

UCSF GeriNews

A multi-campus division

February 23rd, 2024









Thank you Geriatric Fellows!

Clinical Fellows

 Olivia Bernal, MD, MPH Geripal Medicine (Yr 2)	 Angelin Cheng, MD Geriatric Medicine	 Stacy Han, MD Geriatric Medicine	 Ryan McMahan, MD, MAS Geripal Medicine (Yr 1)	 Mara Rosenberg, MD Geriatric Medicine	 Kathryn Sellman, MD Geriatric Medicine
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T32 Aging Research Fellows

 Thiago Avelino-Silva, MD, PhD T32 Research Fellow (Yr 1)	 Howard Lee, MD T32 Research Fellow (Yr 1)	 Lingsheng Li, MD, MHS T32 Research Fellow (Yr 2)	 T. Richard Parenteau, MD, PhD T32 Research Fellow (Yr 3)	 Jasmine Santoyo- Olsson, DrPH, MS T32 Research Fellow (Yr 1)	 Angela Suen, MD T32 Research Fellow (Yr 1)
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VA Quality Scholar Fellows

 William Carroway III, MD VAQS Fellow (Yr 1)	 Caroline Dancu, RN VAQS Fellow (Yr 1)	 Karen de Sola Smith, RN, PhD, MA VAQS Fellow (Yr 2)	 Theodore Fetterling, MS, PhD VAQS Fellow (Yr 1)	 Christina Keny, MS, RN, CPHQ, CMBLSS VAQS Fellow (Yr 2)	 Kao Kang Kue Vang, PHD, RN, PHN, CPHQ VAQS Fellow (Yr 1)
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National Clinician Scholar Fellows

 Thye Peng Ngo, RN, MSN, FNP, CNE, CHSE	 Katie Reeves, PhD, PMHNP- BC	 Hannah Decker, MD
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We want to thank our amazing group of Fellows on [Thank a Resident and Fellow Day](#). Today is a national day dedicated to recognizing and appreciating the incredible contributions of our trainees to our institutions and the patients we serve. Thank you to all our Geriatrics, Geriatric Palliative Care, T32 Aging Research, VA Quality Scholar and National Clinician Scholar Fellows! We could not do what we do in the Division of Geriatrics without our outstanding Fellows. We are thankful for your tremendous contributions and teamwork every day and today we are reminded to tell you how thankful we are. Thank you to all our Fellows: [Olivia Bernal, MD, MPH](#), [Angelin Cheng, MD](#), [Stacy Han, MD](#), [Ryan McMahan, MD, MAS](#), [Mara Rosenberg, MD](#), [Kathryn Sellman, MD](#), [Thiago Avelino-Silva, MD, PhD](#), [Howard Lee, MD](#), [Lingsheng Li, MD, MHS](#), [T. Richard Parenteau, MD, PhD](#), [Jasmine Santoyo-Olsson, DrPH, MS](#), [Angela Suen, MD](#), [William Carroway III, MD](#), [Karen de Sola-Smith](#), [Theodore Fetterling, MS, PhD](#), [Christina Keny, MS, RN, CPHQ, CMBLSS](#), [Kao Kang Kue Vang, PhD, RN, PHN, CPHQ](#), [Caroline Dancu, RN, BSN](#), [Thye Peng Ngo, RN, MSN, FNP, CNE, CHSE](#), [Katie Reeves, PhD, PMHNP-BC](#), and [Hannah Decker, MD](#).

-Louise, Karen, Pei, Lynn, Evie, Alex, Ashwin, Sei and Mike S.

SUSTAINABLE CAREGIVING



A 4-week series for people recently diagnosed with dementia and their care partners

Every Tuesday in March
1:00 PM - 2:00 PM Pacific Time via Zoom (60 mins)



OBJECTIVE



This small, group-based care looks to promote connection and provide education and support in a time that is often described as uncertain, unfamiliar, and overwhelming. After our time together, you will have new information as well as concrete tools for living well with dementia.

INTERESTED?

Ask your provider for an ambulatory referral to palliative care or call Jeff Sicotte at (415)514-1966.

