

UCSF GeriNews

A multi-campus division

August 9th, 2024



August is National Wellness Month! Check out how members of the Division prioritize different aspects of their wellbeing. In the above clip, Program Manager Brenda Fagan describes how she tends to her emotional wellbeing for healthy aging. [Click here to watch](#)

[the full video](#) addressing all seven of [UCSF's pillars of wellness](#). This video was produced with [UCSF Community Wellbeing grant](#) funds.



We are thrilled to announce that [Lynn Flint, MD](#), Medical Director of the SFVAHCS Palliative Care Clinic, Program Director of the Integrated Geriatrics and Palliative Care Fellowship, and Professor in the UCSF Division of Geriatrics, has been honored with The [2024 Hastings Center Cunniff-Dixon Foundation Physician Award](#).

Please join us in celebrating this remarkable achievement:

Date: Thursday, September 12, 2024

Time: 3:00 – 4:00 pm

Location: Auditorium (1st Floor, Bldg 7), San Francisco VA Medical Center, 4150 Clement St.

We look forward to seeing you there!



The [Dementia Care Aware \(DCA\)](#) team attended the Alzheimer's Association International Conference in Philadelphia last week, from July 28 to August 1. The annual conference was attended by an estimated 8,700 researchers, clinicians, and professionals from around the world. The DCA team, represented by Clara Park, Brenda Fagan, Dana Fong, and Jada Smith, showcased our commitment to the early detection of dementia and promoted our educational course offerings.



[Ashwin Kotwal, MD, MS](#) published "[Landscape Assessment of Digital Navigation in the California Safety Net](#)" white paper on [UC S.O.L.V.E. Health Tech](#).



On August 6, [Anna Chodos, MD, MPH](#) presented on a panel moderated by the Archstone Foundation at the California Association of Health Plans' seminar on "CalAIM: What is Next for Enhanced Care Management and Community Service". She presented on the policy paper she authored with fellow UCSF colleagues Dr. Helen Chen, Jackie Buente, LCSW, and Ashley Johnson, NP, on "[How CalAIM Supports Best Practices in Dementia Care](#)."



[Ryan McMahan, MD, MAS](#) and [Rebecca Sudore, MD](#) published an article for Nature Reviews Nephrology titled "[Making Advance Care Planning Easier for Adults with Kidney Disease and their Clinicians](#)." This invited commentary was designed to share helpful phrases and evidence-based resources like [PrepareForYourCare](#) with a nephrology audience and was published online on August 1st.



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GERIPAL BLOG

Geripal

Geriatrics & Palliative Care for
All Healthcare Professionals



[Between Two Urns: Undertaker Thomas Lynch](#)

[Visit the GeriPal Blog](#)

GERIATRICS SPOTLIGHT

The Geriatrics Spotlight initiative fosters community building within the Division, especially during this age of hybrid/remote work where it can be challenging to find ways to interact with colleagues outside of your immediate teams. This is a way for Division members to learn more about all the wonderful work we're doing!

This week, we get to know our division members, **Andreana Ososki** and **Irina Kaplan**.



Andreana Ososki

Title: Geriatric, Palliative & Extended Care Business Manager

Joined Division: 2014

Work site(s): SFVAHSC and from home in San Mateo, CA

Email: andreana.ososki@va.gov

What are some causes you care about? Andreana cares about environmental cause and people underserved.

What would your back-up career be? Andreana would be an Ethnobotanist!

[Learn more about Andreana](#)



Irina Kaplan

Title: Practice Manager, RN, Home Based Primary Care - Care at Home

Joined Division: 2019

Work site(s): Brisbane and from home in Foster City, CA

Email: irina.kaplan@ucsf.edu

What's one "fun fact" about you that not many people know? (e.g., hidden talent)

Irina is fluent in Russian!

What are you happiest doing in your free time?

Irina enjoys being outside, walking, and traveling.

