UCSF GeriNews

A multi-campus division

August 15th, 2025











Ashwin Kotwal, MD, MS was a plenary speaker and panelist at the ALS Nexus 2025 Conference in Dallas on the topic "Focusing on Increasing Social Connection and Quality of Life" where he described recent research in ALS and opportunities to improve quality of life through addressing loneliness and social isolation.

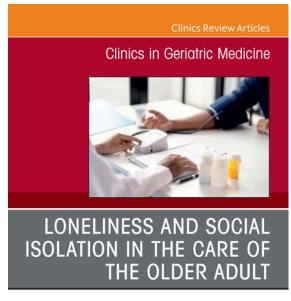








Kenneth Lam, MD, MAS, Irena
Cenzer, PhD, Alex Smith, MD, MPH,
MS, Ken Covinsky, MD, MPH,
and Ashwin Kotwal, MD,
MS published an article entitled
"Social Participation Among Older
Adults Before and After Long-Term
Care Facility Entry" in JAMA Internal
Medicine.



Ashwin Kotwal, MD, MS and Thomas Cudjoe, MD, MPH from Johns Hopkins were guest editors and Mike Harper, MD consulting editor for an issue in Clinics in Geriatric Medicine entitled "Loneliness and Social Isolation in the Care of the Older Adult." The issue includes 11 clinical review articles to guide clinical practice in addressing these needs in older adults.

CONSULTING EDITOR
G. MICHAEL HARPER

ASHWIN A. KOTWAL THOMAS K.M. CUDJOE



August 2025

Dementia CareCalifornia

Your resource to improving dementia care

www.DementiaCareCA.org



- O Detection
- Diagnosis
- Care



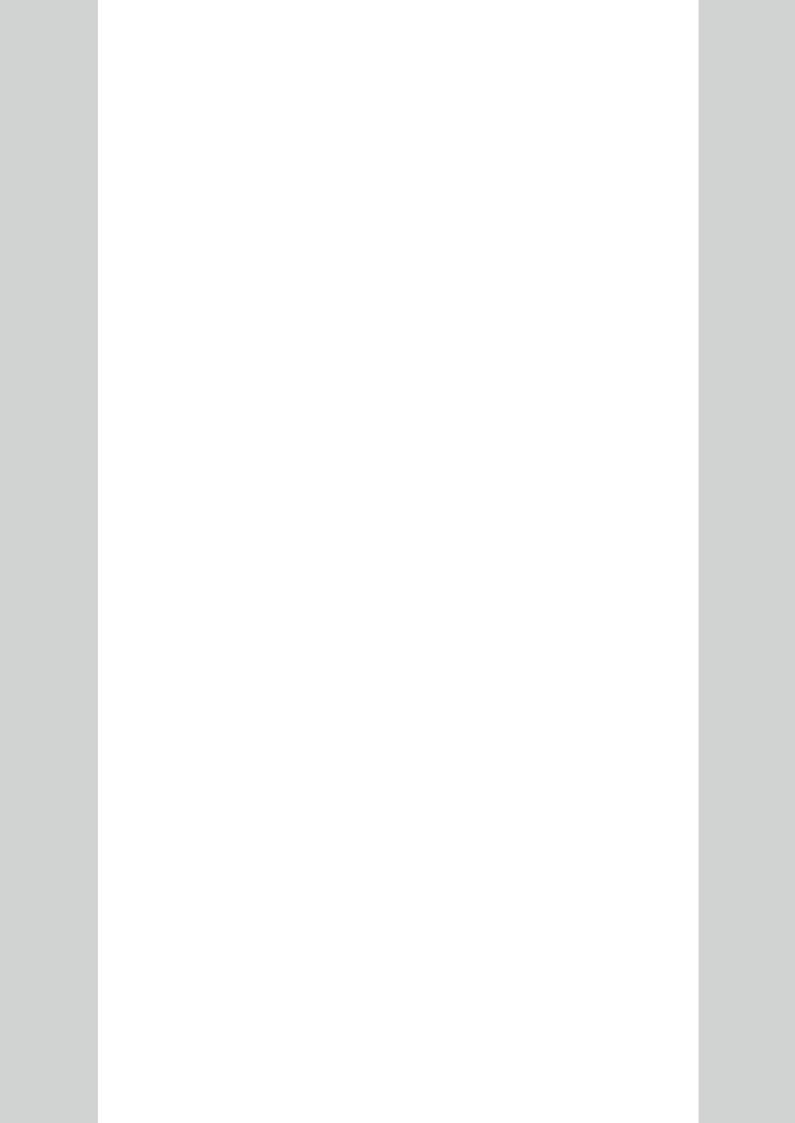


Discover **Dementia Care California** — a new website and resource designed to empower patients, caregivers, and professionals with practical support for dementia detection, diagnosis, and care. Created by the Alzheimer's Disease Program in partnership with the University of California, San Francisco, and leading dementia experts from across the state, this site is your hub for up-to-date clinical tools, caregiver tips, and California-focused resources.

Take the next step in improving dementia care.

