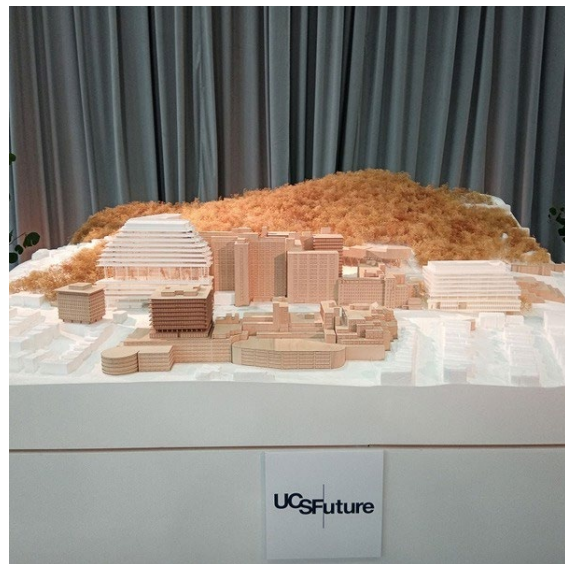


UCSF GeriNews

A multi-campus division

April 26th, 2024



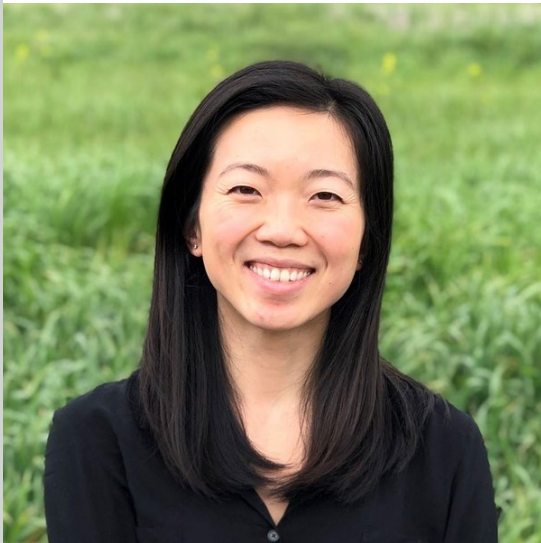
[Louise Walter, MD](#) attended the UCSF New Hospital Groundbreaking Celebration on 4/25/24 and learned how this new hospital is being built to be age-friendly and reduce the hazards of hospitalization for older people. The new hospital is going to be huge and is represented as the big white building on the left side of both pictures.



[Louise Aronson, MD, MFA](#) published a [gripping essay in the NEJM](#) about her mother's should-have-been death experience.



[Rebecca Sudore, MD](#) has been selected as a recipient of the UCSF School of Medicine 2024 **Excellence in Teaching for Clinical Faculty Award**. Recipients of this award are selected based on nominations submitted by the graduating medical student class.



Congratulations to **Caroline Sou Ziesmer** (Operations Analyst) for receiving a [UCSF SPOT Award](#)! Caroline is being recognized for her great work supporting the successful recruitment of several new faculty members this year! She serves as a "face of the Division" during this important process, contributes to our overall recruitment success and gives our candidates a wonderfully positive experience every step of the way! Thank you Caroline!

-Louise & Karen



Dear.Scott.Tamblin?

I.know.I.speak.for.my.mom.as.we.both.feel.so.grateful.for.all.your.care;.You.have.been.a.reassuring.comfort.every.time.you.would.see.her.and.help.her.with.her.problems;.We.can't.express.how.deeply.we.feel.this.gratitude;.You.bring.a.very.real.human.quality.to.your.care.that.is.not.always.seen.in.others?but.then.something.more;.It's.like.a.hero.shows.up.at.the.door.just.when.you.need.him.and.brings.a.big.soft.cozy.blanket.of.comfort?understanding.and.wisdom;.Thank.you.for.being.our.hero.in.a.sense;.You.made.this.phase.of.her.life.as.pleasant.as.could.be;

Grateful.patient's.daughter

GERIATRIC & PALLIATIVE MEDICINE GRAND ROUNDS



[Adrienne Green, MD,](#)

President and Chief Executive Officer, San Francisco Campus for Jewish Living

A Physician Leader's Journey: Aligning your clinical niche with the needs of the C-Suite

[View Recording](#)

[View Past Grand Rounds Recordings](#)



[Eleni Linos, MD, MPH, DrPH](#)

Director, Center for Digital Health, Ben Davenport and Lucy Zhang Professor of Medicine, Stanford University

Title: TBA

Wednesday, May 22, 2024 @ 4:00 - 5:00 PM

Location: TBD

[View Past Grand Rounds Recordings](#)

GERIATRICS SPOTLIGHT

The Geriatrics Spotlight initiative fosters community building within the Division, especially during this age of hybrid/remote work where it can be challenging to find ways to interact with colleagues outside of your immediate teams. This is a way for Division members to learn more about all the wonderful work we're doing!

This week, we get to know our division members, **Olivia Bernal** and **Jasmine Santoyo-Olsson**.



