and Pei Chen, who got the closest to achieving a fully blacked-out bingo square! Check out all Division spotlights under the "News" on the Division website.

GERIATRICS SPOTLIGHT

The Geriatrics Spotlight initiative fosters community building within the Division, especially during this age of hybrid/remote work where it can be challenging to find ways to interact with colleagues outside of your immediate teams. This is a way for Division members to learn more about all the wonderful work we're doing!

This week, we get to know our division members, **Monica Cheng** and **Mike** Harper.



Monica Cheng

Title: Assistant Professor of Medicine Joined Division: 2023 Work site(s): UCSF Care at Home and The San Francisco Campus for Jewish Living Email: monica.cheng@ucsf.edu

What is a professional goal you would like to accomplish by the end of this year?

Monica's professional goal for this year is to develop the knowledge, skills, and experience needed to become an effective Medical Director.

What are you happiest doing in your free time?

Monica enjoys going on walks in random directions with her dog, Mozzy.

Learn more about Monica



Mike Harper

Title: Professor of Medicine & Division of Geriatrics Wellness Officer Joined Division: 2004 Work site(s): SFVAHCS and from home in San Francisco, CA Email: michael.harper@ucsf.edu

What's one "fun fact" about you that not many people know? (e.g., hidden talent)

His one social media is TikTok (not a content creator, but an observer). He is following GeriPal on TikTok.

What is the best advice you've ever heard? "Borrow young, lend old."



Sarah Hooper, JD, Professor of Practice and Executive Director of the UCSF/UC Law SF Consortium on Law, Science & Health Policy, University of California Law

Conservatorship in Older Adults: Practice and Systems Change for Health Justice

View recording



Sharon Brangman, MD, FACP. AGSF, Distinguished Service Professor of Geriatrics Medicine; Department Chief of Geriatrics, Upstate University Hospital; Director of Center of Excellence for Alzheimer's Disease (CEAD); Director of University Geriatricians; Chair of Department of Geriatrics

Achieving Diversity in Clinical Trials Through Community Engagement

Weds, October 23rd, 2024 4:00 - 5:00 PM Location: Health Sciences West Building, Room 303 (HSW-303)

Zoom Registration Link (remote)

View Past Grand Rounds Recordings

GRATITUDE

This Gratitude section is an opportunity for us to post thank-you/gratitude messages to each other. Please email your gratitude posts to Caroline.Ziesmer@ucsf.edu to include in future newsletters.



Dorla Cantu, our longest serving volunteer on **UCSF's ACE unit** (over 8 years) makes a huge difference for our patients! Recently a patient said Dorla "had visited me this morning and that she was so very kind and friendly. She was truly a bright spot in my day and I appreciated Dorla's visit. She provided a newspaper for me to read, and a journal for me to keep notes. I was already putting the journal to good use and was enjoying reading the newspaper." Thank you for everything you do, Dorla!



Dear Lynn Flint,

I want to thank you for taking the time out of your busy schedule to present to the **DOM fellows at the inaugural Fellows' College**. Your session on setting your values, vision, and mission was very well received by the fellows and led them to engage in meaningful conversations. Looking forward to the leadership session you are leading for the fellow in the spring.

Gratefully, Brian Schwartz

GERI TWEET OF THE WEEK



Had a blast co-facilitating @UCSFMedicine student small group cases w/pediatrician Dr. Raul Gutierrez on how to support grandparent caregivers for kids! One of my favorite teaching activities w/ @UCSFGeriatrics & @OnLokInc each year. #meded

Jessica Eng, MD (she/her) @JessicaEngMD Sep 20

LEARNING & DEVELOPMENT OPPORTUNITIES



Faculty and Staff Assistance Program

Experiencing a personal or work-related issue? The Faculty and Staff Assistance Program is here to help.

The Faculty and Staff Assistance Program invites UCSF faculty, staff, residents, postdocs and clinical fellows to use this free, confidential employee counseling services. FSAP is dedicated to supporting the mental and emotional health of our community, enhancing both individual growth and collective strength. (UCSF VPN required to schedule appointments)

Learn more

OFFICE APPLICATION PEARL



RightFax FaxUtil

RightFax is a paperless faxing application that uses a computer to send and receive fax transmissions rather than a standard fax machine.

The RightFax service is free to users at UCSF for sending and receiving faxes from their desktop computer via the RightFax FaxUtil application.

Please email Caroline.Ziesmer@ucsf.edu if you do not already have RightFax installed on your computer.

Learn how to send outbound fax

GERI COMMUNITY RESOURCE

Welcome to UCSF Geriatrics Community Resources

DailyCaring

This week's Geri Community Resource is: Daily Caring.

Daily Caring is a platform designed to support caregivers in caring for someone 50+ years of age with the most up-to-date information from practical advice, helpful tips, personal stories, and top resources on caregiving and aging. If you'd like to reach out and learn more, please email them at hello@dailycaring.com.

> Find Geriatrics Community Resources here

UPCOMING EVENTS

October 2: Geriatrics Works in Progress 8:30 - 9:40 AM Speaker: TBD Zoom Link October 23: Geriatrics Grand Rounds 4:00-5:00PM Speaker: Sharon Brangman MD Location: TBD Zoom Registration Link October 30: Geriatrics Works in Progress 8:30 - 9:40 AM Speaker: TBD Zoom Link

EMPLOYMENT OPPORTUNITIES

UCSF Division of Geriatrics is Recruiting! Click here for more details>>

Current Career Opportunities:

- <u>Clinician Educator (JPF05152)</u>
- <u>Research Scientist (JPF04741)</u>
- <u>Harris Fishbon Distinguished Professor for</u> <u>Clinical Translational Research in Aging</u> (JPF04285)
- Program Manager (80838BR)
- <u>GUIDE Program & Operations Manager</u>
 (81132BR)

GIVING



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For questions, comments, or suggestions, email GeriAdmin@ucsf.edu UCSF Division of Geriatrics | 490 Illinois Street, Floor 8, San Francisco, CA 94143 | geriatrics.ucsf.edu