Visit https://www.DementiaCareCA.org to explore expert advice, essential tools for clinicians, and comprehensive support for families.

Help us spread the word and share this valuable resource with both your clinical and community partners to support better dementia care across California.



ALZHEIMER'S ASSOCIATION COMMUNITY SEMINAR

IN COLLABORATION WITH UCSF MEMORY AND AGING CENTER (presented in Spanish)



Presentations by professionals on Alzheimer's disease risks, treatment advances, support and services for you as a caregiver.



Dr. Stefanie Piña Escudero, Geriatrician,
Specialist in Dementia



Dr. Serggio Lanata,Neurologist, Director of the Community Outreach Program

Weill Institute for Neurosciences Memory and Aging Center Date: Saturday September 20, 2025
Time: 9 a.m.-12 p.m.

Place: UCSF Mission Bay - Genentech Hall
600 16th Street,
San Francisco, CA 94158
Free event!

Light breakfast will be offered. UCSF will be doing Visa GiftCard Raffles! If you are in need of respite assistance to attend our conference, please call our helpline for more information.



Call 415.604.1751 to register or visit tinyurl.com/ForoSobreAlzheimer

ALZHEIMER'S \\\ \\ ASSOCIATION

The Alzheimer's Association and UCSF Memory and Aging Center will host a free Spanish-language community seminar on Alzheimer's disease and related dementias on Saturday, September 20, 2025, from 9 a.m. to 12 p.m. at UCSF Mission Bay. The event will cover dementia education, caregiving strategies, and community resources, with presentations conducted entirely in Spanish.

This event is being shared on behalf of Sandra Green, Family Care Specialist at the Alzheimer's Association and Community Advisory Board member for the HEARD (Hospice & End-of-life Care for people impacted by Alzheimer's and Related Dementias) Study, led by Krista Harrison, PhD, who is actively involved with this effort.

Please see flyers for more details in English and Spanish.





What instead? Alternatives to Beers: Todd Semla and Mike Steinman

Visit the GeriPal Blog

GERIATRIC & PALLIATIVE MEDICINE GRAND ROUNDS



Shari Ling, MD, Deputy Chief Medical Officer, Centers for Medicare and Medicaid Services

> Wednesday, September 10, 2025 4:00 - 5:00 PM

View Past Grand Rounds Recordings

GERI SOCIAL MEDIA POST OF THE WEEK

Palliative care clinicians and #ALS specialists have slightly different views of the unmet palliative needs of patients living with #ALS, great paper by Kara Bischoff https://onlinelibrary.wiley.com/doi/10.1002/mus.28458

,,

- Alex Smith, MD @alexsmithmd.bsky.social

LEARNING & DEVELOPMENT OPPORTUNITIES



UCSF Learning & Organization
Development is excited to share new
features in the UCSF Talent
Marketplace!

Discover Al-powered job recommendations, tailored roles, projects, and mentorships—all designed to help you grow and lead at UCSF. Log in today to explore your next opportunity.

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Marketplace Today

GERI COMMUNITY RESOURCE



AT HOME

This week's Geri Community
Resource is: AT HOME SUPPORT
SENIOR CARE, INC (AHSSC).

AT HOME SUPPORT SENIOR CARE, INC (AHSSC) is a familyowned and operated Home Care Organization. They are licensed, insured and bonded in the State of California. They provide hourly and 24-hour non-medical home care services to the more vulnerable members of our community, such as the elderly, the disabled, the sick, and those in hospice. They serve the Counties of Marin, San Francisco, San Mateo, Santa Cruz, Santa Clara, Alameda, Contra Costa, Solano, and Napa. They provide services like Personal Care, Meal Preparation, Light Housekeeping, Laundry and Linen Change, Medication Reminders, Activities and Exercises, Errands and Driving, Ambulation and Transfer, Incontinence Management, Companionship and Safety, Dementia / Memory Care, Hospice Care. Their website is https://www.hsseniorcare.com/. Contact Information: Kathy Schwarz (650) 667-2206.

> Find Geriatrics Community Resources here

UPCOMING EVENTS

August 20: Geriatrics

Works in Progress

8:30 - 9:40 AM

Fellows WIP

Location: GPEC

Conference Room SFVA

Zoom Link

August 27: Geriatrics

Works in Progress

8:30 - 9:40 AM

Speaker: Krista Harrison,

PhD

Location: GPEC

Conference Room SFVA

Zoom Link

September 3: Geriatrics

Works in Progress

8:30 - 9:40 AM

Speaker: Thiago Avelino

Silva, MD, PhD

Location: GPEC

Conference Room SFVA

Zoom Link

EMPLOYMENT OPPORTUNITIES

UCSF Division of Geriatrics is

Recruiting!

Click here for more details>>

Current Career Opportunities:

- Clinician Educator (JPF05568)
- Research Scientist (JPF05507)
- <u>Harris Fishbon Distinguished Professor for</u>
 <u>Clinical Translational Research in Aging</u>
 (<u>JPF05557</u>)

GIVING



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For questions, comments, or suggestions, email GeriAdmin@ucsf.edu

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