

# UCSF GeriNews

A multi-campus division

March 1st, 2024



We are thrilled to announce the Division presenters for our **Wellness Video Series**, supported by the [UCSF Community Wellbeing grant](#)!

Special thanks to those who nominated their colleagues, and a big shoutout to the Division members who have generously volunteered for this exciting project!

We look forward to revealing the completed video series at our **June Division Wide Meeting** on **Weds 6/26, 3-4pm**. **ALL Division members are invited to attend!**



**Emotional Wellness**



**Brenda Fagan**  
Program Manager,  
Dementia Care Aware



**Physical Wellness**



**Landon Haller**  
Research Programs  
Coordinator



**Social Wellness**



**Krista Harrison**  
Associate Professor  
of Medicine



**Financial Wellness**



**Helen Chen**  
Professor of Medicine,  
Associate Chief of Staff for Geriatrics



**Environmental Wellness**



**Mary Tran**  
Administrative  
Coordinator



**Spiritual Wellness**



**Michi Yukawa**  
Professor of Medicine,  
Medical Director



**Career Wellness**



**Theresa Allison**  
Professor of Medicine,  
Professor of Family & Community Medicine



**Career Wellness**



**Karen Yuan**  
Division Manager

**GERIPAL BLOG**

**Geripal**

Geriatrics & Palliative Care for  
All Healthcare Professionals



[GeriPal 300th Episode: Ask Me Anything Hot Ones Style](#)

[Visit the GeriPal Blog](#)

## GERIATRIC & PALLIATIVE MEDICINE GRAND ROUNDS



[Jennifer L. Wolff, PhD](#), Eugene and Mildred Lipitz Professor, Professor, Department of Health Policy and Management, Bloomberg School of Public Health, Johns Hopkins University

***Supporting Care Partners in Real-World Care Delivery***

[View Recording](#)





[Lillian Min, MD, MSHS](#), Associate Professor, Geriatric and Palliative Medicine; Ambulatory Care Clinical Chief, Geriatrics, University of Michigan

**Title:** TBD

**Wednesday, March 27 @ 4- 5PM**

**Location:** Parnassus, N-217 and Zoom

[Registration required](#) to attend via Zoom

[View Past Grand Rounds Recordings](#)

## GERIATRICS SPOTLIGHT

The Geriatrics Spotlight initiative fosters community building within the Division, especially during this age of hybrid/remote work where it can be challenging to find ways to interact with colleagues outside of your immediate teams. This is a way for Division members to learn more about all the wonderful work we're doing!

This week, we get to know our division members, **Ashley Johnson** and **Evie Kalmar**.



**Ashley Johnson**

**Role:** NP for Dementia Care Aware

**Joined Division:** 2023

**Work site:** Mission Bay and from home in San Francisco, CA

**Email:** [ashley.johnson@ucsf.edu](mailto:ashley.johnson@ucsf.edu)

**What is a professional goal you would like to accomplish by the end of this year?**

Ashley's professional goal for this year is to find a way to stay in geriatrics and the Division after the dementia care aware funding ends. She also wants to explore another certification.

[Learn more about Ashley](#)



**Evie Kalmar**

**Role:** Physician, Geriatrician, Palliative Care, and Faculty

**Joined Division:** 2020

**Work site:** SFVAHCS and from home in Menlo Park, CA

**Email:** [Evie.Kalmar@ucsf.edu](mailto:Evie.Kalmar@ucsf.edu)

***What's one "fun fact" about you that not many people know? (e.g., hidden talent)***

Evie can speak 4 languages: Hebrew, Spanish, Mandarin, and English.

***What is the best advice you've ever heard?***

"Focus your energy on one thing at a time."

[Learn more about Evie](#)

**GERI TWEET OF THE WEEK**

“



Adjusting to a new environment can be disorienting for vulnerable older adults, often leading to feelings of being lost or out of place, and may even precipitate delirium. Everyone should have access to a serene and stable environment, especially older adults. When changes like hospital admissions are unavoidable, attention to detail becomes paramount in minimizing stress—this includes reducing noise, honoring sleep schedules, and incorporating familiar items into their surroundings. For instance, my indispensable comfort item is my pillow... What's your must-have item for a hospital stay? [#DeliriumAwareness](#) [#BrainHealth](#)

”

- [Thiago J. Avelino-Silva@geri\\_tjas](#)

**LEARNING & DEVELOPMENT OPPORTUNITIES**



**Bella Gonzalez-Vidaña**  
Higher Education Customer Success Manager

**WIT@UCSF Tech Cafe: [Navigating Canva: Design, Publish, Repeat](#)**

The long awaited Canva for Campus is coming to UCSF! Join us for a thorough session on the Canva platform from Canva Customer Success Manager, Bella Gonzalez-Vidana. From navigating the homepage to delving into the Magic Studio, this session will cover everything you need to know about Canva. This Tech Cafe will be the first of four in our Canva series. Participants will learn how to collaborate with colleagues and create beautiful designs effortlessly!

[Register](#)

**MICROSOFT OFFICE PEARL**

Microsoft Outlook  
**Set up rules**



**Set up rules in outlook!**

Outlook rules allow you to automate the organization and management of your emails, ensuring that your inbox works seamlessly with your unique preferences. Whether you want to categorize, filter, or redirect emails based on specific criteria, rules give you the ability to tailor your email workflow.

[Learn how](#)

**UPCOMING EVENTS**

<p><b>March 6:</b> Geriatrics Works in Progress 8:30-9:40AM Speaker: Dr. Kevin Yu</p>	<p><b>March 13:</b> Geriatrics Works in Progress 8:30-9:40AM Speaker: Dr. Elizabeth Dzeng</p>	<p><b>March 20:</b> Geriatrics Works in Progress 8:30-9:40AM Speaker: Dr. Julien Cobert</p>
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In-person: Geriatrics  
Conference Room, Building  
1 3rd Floor,

[Zoom](#)

In-person: Geriatrics  
Conference Room, Building  
1 3rd Floor, SFVA

[Zoom](#)

In-person: Geriatrics  
Conference Room, Building  
1 3rd Floor,

[Zoom](#)

## EMPLOYMENT OPPORTUNITIES

**UCSF Division of Geriatrics  
is Recruiting!**

[Click here for more  
details>>](#)

**Current Career Opportunities:**

- [Clinician Educator \(JPF04355\)](#)
- [Research Scientist \(JPF04741\)](#)
- [Harris Fishbon Distinguished Professor for Clinical Translational Research in Aging \(JPF04285\)](#)
- [Program Manager \(STAFF001433\)](#)
- [Associate Research Finance Analyst \(75135BR\)](#)

## GIVING



Donations play a vital role in sustaining our Mission.  
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For questions, comments, or suggestions, email [GeriAdmin@ucsf.edu](mailto:GeriAdmin@ucsf.edu)

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