

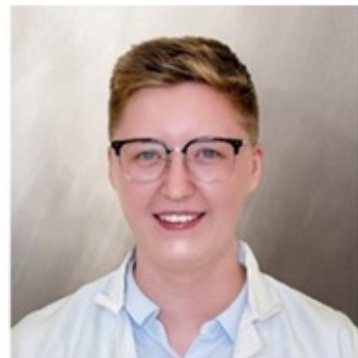
UCSF GeriNews

A multi-campus division

December 6th, 2024



We are thrilled to introduce our **2025-2026 Geriatric Medicine and Integrated Geri-Pal Class!!!** They will join our UCSF Division of Geriatrics family in July 2025!



[Read more](#)



Call for Applications: 2025 Leadership Scholars

The [Tideswell](#) Emerging Leaders in Aging Program is delighted to invite [applications](#) and continued [support](#). We are deeply grateful to the Tideswell community, the University of Rochester, and AGS for this wildly successful effort towards sustainability!



[Mike Harper, MD](#) was recognized at the December VA Quarterly Awards Ceremony for 20 years of Federal Service!

<p>After seeing examples on the website, deciding on my own wishes is a lot easier for me now.</p> <p>— Patient San Francisco General Hospital</p>	<p>These resources [through the PREPARE for THEIR Care program] are a lifesaver, no matter what stage of medical planning you are in.</p> <p>— Caregiver</p>	<p>PREPARE is an outstanding resource for patients, families, and practitioners.</p> <p>— Rebecca Kirch Executive Vice President of Policy and Programs, National Patient Advocate Foundation</p>
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Thank you for all the incredible support that has shaped **PREPARE** into the evidence-based advance care planning program it is today. ♥ Since 2013, we have reached over 1,000,000 people, and our website averages a new user every four minutes. Together, we work toward a future where all people have a voice in their healthcare, make informed medical decisions, and obtain the medical care that is right for them.

Keeping PREPARE free to the public is costly. Please [donate here](#) to help us continue to provide our programs and reach the people who need them most.



Jasmine Santoyo-Olsson, DrPH, MSc and Lingsheng Li, MD, MHS (T32 aging research fellows currently on the job market) along with Krista L. Harrison, PhD, published an editorial in JAMA IM, entitled: [Optimizing Care Planning for Older Adults in Primary Care](#). This commentary was invited to react to findings from a pragmatic cluster randomized trial of advance care planning published by colleagues at Johns Hopkins.



Janice B. Schwartz, MD presented a live internet talk entitled: [“Attitudes on participation in clinical drug trials: Results of a nationally representative survey of older adults with multimorbidity”](#) and participated in a panel discussion on [“Increasing Representation of Older Adults in Clinical Trials”](#) as part of the [American Society of Clinical Pharmacology and Therapeutics 2024 Network & Community Experience \(NCE\)](#) on December 3, 2024.





HOLIDAY PARTY

UCSF GERIATRICS 2024



The Division kicked off the holiday season with a festive party on December 4th at Parnassus. Attendees enjoyed a variety of hors d'oeuvres and a lively cookie decorating contest, voting for their favorite designs in three categories. Congratulations to staff Dana Fong ("Most Innovative"), fellow Niousha Moini ("Most Funny"), and fellow Kathleen Lo ("Most Beautiful") for their winning creations! Thank you to everyone who joined us. Wishing all Division members a joyful holiday season!



Josette Rivera, MD
UCSF Geriatric Medicine Expert

COGNITIVE HEALTH ASSESSMENT TRAINING



Thu., December 12, 2024
12 - 1 PM PST



Zoom
Free CE/CME



Register Here!)



Primary Care Teams: Join us on December 12, from 12-1 PM PT, via Zoom for the **Dementia Care Aware virtual training session on cognitive health assessment.** And there's free CME/CEUs!

[Register here.](#)

The training covers the following subjects:

- An Overview of Dementia
- A Review of Screening Tools in the Cognitive Health Assessment
- Conducting a Cognitive Health Assessment
- Team-based Implementation Strategies



[Stories We Tell Each Other to Heal: Ricky Leiter, Alexis Drutchas, & Emily Silverman](#)

[Visit the GeriPal Blog](#)

GERIATRICS SPOTLIGHT

The Geriatrics Spotlight initiative fosters community building within the Division, especially during this age of hybrid/remote work where it can be challenging to find ways to interact with colleagues outside of your immediate teams. This is a way for Division members to learn more about all the wonderful work we're doing!

This week, we get to know our division members, **Anna Chang** and **Marisa Guardado**.

**Anna Chang****Title:** Clinician Educator**Joined Division:** As a fellow in 2004, joined Division faculty in 2005**Work site(s):** SFVA and UCSF Mission Bay**Email:** Anna.Chang@ucsf.edu**What is a professional goal you would like to accomplish by the end of this year?**

Anna's professional goal for the upcoming year is to ensure sustainability for the Tideswell Emerging Leaders in Aging Program.