[Learn more about Irina](#)

GERIATRIC & PALLIATIVE MEDICINE GRAND ROUNDS



[Sarah Hooper, JD](#), Professor of Practice and Executive Director of the UCSF/UC Law SF Consortium on Law, Science & Health Policy

Weds, September 25th, 2024

4:00 - 5:00 PM

Location: Clinical Sciences Building, 521 Parnassus Ave, Room 1113 & 1114

[Zoom Registration Link](#) (remote)

[View Past Grand Rounds Recordings](#)

GERI TWEET OF THE WEEK

“

[#LessIsMore](#) when it comes to prescriptions, but how do we get there? We give you... the eConsult! Read this [#JGIM #QualitativeResearch](#) article by

[@matthew_growdon](#) & colleagues about perspectives on the [#eConsult](#) for [#deprescribing](#) among older adults! <https://>

”

- JGIM Journal of General Internal Medicine @JournalGIM

LEARNING & DEVELOPMENT OPPORTUNITIES



FSAP Webinar - Routinely Remarkable: Building Habits that Stick

Join the Faculty and Staff Assistance Program (FSAP) on **Aug. 14 from noon-1 p.m.** for a compelling one-hour webinar that dives deep into the science of habit formation, offering practical guidance to revolutionize your daily routines. Whether you aim to establish new health habits, boost productivity, or foster positive behavioral changes, this session is tailored to set you on a successful path.

Visit hr.ucsf.edu for more information on the webinar and continuing support for building and maintaining habits.

[Register](#)

GERI COMMUNITY RESOURCE

Welcome to UCSF
Geriatrics Community
Resources



This week's Geri Community Resource is: [CareYaya](#).



[CareYaya](#) is a nonprofit social enterprise that matches pre-health students with individuals, many of whom are suffering from Parkinson's and Alzheimer's Disease, in need of caregiving support. Their mission is to advance health equity and foster intergenerational relationships. CareYaya is backed by leading organizations including the AARP, RRF Foundation for Aging, Atrium Health, and other large healthcare systems around the country. Importantly, CareYaya charges no overhead or placement fees to families. They have recently expanded to the Bay Area and are quickly growing their family network. If you have any questions, email support@careyaya.org!

[Find Geriatrics
Community
Resources here](#)

UPCOMING EVENTS

August 14: Geriatrics Works in Progress

8:30-9:40AM

Speaker: Dr. John Newman/
Jennifer Lai

Location: Geriatrics
Conference Room, Building
1 3rd Floor, SFVA

[Zoom](#)

August 21: Geriatrics Works in Progress

8:30-9:40AM

Speaker: Dr. Angela Suen

Location: Geriatrics
Conference Room, Building
1 3rd Floor, SFVA

[Zoom](#)

August 28: Geriatrics Works in Progress

8:30-9:40AM

Speaker: Dr. Janice
Schwartz

Location: Geriatrics
Conference Room, Building
1 3rd Floor, SFVA

[Zoom](#)

EMPLOYMENT OPPORTUNITIES

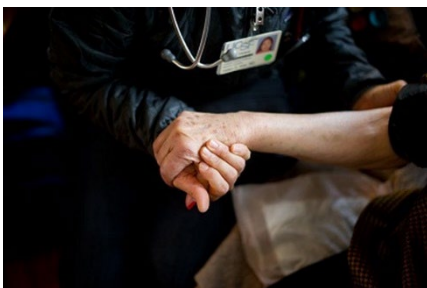
**UCSF Division of Geriatrics
is Recruiting!**

[Click here for more
details>>](#)

Current Career Opportunities:

- [Clinician Educator \(JPF05152\)](#)
- [Research Scientist \(JPF04741\)](#)
- [Harris Fishbon Distinguished Professor for Clinical Translational Research in Aging \(JPF04285\)](#)
- [Data Analyst \(79696BR\)](#)

GIVING



Donations play a vital role in sustaining our Mission.
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For questions, comments, or suggestions, email GeriAdmin@ucsf.edu

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