TIMES AND TOPICS

March 5th, 1:00 PM - 2:00 PM - What is dementia? What does this mean?

March 12th, 1:00 PM - 2:00 PM - Advance Care Planning

March 19th, 1:00 PM - 2:00 PM - Creating meaning and connection in everyday life

March 26th, 1:00 PM - 2:00 PM - Adjusting and adapting to change

MEET THE TEAM



NATALIE YOUNG- PALLIATIVE CARE PHYSICIAN

Dr. Young is a geriatrics and palliative care physician with extensive experience in home-based primary care and specialty palliative care. She is passionate about improving the care of people living with dementia and their care partners.



BRIDGET SUMSER , LCSW - HEALTH EDUCATOR

Ms. Sumser became a social worker to help people living with serious illness. Over the course of the last 10 years, she has worked across settings, providing support and companionship to patients, families, community members, and providers. Her practice is rooted in a commitment to social justice and understanding illness and caregiving within the context of a unique life. Above all, she looks to promote connection and well-being.



**Thursday, February 29, 2024
12-1 p.m. via Zoom**

You are invited to attend the
Dementia Care Aware Webinar Series

"Dementia and Black/African American Populations"

Presenters:

- Charles Windon, MD, Assistant Professor of Clinical Neurology at the UCSF Memory and Aging Center
- Tanisha Hill-Jarrett, PhD, Neuropsychologist and Assistant Professor of Neurology at the UCSF Memory and Aging Center



<https://www.dementiacareaware.org/>

**Register
here**



Please join [Dementia Care Aware](#) in Celebrating Black History Month at our next Zoom webinar, "Dementia and Black/African American Populations" on February 29, from 12 to 1 p.m.

Please register for the webinar [here](#).

Charles Windon, MD, Assistant Professor of Clinical Neurology at the [UCSF Memory and Aging Center](#), and Tanisha Hill-Jarrett, PhD, Neuropsychologist and Assistant Professor of Neurology at the [UCSF Memory and Aging Center](#), will present on disparities in cognition, diagnosis, and care for Black/African Americans, and how to address these factors to promote equity and support aging in these communities.

Participants of the live webinar are eligible to receive 1 Continuing Medical Education (CME), California Marriage and Family Therapists (CAMFT), American Academy of Family Physicians (AAFP), and Maintenance of Certification (MOC) credit.

You may also sign up to take the cognitive health assessment training (1.5 CE and CME/MOC credit) at www.dementiacareaware.org.

GERIATRIC & PALLIATIVE MEDICINE GRAND ROUNDS



[Jennifer L. Wolff, PhD](#), Eugene and Mildred Lipitz Professor, Professor, Department of Health Policy and Management, Bloomberg School of Public Health, Johns Hopkins University

Supporting Care Partners in Real-World Care Delivery

Wednesday, February 28, 2024 at 4:00 - 5:00 pm

UCSF Nursing Building N-217 and via Zoom

[PRE-REGISTER FOR GRAND ROUNDS](#)

[View Past Grand Rounds Recordings](#)

GERIATRICS SPOTLIGHT

The Geriatrics Spotlight initiative fosters community building within the Division, especially during this age of hybrid/remote work where it can be challenging to find ways to interact with colleagues outside of your immediate teams. This is a way for Division members to learn more about all the wonderful work we're doing!

This week, we get to know our division members, **Rebecca Sudore** and **Anu Madhavan**.



Rebecca Sudore

Role: Professor of Medicine

Joined Division: 2005

Work site: Mission Bay and SFVAHCS

Email: Rebecca.Sudore@ucsf.edu

What would your back-up career be?

Her back-up career would be a program officer for a very large foundation so she can give money away to important and meaningful causes that she believes in.

[Learn more about Rebecca](#)



Anu Madhavan

Role: Clinical Assistant Professor

Joined Division: 2023

Work site: Parnassus

Email: anuradha.madhavan@ucsf.edu

What are you happiest doing in your free time?

In her spare time, Anu prioritizes activities that promote physical well-being. She frequently attends barre classes and indoor cycling sessions, but also enjoys spending time outdoors with her puppy whenever possible.