What is something Anna has learned this year?

As an introvert, Anna continues to work on building connections with her wonderful colleagues. This year, she learned a great deal about the power of community, and how one person who cares has the power to lift other community members out of a dark place. Fifty people who care can sustain a meaningful program, like Tideswell!

[Learn more about Anna](#)



Marisa Guardado

Title: Clinical Social Worker Joined

Division: January 2015

Work site(s): Brisbane, and remotely from home in San Francisco.

Email: Marisa.Guardado@ucsf.edu

What is a professional goal you would like to accomplish by the end of this year?

Marisa aims to implement the GUIDE program successfully.

Any “fun facts” about you that not many people know?

Marisa has a 16-month old named Gaia. Gaia is social, inquisitive, and will start daycare in February 2025. Marisa is happiest spending her free time with Gaia and her husband.

[Learn more about Marisa](#)

GERIATRIC & PALLIATIVE MEDICINE GRAND ROUNDS



[Esther Oh, MD, PhD](#)

Sarah Miller Coulson Human Aging Project Scholar; Associate Professor, Division of Geriatric Medicine and Gerontology, Johns Hopkins University School of Medicine

World Delirium Awareness Day - Translating Knowledge into Action

Wednesday, December 11th @4:00 - 5:00 PM

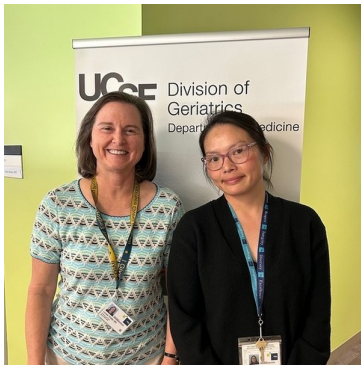
Health Sciences West Building, Room 300 (HSW-300)
(In-person)

[Zoom Registration](#) (remote)

[View Past Grand Rounds Recordings](#)

GRATITUDE

This Gratitude section is an opportunity for us to post thank-you/gratitude messages to each other. Please email your gratitude posts to Caroline.Ziesmer@ucsf.edu to include in future newsletters.



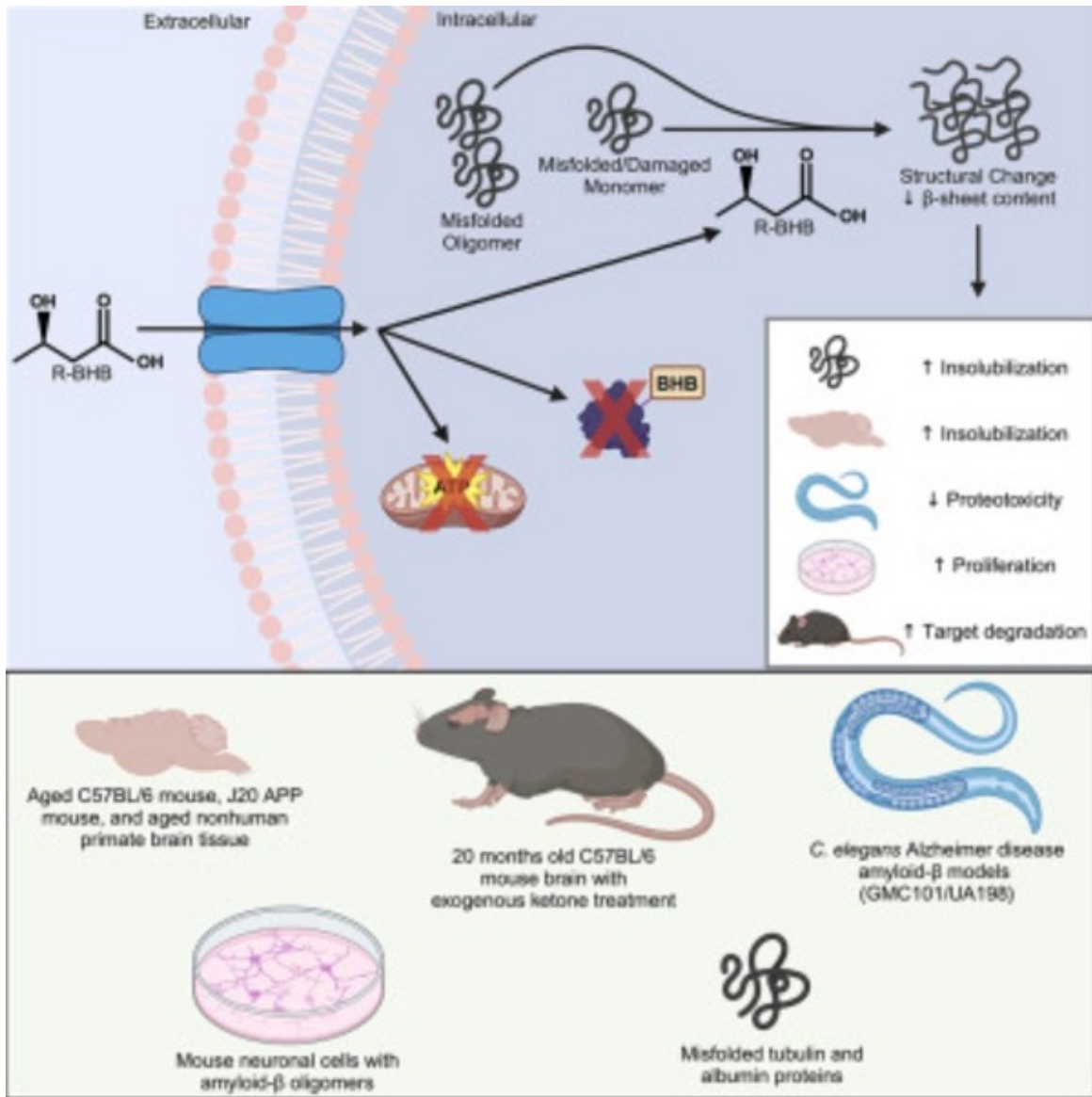
Thank you everyone for attending the **2024 Holiday Party** and thank you especially to **Mary Tran** for organizing such a fun and festive event! **Louise and I are extremely grateful for everyone's hard work this year – from our wonderful faculty, fellows, and APPs to our incredible team of staff and interns!** You're all so essential to our core mission of improving the care of older patients locally and nationally. Thank you everyone and to another amazing year ahead!

