

A multi-campus division

December 20th, 2024



Division of Geriatrics



ZUCKERBERG SAN FRANCISCO GENERAL Hospital and Trauma Center

### **GeriNews Winter Break Notice**

GeriNews will be on winter break until January 10, 2025.

Please send your good news to PaulaJennifer.Sison@ucsf.edu by January 9, 2025. Submissions received after the afternoon of December 20, 2024, will appear in the January 10, 2025 issue.



Happy 2025!



Two of our clinical geriatrics fellows, Natalie Tjota, MD and Kathleen Lo, MD, are competitively selected into the Futures Program run by the Foundation for Post-Acute and Long-Term Care (PALTC) Medicine as part of their career development and will be attending an intensive 1-day training in conjunction with the PALTC annual conference, March 13-15, 2025.



The Division of Geriatrics is delighted to offer a free screening of the documentary "DO I NEED THIS?" on Thurs, February 13, 2025 from 4 - 6 pm at UCSF Parnassus campus, room HSW-300.

Follow filmmaker Kate Schermerhorn through her family's process and emotions as her aging parents downsized into assisted living and dealt with illness.

View an early screening of the film, listen to a panel discussion on the issues it raises, and join us for a reception to meet the filmmaker.

Popcorn and drinks will be provided during the film.

Learn more about the event and RSVP to attend by 2/6 at DINT.eventbrite.com.

**GERIPAL BLOG** 

# GeriaPal Geriatrics & Palliative Care for All Healthcare Professionals



Palliative Care for Mental Illness: A Podcast with Dani Chammas and Brent **Kious** 

Visit the GeriPal Blog

### **GERIATRIC & PALLIATIVE MEDICINE GRAND ROUNDS**



# Nataniel Chin, MD

Medical Director and Clinical Core Co-Leader. Wisconsin Alzheimer's Disease Research Cetner (ADRC); Medical Director, Wisconsin Registry for Alzheimer's Prevention (WRAP); Associate Professor, Geriatrics and Gerontology, University of Wisconsin School of Medicine and Public Health

> Wednesday, January 22, 2025 4:00 - 5:00 PM

> > Parnassus, HSW-300

**Register here** 

**View Past Grand Rounds Recordings** 

**GERI BLUESKY POST OF THE WEEK** 



That's dedication: When a nursing home patient is missing a diet order, @alexsmithmd.bsky.social will stop eating his ravioli and pull out his computer. #medsky

"

- Eric Widera @ewidera.bsky.social

#### LEARNING & DEVELOPMENT OPPORTUNITIES



### Save Time with Email Templates in Outlook Microsoft 365

Have you ever needed to send the same email repeatedly? Discover how Outlook Email Templates can simplify the process and help you save time!

Learn more





This week's Geri Community Resource is: FirstLight Home Care in San Francisco.

#### FirstLight Home Care in San

Francisco offers personalized in-home care services for older adults, providing individuals with daily activities assistance like personal care, companionship, and completing household tasks. The program focuses on helping seniors maintain independence and quality of life within their own homes. Services are tailored to meet individual needs, whether for those recovering from illness or injury, managing chronic conditions, or simply needing extra support with daily tasks. FirstLight's caregivers are trained to provide compassionate, professional care that supports both physical and emotional well-being, ensuring that seniors can continue to live with dignity and in familiar surroundings. For more information visit their website at www.firstlighthomecare.com or call at (650)750-0604.

> Find Geriatrics Community Resources here

#### UPCOMING EVENTS

January 8: Geriatrics Works in Progress 8:30 - 9:40 AM Speaker: TBD Zoom Link January 15: Geriatrics Works in Progress 8:30 - 9:40 AM Speaker: TBD Zoom Link January 22: Geriatrics Grand Rounds 4:00-5:00PM Speaker: Nate Chin MD (U Wisconsin) Location: Parnassus, HSW-303 Zoom Registration Link

# UCSF Division of Geriatrics is Recruiting! Click here for more

details>>

#### **Current Career Opportunities:**

- <u>Clinician Educator (JPF05152)</u>
- Research Scientist (JPF04741)
- Harris Fishbon Distinguished Professor for Clinical Translational Research in Aging (JPF05153)
- Research Associate (82976BR)

## GIVING



Donations play a vital role in sustaining our Mission. Learn More >>

Donate now

For questions, comments, or suggestions, email GeriAdmin@ucsf.edu UCSF Division of Geriatrics | 490 Illinois Street, Floor 8, San Francisco, CA 94143 | geriatrics.ucsf.edu