Olivia Bernal

Role: Geriatrics and Palliative Care Fellow

Joined Division: 2022

Work site: Parnassus and SFVAHCS

Email: olivia.bernal@ucsf.edu

What's one "fun fact" about you that not many people know? (e.g., hidden talent)

Olivia is really good at finding deals while shopping online, particularly when it comes to thrifted clothing.

What are you happiest doing in your free time?

Olivia finds joy in playing with her two beloved dogs, Winnie and Arthur, and cherishes moments spent with her family and friends.

[Learn more about Olivia](#)



Jasmine Santoyo-Olsson

Role: T32 Postdoctoral Research Fellow

Joined Division: 2023

Work site: Mission Bay and from home in Orinda, CA

Email: jasmine.santoyo-olsson@ucsf.edu

What's one "fun fact" about you that not many people know? (e.g., hidden talent)

Jasmine has three rescue dogs (two huskies and a little chihuahua), a corn snake, and a red-throated Conure (a bird that looks like a parrot).

Who is someone you admire and why?

Jasmine admires her parents, who are Mexican immigrants, and instilled in her to work hard, never give up, and, most importantly, give back.

[Learn more about Jasmine](#)

GERIPAL BLOG

Geripal

Geriatrics & Palliative Care for
All Healthcare Professionals



[Palliative Care Nursing: Podcast with Betty Ferrell about ELNEC](#)

[Visit the GeriPal Blog](#)

GERI TWEET OF THE WEEK

“

Table 1. Specification and Emulation of a Target Trial Evaluating Initiation of Antihypertensive Medication and Risk of Severe Falls

Protocol component	Target trial specification	Target trial emulation using VA data
Eligibility criteria	<p>1 Age ≥ 65 y between 2006 and 2019</p> <p>2 Residence in a long-term care nursing home in the VA</p> <p>3 Receiving a stable antihypertensive therapy regimen</p> <p>4 No evidence of end-stage kidney disease</p>	Criteria 1, 2, and 4 were the same as the target trial. For criterion 3, patients were required to have a stable antihypertensive medication regimen for 4 wk and not have used the initiated therapy in the 28-d washout period prior to initiation.
Treatment strategies	Exposure arm: addition of antihypertensive class to existing regimen; control arm: continuation of existing regimen	Treatment strategies were the same as the target trial. Medication use was ascertained using BCMA data.
Treatment assignment	Individuals were randomly assigned to 1 of the 2 treatment strategies; neither the patient nor prescriber was blinded to the intervention	Patients were evaluated weekly for eligibility and were classified into 1 of 2 treatment strategies. Randomization was emulated by adjusting for imbalances in >50 baseline covariates using a 1:4 propensity score-matching approach. Neither the patient nor prescriber was blinded to the intervention.
Follow-up	Starts on the day after the eligibility criteria are fulfilled and ends on the 30th day	Same as the target trial
Outcomes	Fracture	Same as the target trial
Causal contrasts	Per-protocol effect	Same as the target trial
Statistical analysis	IR of fractures per 100 person-years; HR for fractures using control arm as the referent category	Adjusted IRs and relative risks were estimated via 1:4 propensity score matching

Abbreviations: BCMA, bar-coded medication administration; IR, incidence rate; HR, hazard ratio; VA, Veterans Health Administration.

Risks of blood pressure medicine in Nursing home residents Study in Veterans suggests markedly increased risk of fracture in the month after starting new BP meds
Risks and benefits of BP rx in NH need to be carefully weighed

”

- Ken.Covinsky@geri_doc

GERI COMMUNITY RESOURCE

Welcome to UCSF
Geriatrics Community
Resources



This week’s “Bay Area Older Adult Community Resource of the week” to be featured is [Engage as You Age](#).



Engage as you age is a social engagement service to foster meaningful connections and enhance cognitive abilities through social interaction. They’ll thoughtfully pair people based on shared interests and personalities to ensure seniors have an impactful experience that ultimately decreases loneliness, increases happiness, and improves quality of life. To get started, Contact Engage as you age at 415-690-6944!.

[Find Geriatrics
Community
Resources here](#)

UPCOMING EVENTS

May 1: Geriatrics Works in Progress

8:30-9:40AM

AGS/SGIM Practice Session

[Zoom only](#)

May 8: Geriatrics Works in Progress

8:30-9:40AM

Speaker: Dr. Julien Cobert

[Zoom](#)

May 15: Geriatrics Works in Progress

8:30-9:40AM

Speaker: Dr. Stephanie Cham

[Zoom](#)

EMPLOYMENT OPPORTUNITIES

**UCSF Division of Geriatrics
is Recruiting!**

Current Career Opportunities:

[Click here for more
details>>](#)

- [Clinician Educator \(JPF04355\)](#)
- [Research Scientist \(JPF04741\)](#)
- [Harris Fishbon Distinguished Professor for Clinical Translational Research in Aging \(JPF04285\)](#)
- [Associate Research Finance Analyst \(75135BR\)](#)
- [Qualitative & Mixed Methods Analyst \(77950BR\)](#)

GIVING



Donations play a vital role in sustaining our Mission.

[Learn More >>](#)

[Donate now](#)

For questions, comments, or suggestions, email GeriAdmin@ucsf.edu

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