- Louise & Karen



Thank you to [Lynn Flint](#) for a Taylor Swift-inspired fellowship craft and cookies first Monday with friendship bracelet-making and chai cookies. - [Evie Kalmar](#)

GERI BLUESKY POST OF THE WEEK



Our latest work: a new link between metabolism and proteostasis, relevant to Alzheimer's disease. Out today in Cell Chemical Biology as open access! Stay tuned for more discussion of what we found and what it means...

[@buckinstitute.bsky.social](https://twitter.com/buckinstitute)

[@cellpress.bsky.social](https://twitter.com/cellpress)

[https://www.cell.com/cell-chemical-biology/fulltext/S2451-9456\(24\)00459-8](https://www.cell.com/cell-chemical-biology/fulltext/S2451-9456(24)00459-8)

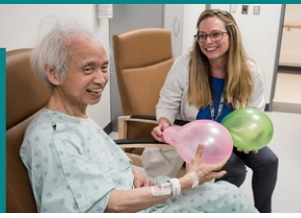
- John Newman, MD, PhD [@geriscidoc.bsky.social](https://twitter.com/geriscidoc)

LEARNING & DEVELOPMENT OPPORTUNITIES



In Case You Missed It: If you weren't able to join the WIT@UCSF Tech Café: **Smartsheet** live event last month, click the button below to view or rewatch the informative session.

**WIT@UCSF Tech Care:
Smartsheet**



This week's Geri Community Resource is: [The Community and Home Injury Prevention Program for Seniors \(CHIPPS\)](#).



SF.GOV

The Community and Home Injury Prevention Program for Seniors (CHIPPS) is an injury prevention and education program for older adults and people with disabilities. This program offers free home safety assessment for 60 years and older or living with a permanent disability, San Francisco resident, and/or non Medi-Cal member. An injury-prevention specialist will come to your home and determine safety needs. To submit a CHIPPS referral form, please send to CHIPPS@sfdph.org. For more information, please visit their website: <https://www.sf.gov/reduce-risk-falls-and-injuries-your-home>.

Find Geriatrics
Community
Resources here

UPCOMING EVENTS

December 11: Geriatrics
Grand Rounds
4:00-5:00PM
Speaker: Esther Oh MD,
PhD (Johns Hopkins)
Location: Parnassus,
HSW-303
[Zoom Registration Link](#)

January 8: Geriatrics
Works in Progress
8:30 - 9:40 AM
Speaker: TBD
[Zoom Link](#)

January 22: Geriatrics
Grand Rounds
4:00-5:00PM
Speaker: Nate Chin MD
(U Wisconsin)
Location: Parnassus,
HSW-303
[Zoom Registration Link](#)

EMPLOYMENT OPPORTUNITIES

**UCSF Division of
Geriatrics is
Recruiting!**
[Click here for more
details>>](#)

Current Career Opportunities:

- [Clinician Educator \(JPF05152\)](#)
- [Research Scientist \(JPF04741\)](#)
- Harris Fishbon Distinguished Professor for Clinical Translational Research in Aging (JPF05153)

GIVING



Donations play a vital role in sustaining our Mission. [Learn More >>](#)

[Donate now](#)

For questions, comments, or suggestions, email GeriAdmin@ucsf.edu

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