[Learn more about Anu](#)

GERIPAL BLOG

Geripal

Geriatrics & Palliative Care for
All Healthcare Professionals



[Psychological Issues in Palliative Care: Elissa Kozlov and Des Azizoddin](#)

[Visit the GeriPal Blog](#)

GERI TWEET OF THE WEEK

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LETTER TO THE EDITOR |  [Free Access](#)

Training and supporting subspecialty clinician–scientists in aging research through GEMSSTAR and Clin-STAR

Thomas M. Gill MD , Andrea N. Sherman MS , Odette van der Willik, Kristine Yaffe MD, Jeremy D. Walston MD

First published: 17 February 2024 | <https://doi.org/10.1111/jgs.18811>

Thomas M. Gill and Andrea N. Sherman are co-first authors.

This paper is part of the *Celebrating the 50th anniversary of the National Institute on Aging* special collection edited by Alexander Smith and George Kuchel. Once complete, you can explore the rest of the collection here: <https://agsjournals.onlinelibrary.wiley.com/hub/journal/15325415/special-collections>.

New Clin-STAR publication in [@AGSJournals](#): "Training and supporting subspecialty clinician-scientists in [#AgingResearch](#) through GEMSSTAR and Clin-STAR." Read the article here: <https://bit.ly/4bCZMIh>

LEARNING & DEVELOPMENT OPPORTUNITIES



Spring Pathway to Retirement Series

The Pathway to Retirement webinar series returns March 5-8 to help UCSF faculty and staff plan for financial security and enjoy all that retirement brings. The series includes a different topic each day repeated at two different times to accommodate schedules. Please register for each presentation you'd like to attend as space is limited.

- [Envisioning Retirement and Income Planning for the Long Term](#): Tuesday, March 5, 10 a.m. and 3 p.m.
- [Social Security Benefits and Claiming Strategies](#): Wednesday, March 6, 10 a.m. and 3 p.m.
- [Your UC Retirement Benefit and How to Retire](#): Thursday, March 7, 10 a.m. and 3 p.m.
- [UC Retiree Health Insurance Basics](#): Friday, March 8, 10 a.m. and 3 p.m.

[Learn more and sign up](#)

UPCOMING EVENTS

February 28: Geriatric & Palliative Grand Rounds

4:00-5:00PM

Speaker: Dr. Jennifer L. Wolff

March 6: Geriatrics Works in Progress

8:30-9:40AM

Speaker: Dr. Kevin Yu

March 13: Geriatrics Works in Progress

8:30-9:40AM

In-person: UCSF Nursing
Building N-217

**[PRE-REGISTER FOR
GRAND ROUNDS \(Zoom
available\)](#)**

In-person: Geriatrics
Conference Room, Building
1 3rd Floor,

[Zoom](#)

Speaker: Dr. Elizabeth
Dzeng

In-person: Geriatrics
Conference Room, Building
1 3rd Floor, SFVA

[Zoom](#)

EMPLOYMENT OPPORTUNITIES

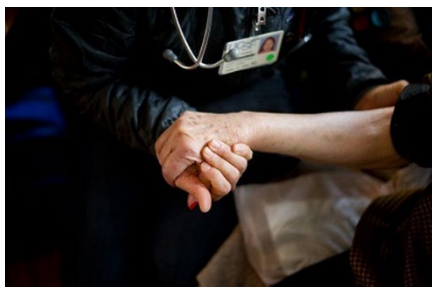
**UCSF Division of Geriatrics
is Recruiting!**

[Click here for more
details>>](#)

Current Career Opportunities:

- [Clinician Educator \(JPF04355\)](#)
- [Research Scientist \(JPF04741\)](#)
- [Harris Fishbon Distinguished Professor for Clinical
Translational Research in Aging \(JPF04285\)](#)
- [Program Manager \(STAFF001433\)](#)
- [Associate Research Finance Analyst \(75135BR\)](#)

GIVING



Donations play a vital role in sustaining our Mission.
[Learn More >>](#)

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For questions, comments, or suggestions, email GeriAdmin@ucsf.edu

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