# UCSF GeriNews

A multi-campus division

December 13th, 2024











Dear Geriatrics Division and colleagues,

As we approach the end of another year, we want to take a moment to express our deepest gratitude for all the hard work and dedication each of you has shown this year. This has been a year filled with remarkable achievements and growth, and we are proud to be part of this amazing Geriatrics Division family. Thank you for making this world a better place to age through innovative Geriatrics and Palliative Medicine clinical care, education, and research.

We wish each of you a holiday season filled with joy, relaxation, and warmth. We are excited about the new year ahead and are confident that, together, we will continue to move towards our goal for everyone to receive person-centered health care—care that helps older adults and those with serious illness safely navigate health care systems, maintain dignity and independence, and experience improved quality of life and wellbeing.

Thank you once again for your dedication and hard work! Happy 2025!

-Louise & Karen



Nandini Singh, MPH was accepted as an American Society on Aging (ASA) RISE fellow for the American Society on Aging. Please view her biography on page 16 linked here.



Courtney Gordon, DNP, recently completed the 2024 UCSF Leadership Academy for the Advanced Practice Provider (LeAP) program. Courtney started the program in March 2024, which included monthly 4-hour leadership sessions, two executive coaching sessions, a leader shadowing experience, and completed an evidenced-based practice project proposal entitled "Standardization of NP Student Rotation in Care at Home."



The PREPARE Team hosted a festive holiday event filled with creativity and fun! Angelica Martinez, PREPARE's Project Coordinator, kicked things off with a delightful gnome macrame crafting session that had everyone in the holiday spirit. The fun continued as Dr. Rebecca Sudore's spouse took the lead in an exciting bingo game, where Mary snagged some adorable prizes. What a joyful way to celebrate the season!

# **GERIPAL BLOG**

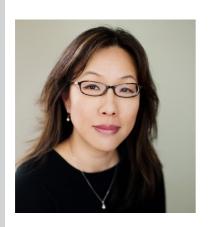




Al for surrogate decision making?!? Dave Wendler, Jenny Blumenthal-**Barby, Teva Brender** 

Visit the GeriPal Blog

### **GERIATRIC & PALLIATIVE MEDICINE GRAND ROUNDS**



Esther Oh, MD, PhD

Sarah Miller Coulson Human Aging Project Scholar; Associate Professor, Division of Geriatric Medicine and Gerontology, Johns Hopkins University School of Medicine

**World Delirium Awareness Day - Translating Knowledge into Action** 

View recording



# **Nataniel Chin, MD**

Medical Director and Clinical Core Co-Leader, Wisconsin Alzheimer's Disease Research Cetner (ADRC); Medical Director, Wisconsin Registry for Alzheimer's Prevention (WRAP); Associate Professor, Geriatrics and Gerontology, University of Wisconsin School of Medicine and Public Health

> Wednesday, January 22, 2025 4:00 - 5:00 PM

> > Parnassus, HSW-300

Register here

**View Past Grand Rounds Recordings** 

#### **GRATITUDE**

This Gratitude section is an opportunity for us to post thank-you/gratitude messages to each other. Please email your gratitude posts to Caroline.Ziesmer@ucsf.edu to include in future newsletters.



A heartfelt thank-you to everyone (pictured from L to R: Caroline, Mary, Nandini, Paula, Angelica, and Landon) for your hard work and participation in this year's holiday mailing event—it was a great success! We're fortunate to have such a collaborative team, always ready to support one another. Your efforts truly make a difference, and we couldn't have done it without you.

- Louise & Karen

#### **GERI BLUESKY POST OF THE WEEK**



We did a podcast with Dr. Don Berwick and Dr. Rick Gilfillan where they described the evolution of how the MA money machine works and why United has gamed the system by owning the whole game (including being the largest employer of doctors). 3/4 #medsky https://geripal.org/medicare-advantage-and-the-medicare-money-machine-a-podcast-with-dr-don-berwick-and-dr-rick-gilfillan/

- Eric Widera @ewidera.bsky.social

#### **LEARNING & DEVELOPMENT OPPORTUNITIES**



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#### **GERI COMMUNITY RESOURCE**





This week's Geri Community
Resource is: UCSF Family Services.

UCSF Family Services is pleased to announce the launch of a virtual support group for caregivers of older loved ones in our community, starting January 2025. This pilot program, funded by a UCSF Community Wellbeing grant, offers a support group that includes community connection, resource sharing, and emotional support for UCSF employees and learners who shoulder caregiving responsibilities. To register for the support group, please complete the questionnaire, which lists meeting times and dates.

Find Geriatrics Community Resources here

#### **UPCOMING EVENTS**

January 8: Geriatrics
Works in Progress
8:30 - 9:40 AM
Speaker: TBD
Zoom Link

January 15: Geriatrics
Works in Progress
8:30 - 9:40 AM
Speaker: TBD
Zoom Link

January 22: Geriatrics
Grand Rounds
4:00-5:00PM
Speaker: Nate Chin MD

(U Wisconsin)
Location: Parnassus,

HSW-303

**Zoom Registration Link** 

## **EMPLOYMENT OPPORTUNITIES**

UCSF Division of Geriatrics is Recruiting!

Click here for more details>>

# **Current Career Opportunities:**

- Clinician Educator (JPF05152)
- Research Scientist (JPF04741)
- Harris Fishbon Distinguished Professor for Clinical Translational Research in Aging (JPF05153)

#### **GIVING**



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For questions, comments, or suggestions, email GeriAdmin@ucsf.edu

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