

# UCSF GeriNews

A multi-campus division

January 5th, 2024



[Stephanie Rogers, MD](#), [Julia Adler-Milstein, PhD](#), and [Robert Thombly, IV](#) published an article in JAGs entitled "[Developing electronic health record-based measures of the 4Ms to support implementation and evidence generation for Age-Friendly Health Systems.](#)"





[Dr. Anu Madhavan](#) received an appreciative note from a UCSF doctor for the care she provided to a patient who died in the hospital this past month. UCSF has a real time centralized mortality case review process in which providers are asked to give real-time feedback for improvements and have the opportunity to share comments about what went well in the care of the patient. The provider in this case was very appreciative of the care Dr. Madhavan provided.



[Anna Chang, MD](#) is quoted in the New York Times article on [7 Keys to Longevity](#) from the geriatrician perspective.



In this episode of Dementia Care on Air series, [Anna Chodos, MD, MPH](#), Executive Director of Dementia Care Aware and [Michelle Panlilio, DNP, GNP-BC](#), National Lead Dementia Care Specialist at UCLA Alzheimer's and Dementia Care Program, talk about assessing behavioral symptoms of dementia.

Join us as we discuss how healthcare professionals and caregivers can identify, understand, and interpret the behavioral changes associated with dementia. Gain valuable insights, practical tips, and expert advice to help you provide compassionate care and support for individuals living with dementia.

Listen to Dementia Care on Air on:

[Spotify](#) | [Apple Podcasts](#) | [Amazon Music](#)

## GERIATRIC & PALLIATIVE MEDICINE GRAND ROUNDS



### [Miguel A Paniagua, MD, FACP, FAAHPM, FCPP](#)

Vice President, Medical Education, American College of Physicians, and Adjunct Professor of Medicine, Department of Medicine, Perelman School of Medicine, University of Pennsylvania

### ***Old Dogs and New Tricks: The past, present and future of lifelong learning***

Wednesday, January 24, 2024

4:00 - 5:00 PM

In-person and via Zoom

### [PRE-REGISTER FOR GRAND ROUNDS](#)

[View Past Grand Rounds Recordings](#)

## GERIATRICS SPOTLIGHT

The Geriatrics Spotlight initiative fosters community building within the Division, especially during this age of hybrid/remote work where it can be challenging to find ways to interact with colleagues outside of your immediate teams. This is a way for Division members to learn more about all the wonderful work we're doing!

This week, we get to know our division members, **Maia Miller** and **Christopher Ambridge**.



**Maia Miller**

**Role:** Program Manager for the Dementia Care Aware program

**Joined Division:** 2022

**Work site:** Mission Bay and from home in Alameda, CA

**Email:** [maia.miller@ucsf.edu](mailto:maia.miller@ucsf.edu)

***Who is someone you admire, and why?***

Maia considers her daughter, Olivia, to be her shero. Olivia embodies qualities of compassion, love, and kindness, while also serving as an inspiring actress.

***What are some causes you care about?***

Maia is profoundly passionate about trauma-informed care, actively serving as a trained guide, advocate, and activist for adult survivors of childhood sexual trauma.

[Learn more about Maia](#)



**Christopher Ambridge**

**Role:** Proposals and Grants Officer

**Joined Division:** 2015

**Work site:** From home in Palm Springs, CA

**Email:** [christopher.ambridge@ucsf.edu](mailto:christopher.ambridge@ucsf.edu)

***What's one "fun fact" about you that not many people know? (e.g., hidden talent)***

Christopher studied painting for his bachelor's, minoring in photography and printmaking.

***What are you happiest doing in your free time?***

For him, a perfect day might involve spending the morning and afternoon immersed in reading and swimming or embarking on a hike with his



sketchbook. The ideal day concludes with a light social event in the evening.

[Learn more about Christopher](#)

