

UCSF GeriNews

A multi-campus division

February 9th, 2024



UCSF Division of
Geriatrics
Department of Medicine



ZUCKERBERG
SAN FRANCISCO GENERAL
Hospital and Trauma Center



[Lingsheng Li, MD, MHS](#) wrote a narrative piece in the form of two letters honoring a patient and her most beloved companion, published this week in the [Closter](#).



The [US Deprescribing Research Network](#), co-led by UCSF division faculty member [Mike Steinman, MD](#), welcomes you to attend its 2024 Annual Meeting, which will be held in-person on May 15th in Boston during the preconference day of the Society of General Internal Medicine Annual Meeting. This meeting, organized in coordination with SGIM, is open to both faculty and trainees interested in research on deprescribing and other ways of improving medication use among older adults. Past meetings have been very highly rated and this event provides a terrific opportunity to learn about ongoing research and opportunities in this area and to meet and network with colleagues across the US and the world who share these interests.

[Learn more](#)



[Anna Chodos, MD, MPH](#) presented with [Sarah Hooper, JD](#), [Sharon Terman, JD](#), [Yvonne Troya, JD](#), and Paul Mullins, JD (not pictured) at the Medical-Legal Practice Network's day-long conference on February 9th in Clovis, CA. The conference brought together primary care and legal services professionals to learn ways to collaborate and address older adults' medical legal needs, especially those on Medi-Cal in our California communities. Led by Sarah Hooper, JD, Dementia Care Aware's Medical-Legal Practice Network has developed [resources](#) for primary care teams to tackle the medical-legal needs they encounter. [Todd James, MD](#) and the Dementia Care Aware San Francisco Health Network team also attended the conference.



[Eric Widera, MD](#) published an editorial in JAGS describing how a workgroup dominated by industry wants to redefine Alzheimer's as an abnormal accumulation of amyloid, regardless of current or future cognitive function. Dr. Widera raises a rarely asked question based on this new definition: "[Who gets to decide how to redefine a disease?](#)".

[Eric Widera, MD](#) was also quoted in an article "[Inside the plan to diagnose Alzheimer's in people with no memory problems — and who stands to benefit](#)" published in the LA Times.

**Thursday, February 29, 2024
12-1 p.m. via Zoom**

You are invited to attend the
Dementia Care Aware Webinar Series

"Dementia and Black/African American Populations"

Presenters:

- Charles Windon, MD, Assistant Professor of Clinical Neurology at the UCSF Memory and Aging Center
- Tanisha Hill-Jarrett, PhD, Neuropsychologist and Assistant Professor of Neurology at the UCSF Memory and Aging Center



<https://www.dementiacareaware.org/>

**Register
here**



Please join [Dementia Care Aware](#) in Celebrating Black History Month at our next Zoom webinar, "Dementia and Black/African American Populations" on February 29, from 12 to 1 p.m.

Please register for the webinar [here](#).

Charles Windon, MD, Assistant Professor of Clinical Neurology at the [UCSF Memory and Aging Center](#), and Tanisha Hill-Jarrett, PhD, Neuropsychologist and Assistant Professor of Neurology at the [UCSF Memory and Aging Center](#), will present on disparities in cognition, diagnosis, and care for Black/African Americans, and how to address these factors to promote equity and support aging in these communities.

Participants of the live webinar are eligible to receive 1 Continuing Medical Education (CME), California Marriage and Family Therapists (CAMFT), American Academy of Family Physicians (AAFP), and Maintenance of Certification (MOC) credit.

You may also sign up to take the cognitive health assessment training (1.5 CE and CME/MOC credit) at www.dementiacareaware.org.

GERIATRIC & PALLIATIVE MEDICINE GRAND ROUNDS



[Jennifer L. Wolff, PhD](#), Eugene and Mildred Lipitz Professor, Professor, Department of Health Policy and Management, Bloomberg School of Public Health, Johns Hopkins University

Supporting Care Partners in Real-World Care Delivery

Wednesday, February 28, 2024 at 4:00 - 5:00 pm

UCSF Nursing Building N-217 and via Zoom

[PRE-REGISTER FOR GRAND ROUNDS](#)

[View Past Grand Rounds Recordings](#)

GERIATRICS SPOTLIGHT

The Geriatrics Spotlight initiative fosters community building within the Division, especially during this age of hybrid/remote work where it can be challenging to find ways to interact with colleagues outside of your immediate teams. This is a way for Division members to learn more about all the wonderful work we're doing!

This week, we get to know our division members, **Courtney Gordon** and **Gaby Vanegas**.



Courtney Gordon

Role: Geriatric and Palliative Care Nurse Practitioner with Care at Home

Joined Division: 2011

Work site: Out in the community of San Francisco, mostly at patients homes

Email: courtney.gordon@ucsf.edu

What is a professional goal you would like to accomplish by the end of this year?

Courtney feels her team has really grown through the years and is ready to take on a bigger role. She would like the opportunity to help orient and lead the NP group.

[Learn more about Courtney](#)



Gaby Vanegas

Role: Care Navigation Supervisor

Joined Division: 2014

Work site: Mission Bay and from home in San Francisco, CA

Email: gabriela.vanegas@ucsf.edu

What are you happiest doing in your free time?

Gaby is the happiest when she is eating good food. She feels lucky to have a mother and brother who are good cooks. She also enjoys spending time with her family and working on DIY projects.

