

# UCSF GeriNews

A multi-campus division

April 12th, 2024



Congratulations to the following [SPOT Award](#) recipients who were nominated by their supervisors and/or colleagues!

1. **Angelica Martinez** (Project Coordinator) for supporting a faculty member's complex calendar, as well as for going above and beyond to cover adhoc projects within the team.
2. **Clarissa Ferguson** (PREPARE Project Coordinator) for stepping up to take on more project management of a large restructuring of the PREPARE program website, as well as with the development of the PREPARE for Your Care and PREPARE for Their care advance care planning materials.
3. **Izabel Pisikyan** (Dementia Care Aware Senior Program Coordinator) for adding to the success our recent conference in Newport Beach.
4. **Jada Smith** (Dementia Care Aware Research Data Analyst) for her great work categorizing and analyzing the data from DCA interviews and focus groups.
5. **Mary Tran** (Administrative Coordinator) for her oversight and support of the Division Wellness Video Series.
6. **Thomas Yu** (Senior Finance Specialist) for continuing to provide excellent support to faculty members while we're short-staffed on the core admin team.



Congratulations [Izabel Pisikyan](#) on her recent promotion to Senior Program Coordinator on the [Dementia Care Aware](#) team! Izabel joined our Division in May 2022 when we first launched the DCA program and has been instrumental to the success of DCA.

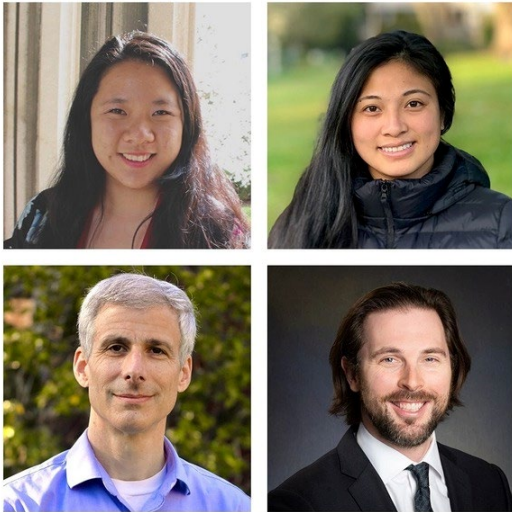
[Read more](#)



[James Deardorff, MD](#) and [Adrian Haimovich, MD, PhD](#) published an editorial entitled "[From bedside-to-model: Designing clinical prediction rules for implementation](#)" in the Journal of the American Geriatrics Society.



[Thiago Avelino-Silva, MD, PhD](#), current T32 fellow, and his mentee [Raif Restivo Simão](#) won the Best Abstract Award at GERP 2024 (Geriatrics and Gerontology Conference of Sao Paolo)! Their project was selected among 395 abstracts and was entitled "Adaptation and Validation of the 2-Item Ultra-Brief (UB-2) Delirium Screen to Portuguese". The project adapted the 2-Item Ultra-Brief (UB-2) Delirium Screener for use in Portuguese-speaking populations. This involved not only translating the screener but also ensuring it maintained its reliability and effectiveness in a new cultural context.



Belinda Tang, MSTAR student, [Edie Espejo, MA](#), [Mike Steinman, MD](#), and [Matthew Growdon, MD, MPH](#) published a research letter entitled "[Cognitive, physical, and sensory deficits that can affect everyday medication use among older adults: A national view](#)" in the Journal of the American Geriatrics Society.



[Marlon Aliberti, MD, PhD](#) (previous visiting scholar), [Ken Covinsky, MD, MPH](#), and [Sei Lee, MD, MAS](#) presented at the Congress of Geriatrics and Gerontology of Sao Paolo, Brazil Apr 4-6. The sessions were wide-ranging focusing on opportunities for international collaboration, [ePrognosis](#) and the central role of function in geriatrics.



This week, Division members completed filming interviews for the forthcoming Division Wellness Video Series with awarded grant funds from UCSF Wellness.

Thank you to our 8 amazing presenters for their time and valuable insights on UCSF's 7 pillars of wellness.

**SAVE THE DATE** for the official video series reveal on June 26th, 3-4p at the last Division wide meeting of the 2024 academic year!

Pictured above: Staff Brenda Fagan prepares to film her discussion of UCSF's emotional pillar of wellness with videographer Lawrence Rickford.

**GERIATRIC & PALLIATIVE MEDICINE GRAND ROUNDS**



**Adrienne Green, MD,**

President and Chief Executive Officer, San Francisco Campus for Jewish Living

***A Physician Leader's Journey: Aligning your clinical niche with the needs of the C-Suite***

**April Grand Rounds (Hybrid)**

**Wednesday, April 24; 4:00-5:00 pm PST**

Nursing Building, Room 217, 2 Koret Way (in-person)

[Zoom Registration Link](#) (remote)

[View Past Grand Rounds Recordings](#)

## GERIATRICS SPOTLIGHT

The Geriatrics Spotlight initiative fosters community building within the Division, especially during this age of hybrid/remote work where it can be challenging to find ways to interact with colleagues outside of your immediate teams. This is a way for Division members to learn more about all the wonderful work we're doing!

