UCSF GeriNews

A multi-campus division

January 17th, 2025











2025-2026 Emerging Leaders in Aging Program

Applications are due Monday, February 3, 2025 at 5PM Pacific Standard Time

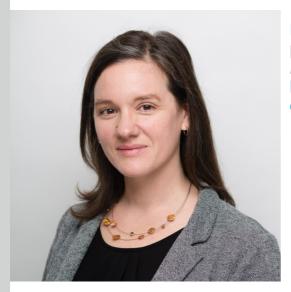
Applications are now being accepted for the 2025 – 2026 Emerging Leaders in Aging (ELIA) Program, a collaboration between AGS and Tideswell at University of California, San Francisco. Founded in 2015, this program is now inviting applications for its eleventh cohort of leadership scholars.

Who Should Apply: The program benefits health care professionals who are embarking on a relatively new leadership endeavor with challenges that involve leading others and leading change to improve the health and lives of older adults. Past scholars are interprofessional, and lead clinical, research, or educational programs.

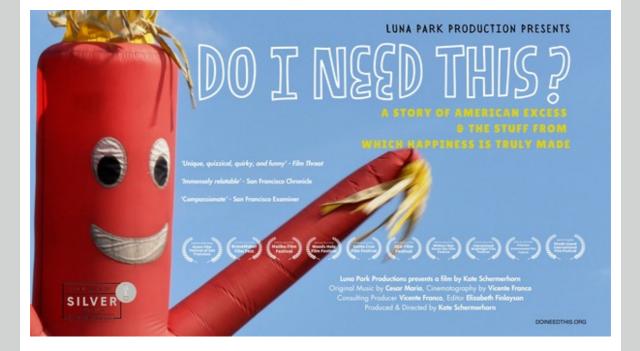
Special thanks to the Tideswell community of supporters who have made this possible, particularly AGS, the University of Rochester, and Tideswell alumni. <u>To add your support</u> or for questions, please e-mail us at: <u>Leadership@TideswellUCSF.org.</u>



Michael Harper, MD was quoted in an article entitled "UnitedHealth's Army of Doctors Helped It Collect Billions More From Medicare" published in The Wall Street Journal.



Francesca Nicosia, PhD and colleagues published an article in *Aging & Mental Health* on the Effect of telehealth yoga on loneliness and social isolation among rural older adults: a randomized controlled trial.



The Division of Geriatrics is delighted to offer a free screening of the documentary "DO INEED THIS?" on Thurs, February 13, 2025 from 4 - 6 pm at UCSF Parnassus campus, room HSW-300.

Follow filmmaker Kate Schermerhorn through her family's process and emotions as her aging parents downsized into assisted living and dealt with illness.

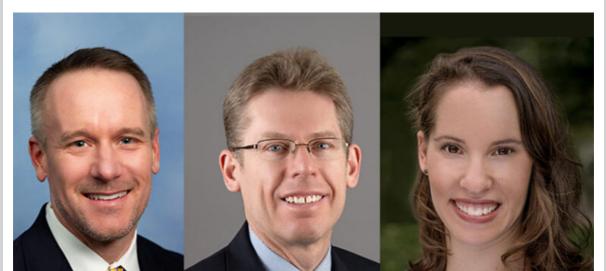
View an early screening of the film, listen to a panel discussion on the issues it raises, and join us for a reception to meet the filmmaker.

Popcorn and drinks will be provided during the film.

Learn more about the event and RSVP to attend by 2/6 at DINT.eventbrite.com.

GERIPAL BLOG





<u>Caring for the Unrepresented: A Podcast with Joe Dixon, Timothy Farrell, Yael Zweig</u>



#HPMParty is Back in Denver for the 2025 AAHPM-HPNA Annual Assembly

Visit the GeriPal Blog

GERIATRIC & PALLIATIVE MEDICINE GRAND ROUNDS



Nataniel Chin, MD

Medical Director and Clinical Core Co-Leader, Wisconsin Alzheimer's Disease Research Cetner (ADRC); Medical Director, Wisconsin Registry for Alzheimer's Prevention (WRAP); Associate Professor, Geriatrics and Gerontology, University of Wisconsin School of Medicine and Public Health

> Wednesday, January 22, 2025 4:00 - 5:00 PM

> > Parnassus, HSW-300

Register here

View Past Grand Rounds Recordings

GERI BLUESKY POST OF THE WEEK

"

"Delirium is inherently multifactorial; thus, effective treatments will require a multifactorial approach to target multiple vulnerability and precipitating factors." @nidus-delirium.bsky.social @ucsfgeriatrics.bsky.social @alexsmithmd.bsky.social https://journals.lww.com/ccmjournal/fulltext/2025/01000/advancing_delirium_treatment trials in older.3.aspx

"

- Thiago J. Avelino-Silva @geritjas.bsky.social

LEARNING & DEVELOPMENT OPPORTUNITIES



Try this: Reduce stress and strengthen your brain

A UCLA gerontologist explains how simple, daily practices can increase our resilience to stress and anxiety while building new neural connections.

Learn more

GERI COMMUNITY RESOURCE





This week's Geri Community
Resource is: The Castro Senior
Center.

The Castro Senior Center, operated by Golden Gate Senior Services, has been serving San Francisco seniors and adults with disabilities in the Castro neighborhood for over 30 years. The center offers a variety of programs aimed at promoting independence, socialization, health, and overall well-being. These include daily exercise programs, art and music activities, a computer lab, and a meal program that provides nutritious lunches every weekday between 11:45 and 12:30 at no cost. Additionally, the center fosters a sense of friendship, community, and belonging among its participants.

Please contact 415-863-3507 for more information about their program!

Find Geriatrics Community Resources here

UPCOMING EVENTS

January 22: Geriatrics

Works in Progress

8:30 - 9:40 AM

Speaker: TBD

Zoom Link

January 22: Geriatrics

Grand Rounds

4:00-5:00PM

Speaker: Nate Chin MD

(U Wisconsin)

Location: Parnassus,

HSW-303

Zoom Registration Link

January 29: Geriatrics

Works in Progress

8:30 - 9:40 AM

Speaker: TBD

Zoom Link

EMPLOYMENT OPPORTUNITIES

UCSF Division of Geriatrics is Recruiting!

Click here for more details>>

Current Career Opportunities:

- Clinician Educator (JPF05152)
- Research Scientist (JPF04741)
- Harris Fishbon Distinguished Professor for Clinical Translational Research in Aging (JPF05153)
- Research Associate (82976BR)

GIVING



Donations play a vital role in sustaining our Mission. Learn More >>

Donate now

For questions, comments, or suggestions, email GeriAdmin@ucsf.edu

UCSF Division of Geriatrics | 490 Illinois Street, Floor 8, San Francisco, CA 94143 | geriatrics.ucsf.edu