What would your back-up career be?

Gaby would be an interior designer!

[Learn more about Gaby](#)

This Gratitude section is an opportunity for us to post thank-you/gratitude messages to each other. Please email your gratitude posts to Caroline.Ziesmer@ucsf.edu to include in future newsletters.



Thank you Mary Tran (Administrative Coordinator), Paula Sison (Senior Administrative Coordinator), and Abigail Ayong (Practice Coordinator) for helping to coordinate three successful Division events this week. The team had a blast catching up with each other at our Quarterly Division Staff Huddle, met some wonderful colleagues on other floors during the building Happy Hour and lit up the faces of our Care at Home patients on our Valentine's Day Rose Delivery! Thank you everyone else (including Angelica Martinez, Caroline Sou Ziesmer, Landon Haller, etc.) for helping to setup and/or make these events successful!

- Karen Yuan and Louise Walter

UCSF DIVISION OF GERIATRICS



Valentine's Day 2024 Rose Delivery



Thank you to the 10 Division faculty and staff who volunteered to deliver roses to 30 Care at Home patients this Valentine's Day: Abigail Ayong, Dr. Mike Harper, Crystal Kang, Dr. Candace Kim, Dr. Susan Schneider, Danielle Taylor, Mary Tran, Dr. Louise Walter, Karen Yuan, and Dr. Robbie Zimbroff. Your efforts helped us spread some extra love to our amazing patients this Valentine's Day!

Photos are of Care at Home Patient Care Practice Coordinator Lisa Li with patient Lucy Givens and Patient Care Practice Coordinator Abigail Ayong with patient Marie Margate.

- Mary Tran



[EMS Intervention to Reduce Falls: Carmen Quatman and Katie Quatman-Yates](#)

[Visit the GeriPal Blog](#)

GERI TWEET OF THE WEEK

“



Delirium can be a maze with many paths leading in, but did you know medications often hold the key? From prescribed to over-the-counter, how we take, start, or stop them can trigger delirium onset. Let's advocate for thorough medication history reviews. Check out

[@AmerGeriatrics](#) Beers Criteria

<https://agsjournals.onlinelibrary.wiley.com/doi/epdf/10.1111/jgs.18372...> (page 2066) for highlights. PS. It's not just about what's prescribed, but how and what is used! [#DeliriumAwareness](#) [#BrainHealth](#)

”

- [Thiago J. Avelino-Silva @geri_tjas](#)



DOM Staff Webinar: Decoding Your Future Career Path

You are invited to join us for a special edition Dept. of Medicine staff webinar:

Our panelists, from left to right:

Clarice Estrada, MPA, Associate Vice Chancellor, Finance and Administration

Office of the Executive Vice Chancellor and Provost & DOM Staff Alumna

Frank Fernandez, Post-Award Manager
DOM Central Research Administration Team

Christine Khuu, Associate Director, Finance and Administration

DOM at Zuckerberg San Francisco General Hospital

[Decoding Your Future Career Path: Three Staff Stories](#)

Wednesday, Feb 28th, 12:00 pm-1:00 pm
via Zoom

Please join us for an enlightening session with Aaron Tabacco, DOM's Director of Staff Experience, and three longtime UCSF and DOM staff members, as they recount their unfolding career paths. Responding to Gallup survey feedback, this event aims to help demystify some aspects of career development, providing practical insights and strategies to navigate the often-uncertain journey. Speakers will share how they strategically developed skills, made pivotal decisions, and unlocked new opportunities across their histories. We will all learn from their diverse pathways and inspiring stories!

[Register](#)

GERI COMMUNITY RESOURCE

Welcome to UCSF
Geriatrics Community
Resources



The [AFA Teal Room](#) is your one-stop shop for virtual therapeutic activities to enjoy with your loved ones from the safety of your own home! Virtual therapeutic activities include creative arts therapies, music/performances, fitness/movement, nature-based programming, and more!

UPCOMING EVENTS

February 21: Geriatrics Works in Progress

8:30-9:40AM

Speaker: Dr. Scott Bauer

In-person: Geriatrics Conference Room, Building 1 3rd Floor, SFVA

[Zoom](#)

February 28: Geriatric & Palliative Grand Rounds

4:00-5:00PM

Speaker: Dr. Jennifer L. Wolff

In-person: UCSF Nursing Building N-217

[PRE-REGISTER FOR GRAND ROUNDS \(Zoom available\)](#)

March 6: Geriatrics Works in Progress

8:30-9:40AM

Speaker: Dr. Kevin Yu

In-person: Geriatrics Conference Room, Building 1 3rd Floor,

[Zoom](#)

EMPLOYMENT OPPORTUNITIES

UCSF Division of Geriatrics is Recruiting!

[Click here for more details>>](#)

Current Career Opportunities:

- [Clinician Educator \(JPF04355\)](#)
- [Research Scientist \(JPF04741\)](#)
- [Harris Fishbon Distinguished Professor for Clinical Translational Research in Aging \(JPF04285\)](#)
- [Program Manager \(STAFF001433\)](#)

GIVING



Donations play a vital role in sustaining our Mission. [Learn More >>](#)

[Donate now](#)

For questions, comments, or suggestions, email GeriAdmin@ucsf.edu

UCSF Division of Geriatrics | 490 Illinois Street, Floor 8, San Francisco, CA 94143 | geriatrics.ucsf.edu