## GERIPAL BLOG

# Geripal

Geriatrics & Palliative Care for  
All Healthcare Professionals

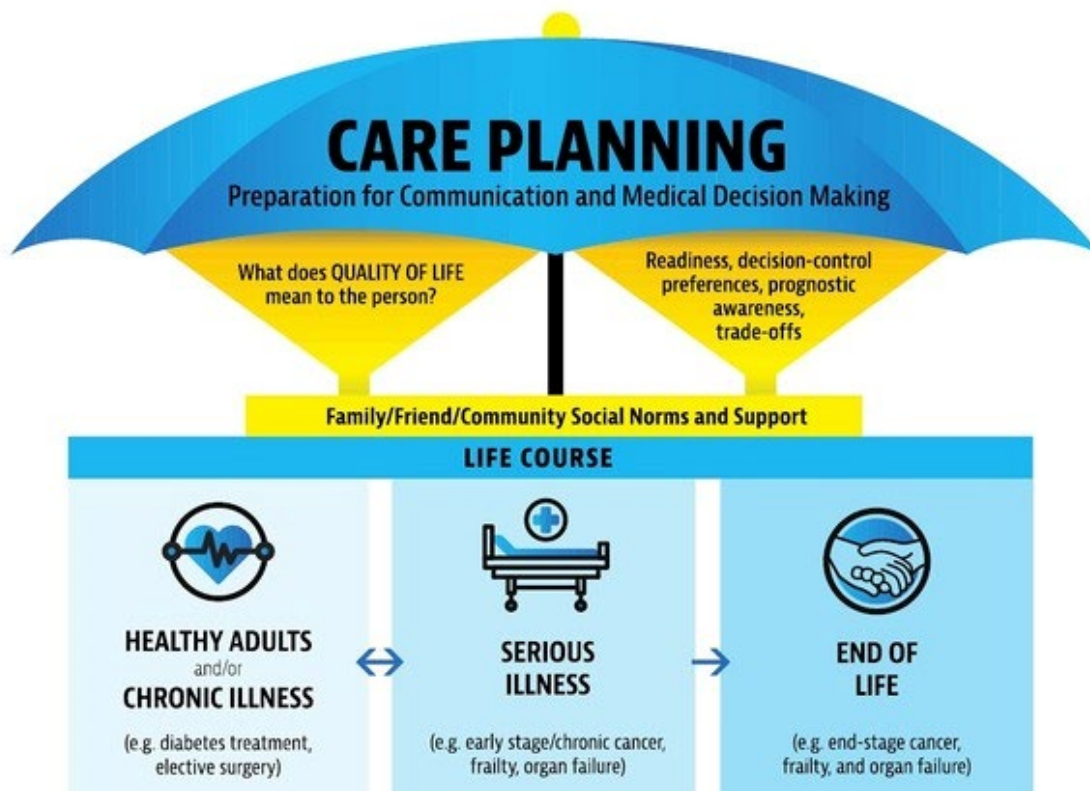
# Geripal Podcast CME

[Geripal Podcast Year in Review and Exciting News for 2024 \(CME!\)](#)

[Visit the Geripal Blog](#)

## GERI TWEET OF THE WEEK

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"What Clinicians and Researchers Should Know About the Evolving Field of Advance Care Planning" (JGIM 2024) - "ACP has evolved to a continuum of care planning over the life course focused on tailored preparation for patients & surrogate decision-makers" - <https://rd.springer.com/article/10.1007/s11606-023-08579-5>

”

- [James Deardorff @wjdeardorff](#)

## LEARNING & DEVELOPMENT OPPORTUNITIES



### Online Mindfulness-Based Stress Reduction Course (Monday Afternoons)

Monday, January 8, 2024 2:45pm to 5:15pm

This orientation session on January 8 is correlated with the 8-week class that meets on Monday afternoons from 2:45-5:15 p.m. from January 22 to March 11. The virtual retreat is on Saturday, March 2, 9:30 a.m.-4:30 p.m. The instructor is

Bonnie O'Brien Jonsson. All meetings will be online.

[Register](#)

## MICROSOFT OFFICE PEARL

	A	B	C	D	E	F	G	H	I	J	K	L	M
1		Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
2	Avg Hi	40	38	44	46	51	56	67	72	70	59	45	41
3	Avg Lo	34	33	39	41	45	48	51	55	54	45	41	38

### Highlight patterns and trends with conditional formatting

Highlight cells based on specific criteria to make patterns and trends more visible.

[Learn how](#)

## UPCOMING EVENTS

**January 10:** Geriatrics Works in Progress

8:30-9:40AM

Speaker: Dr. Stephanie Cham

In-person: Geriatrics Conference Room, Building 1 3rd Floor, SFVA

[Zoom](#)

**January 17:** Geriatrics Works in Progress

8:30-9:40AM

Speaker: Dr. Angela Suen

In-person: Geriatrics Conference Room, Building 1 3rd Floor, SFVA

[Zoom](#)

**January 24:** Geriatric and Palliative Medicine Grand Rounds

4:00-5:00PM

Speaker: Dr. Miguel Paniagua

Hybrid: [TBA](#)

[Zoom](#)

[Add to calendar](#)

## EMPLOYMENT OPPORTUNITIES

**UCSF Division of Geriatrics is Recruiting!**

[Click here for more details>>](#)

**Current Career Opportunities:**

- [Clinician Educator \(JPF04355\)](#)
- [Research Scientist \(JPF04741\)](#)
- [Harris Fishbon Distinguished Professor for Clinical Translational Research in Aging \(JPF04285\)](#)

- [Age Friendly Health System QI/Program Coordinator \(75600BR\)](#)

## GIVING



Donations play a vital role in sustaining our Mission.  
[Learn More >>](#)

[Donate now](#)

For questions, comments, or suggestions, email [GeriAdmin@ucsf.edu](mailto:GeriAdmin@ucsf.edu)

UCSF Division of Geriatrics | 490 Illinois Street, Floor 8, San Francisco, CA 94143 | [geriatrics.ucsf.edu](http://geriatrics.ucsf.edu)

