

UCSF GeriNews

A multi-campus division

January 17th, 2025



2025-2026 Emerging Leaders in Aging Program

Applications are due Monday, February 3, 2025 at 5PM Pacific Standard Time

[Applications are now being accepted for the 2025 – 2026 Emerging Leaders in Aging \(ELIA\) Program](#), a collaboration

between AGS and Tideswell at University of California, San Francisco. Founded in 2015, this program is now inviting applications for its eleventh cohort of leadership scholars.

Who Should Apply: [The program](#) benefits health care professionals who are embarking on a relatively new leadership endeavor with challenges that involve leading others and leading change to improve the health and lives of older adults. [Past scholars](#) are interprofessional, and lead **clinical, research, or educational** programs.

Special thanks to the Tideswell community of supporters who have made this possible, particularly AGS, the University of Rochester, and Tideswell alumni. [To add your support](#) or for questions, please e-mail us at: Leadership@TideswellUCSF.org.



Michael Harper, MD was quoted in an article entitled "[UnitedHealth's Army of Doctors Helped It Collect Billions More From Medicare](#)" published in The Wall Street Journal.



Francesca Nicosia, PhD and colleagues published an article in *Aging & Mental Health* on the [Effect of telehealth yoga on loneliness and social isolation among rural older adults: a randomized controlled trial](#).



The Division of Geriatrics is delighted to offer a free screening of the documentary "[DO I NEED THIS?](#)" on Thurs, February 13, 2025 from 4 - 6 pm at UCSF Parnassus campus, room HSW-300.

Follow filmmaker [Kate Schermerhorn](#) through her family's process and emotions as her aging parents downsized into assisted living and dealt with illness.

View an early screening of the film, listen to a panel discussion on the issues it raises, and join us for a reception to meet the filmmaker.

Popcorn and drinks will be provided during the film.

Learn more about the event and **RSVP to attend by 2/6** at [DINT.eventbrite.com](https://dint.eventbrite.com).

GERIPAL BLOG

Geripal

Geriatrics & Palliative Care for
All Healthcare Professionals



[Caring for the Unrepresented: A Podcast with Joe Dixon, Timothy Farrell, Yael Zweig](#)



[#HPMParty is Back in Denver for the 2025 AAHPM-HPNA Annual Assembly](#)

[Visit the GeriPal Blog](#)

GERIATRIC & PALLIATIVE MEDICINE GRAND ROUNDS



[Nataniel Chin, MD](#)

Medical Director and Clinical Core Co-Leader, Wisconsin Alzheimer's Disease Research Center (ADRC); Medical Director, Wisconsin Registry for Alzheimer's Prevention (WRAP); Associate Professor, Geriatrics and Gerontology, University of Wisconsin School of Medicine and Public Health

**Wednesday, January 22, 2025
4:00 - 5:00 PM**

Parnassus, HSW-300

[Register here](#)

[View Past Grand Rounds Recordings](#)

GERI BLUESKY POST OF THE WEEK

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“Delirium is inherently multifactorial; thus, effective treatments will require a multifactorial approach to target multiple vulnerability and precipitating factors.”
[@nidus-delirium.bsky.social](#) [@ucsfgeriatrics.bsky.social](#) [@alexsmithmd.bsky.social](#)
https://journals.lww.com/ccmjournal/fulltext/2025/01000/advancing_delirium_treatment_trials_in_older.3.aspx

”

- **Thiago J. Avelino-Silva** [@geritjas.bsky.social](#)

LEARNING & DEVELOPMENT OPPORTUNITIES



Try this: Reduce stress and strengthen your brain

A UCLA gerontologist explains how [simple, daily practices](#) can increase our resilience to stress and anxiety while building new neural connections.

[Learn more](#)

GERI COMMUNITY RESOURCE



This week's Geri Community
Resource is: [The Castro Senior
Center](#).



GOLDEN GATE SENIOR SERVICES

Serving Seniors Since 1975

[The Castro Senior Center](#), operated by Golden Gate Senior Services, has been serving San Francisco seniors and adults with disabilities in the Castro neighborhood for over 30 years. The center offers a variety of programs aimed at promoting independence, socialization, health, and overall well-being. These include daily exercise programs, art and music activities, a computer lab, and a meal program that provides nutritious lunches every weekday between 11:45 and 12:30 at no cost. Additionally, the center fosters a sense of friendship, community, and belonging among its participants.

Please contact 415-863-3507 for more information about their program!

[Find Geriatrics
Community
Resources here](#)

UPCOMING EVENTS

January 22: Geriatrics

Works in Progress

8:30 - 9:40 AM

Speaker: TBD

[Zoom Link](#)

January 22: Geriatrics

Grand Rounds

4:00-5:00PM

Speaker: Nate Chin MD

(U Wisconsin)

Location: Parnassus,

HSW-303

[Zoom Registration Link](#)

January 29: Geriatrics

Works in Progress

8:30 - 9:40 AM

Speaker: TBD

[Zoom Link](#)

EMPLOYMENT OPPORTUNITIES

UCSF Division of Geriatrics is Recruiting!

[Click here for more details>>](#)

Current Career Opportunities:

- [Clinician Educator \(JPF05152\)](#)
- [Research Scientist \(JPF04741\)](#)
- [Harris Fishbon Distinguished Professor for Clinical Translational Research in Aging \(JPF05153\)](#)
- [Research Associate \(82976BR\)](#)

GIVING



Donations play a vital role in sustaining our Mission. [Learn More >>](#)

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For questions, comments, or suggestions, email GeriAdmin@ucsf.edu

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