This week, we get to know our division members, **Maryam Khan** and **Caroline Eskandar**.



**Maryam Khan**

**Role:** Clinical Research Coordinator

**Joined Division:** 2023

**Work site:** Mission Bay and from home in San Francisco, CA

**Email:** [maryam.khan2@ucsf.edu](mailto:maryam.khan2@ucsf.edu)

***What is the best advice you've ever heard?***

The most valuable advice she received came from her father: "You should never lie to your doctor or lawyer."

***Who is someone you admire, and why?***

Her mom - She moved to the United States from Pakistan, where she had earned her MBBS with the intention of practicing medicine. However, after having children, she put her career on hold. Later, she pursued her passion by continuing her medical journey at Stanford, where she has dedicated over a decade to her field.

[Learn more about Maryam](#)



**Caroline Eskandar**

**Role:** Clinical Research Coordinator

**Joined Division:** 2023

**Work site:** Mission Bay and from home in San Francisco, CA

**Email:** [caroline.eskandar@ucsf.edu](mailto:caroline.eskandar@ucsf.edu)

***What are you happiest doing in your free time?***

Caroline enjoys artistic pursuits such as watercolor painting and working with clay.

***What are some causes you care about?***

Caroline is deeply passionate about working with immigrants and vulnerable populations.

[Learn more about Caroline](#)

GERIPAL BLOG

**Geripal**

Geriatrics & Palliative Care for  
All Healthcare Professionals



**[Ambivalence in Decision-Making: A Podcast with Joshua Briscoe, Bryanna Moore, Jennifer Blumenthal-Barby & Olubukunola Dwyer](#)**

[Visit the GeriPal Blog](#)

**GERI TWEET OF THE WEEK**

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**Health information online** can sometimes come from unreliable sources and be false and misleading, leading to harmful health effects.

**Unreliable sources of online health information may include**


- Personal or business social media accounts
- Companies selling dietary supplements, “natural” cures, or weight loss programs
- Artificial intelligence “bots” posing as medical experts



**Trusted sources of online health information from medical experts include**

- Government websites ending in **.gov** (eg, Centers for Disease Control and Prevention [CDC], National Institutes of Health [NIH])
- Medical university websites ending in **.edu** (eg, Harvard Medical School, Johns Hopkins University)
- Social media accounts from medical journals and health care systems (eg, JAMA Network, Mayo Clinic)



 *Talk to your doctor if you are unsure whether the medical advice you read online is accurate and safe.*

Very [useful patient information page](#): Why should patients be cautious about on-line health information?

”

- [Ken Covinsky @geri\\_doc](#)

**LEARNING & DEVELOPMENT OPPORTUNITIES**

# UCSF Staff Engagement Survey

April 9 through May 3, 2024



Creating a workplace that  
works for us all.

[Learning.ucsf.edu/Engagement](https://learning.ucsf.edu/Engagement)

- Responses are confidential
- Survey takes only 5-10 minutes to complete
- You will receive a personal email from Gallup

Questions?  
Ask your Engagement Ambassador



## Be Heard - Complete your Staff Engagement Survey

**April 9 - May 3**

UCSF staff will receive a unique email invite from Gallup to take our 10-minute survey and provide confidential feedback on how we are doing as an engaging place to work.

Please search for your unique survey link in your inbox.

Email Mary Tran, [Mary.Tran2@ucsf.edu](mailto:Mary.Tran2@ucsf.edu), our Staff Engagement Ambassador if you have any questions.

## UPCOMING EVENTS

**April 17:** Geriatrics Works in Progress

8:30-9:40AM

Speaker: Erin Ferguson

In-person: Geriatrics  
Conference Room, Building  
1 3rd Floor,

[Zoom](#)

**April 24:** Geriatrics Works in Progress

8:30-9:40AM

Speaker: Dr. Lisa Rotenstein

[Zoom only](#)

**May 1:** Geriatrics Works in Progress

8:30-9:40AM

AGS/SGIM Practice Session

[Zoom only](#)

## EMPLOYMENT OPPORTUNITIES

**UCSF Division of Geriatrics  
is Recruiting!**

[Click here for more  
details>>](#)

**Current Career Opportunities:**

- [Clinician Educator \(JPF04355\)](#)
- [Research Scientist \(JPF04741\)](#)
- [Harris Fishbon Distinguished Professor for Clinical Translational Research in Aging \(JPF04285\)](#)
- [Program Manager \(STAFF001433\)](#)

- [Associate Research Finance Analyst \(75135BR\)](#)
- [Operations Manager \(77000BR\)](#)

## GIVING



Donations play a vital role in sustaining our Mission.  
[Learn More >>](#)

[Donate now](#)

For questions, comments, or suggestions, email [GeriAdmin@ucsf.edu](mailto:GeriAdmin@ucsf.edu)

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