

UCSF GeriNews

A multi-campus division

January 31st, 2025



UCSF Division of Geriatrics
Department of Medicine



ZUCKERBERG
SAN FRANCISCO GENERAL
Hospital and Trauma Center



The inaugural [Southwest Regional SGIM meeting](#) took place on January 25th, 2025 at UC Law. Previously known as the California-Hawaii Regional SGIM, the event welcomed 150 attendees from California, Nevada, New Mexico, and Arizona. [Michi Yukawa, MD](#) served as co-chair of the planning committee, while [Jacklyn Katz, MD](#) and former fellow and faculty member [Lindsey Haddock, MD](#) co-chaired the Mentoring session. The conference theme, *Climate Advocacy: Turning Passion into Action*, highlighted the critical intersection of health and climate. [Gina Solomon, MD, MPH](#), Chief of the Division of Occupational, Environmental, and Climate Medicine at UCSF, delivered the keynote address on climate change and its adverse health consequences following natural disasters.



[Richard Parenteau, MD, PhD](#) and his mentor, [Thea Mauro, MD](#) published "[Epidermal Penetration Increases with Age and May Contribute to Systemic Inflammation](#)" in the Journal of Investigative Dermatology.



Congratulations [Shreya Kapoor, MD](#) for being selected as the winner of the [Society of General Internal Medicine, Advocacy and Community Service Award](#) for 2025!



[Mitchel Erickson, DNP, MS, BSN, BSc, ACNP-C et al.](#) published a recent article in the [Journal of Alzheimer's Disease Reports](#) entitled: "[Navigating Barriers to Dementia Specialty Care Among Vulnerable Populations. Insight from a Multidiscipline Care Navigation Team](#)".



Josette Rivera, MD
UCSF Geriatric Medicine Expert

COGNITIVE HEALTH ASSESSMENT TRAINING



Thu., February 13, 2025

12 - 1 PM PST



Zoom

Free CE/CME



Register Here!



Primary Care Teams: Join us on February 13, from 12-1 PM PT, via Zoom for the Dementia Care Aware virtual training session on cognitive health assessment. Free CME/CEU!

[Register here](#)

The training covers the following subjects:

- An Overview of Dementia
- A Review of Screening Tools in the Cognitive Health Assessment
- Conducting a Cognitive Health Assessment
- Team-based Implementation Strategies



The Division of Geriatrics is delighted to offer a free screening of the documentary "DO I NEED THIS?" on Thurs, February 13, 2025 from 4 - 6 pm. **The event will now take place at Cole Hall Auditorium** on floor 1 of the Medical Sciences building at 513 Parnassus Ave.

Follow filmmaker [Kate Schermerhorn](#) through her family's process and emotions as her aging parents downsized into assisted living and dealt with illness.

View an early screening of the film, listen to a panel discussion on the issues it raises, and join us for a reception to meet the filmmaker.

Popcorn and drinks will be provided during the film.

Learn more about the event and RSVP to attend by 2/6 at DINT.eventbrite.com.



[Telehealth vs In-Person Palliative Care: A Podcast with Joseph Greer, Lynn Flint, Simone Rinaldi, and Vicki Jackson](#)

[Visit the GeriPal Blog](#)

GERIATRICS SPOTLIGHT

The Geriatrics Spotlight initiative fosters community building within the Division, especially during this age of hybrid/remote work where it can be challenging to find ways to interact with colleagues outside of your immediate teams. This is a way for Division members to learn more about all the wonderful work we're doing!

This week, we get to know our division members, **Shira Rutman** and **Morgan Nguyen**.



Shira Rutman

Title: Project Director, HEARD Study

Joined Division: 2024

Work site(s): Mission Bay and from home

Email: Shira.Rutman@ucsf.edu

What is a professional goal you would like to accomplish by the end of this year?

Shira's goal is to meet the project's target recruitment numbers and launch Aim 2, which involves engaging with hospice representatives.

What are you happiest doing in your free time?

Shira is happiest walking through Golden Gate Park with her family.

[Learn more about Shira](#)



Morgan Nguyen

Title: Program Manager, Music and Dementia Research Lab

Joined Division: 2024

Work site(s): SFVAHCS and from home in Oakland, CA

Email: Morgan.Nguyen@ucsf.edu

What is a professional goal you would like to accomplish by the end of this year?

Morgan has a goal to meet the study recruitment target and launch Aim 2 of the project, in which her team will examine the participants' relationship with the community.

What are you happiest doing in your free time?

Morgan has been enjoying crocheting, specifically amigurumi (Amigurumi is the Japanese art of knitting or crocheting small, stuffed yard creatures).

[Learn more about Morgan](#)

GERIATRIC & PALLIATIVE MEDICINE GRAND ROUNDS



[Ken Covinsky, MD, MPH](#)

Professor of Medicine, Division of Geriatrics, University of California, San Francisco

Ageism in Health Care: Under Treatment, Over Treatment, or All of the Above?

Wednesday, February 26th, 2025
4:00 - 5:00 PM

Location: HSW-300 and via Zoom

[Register here](#)

[View Past Grand Rounds Recordings](#)

GRATITUDE



Marisa -

Thank you for arranging everything. UCSF home care had an extensive intake visit with [patient name] yesterday with a smart, kind UCSF geriatric MD. After 8 weeks in the wilderness of SF hospitals, emergency rooms, and care facilities, [patient's] family can finally see a light at the end of the tunnel.

[Sent from patient's family member]

GERI BLUESKY POST OF THE WEEK

“

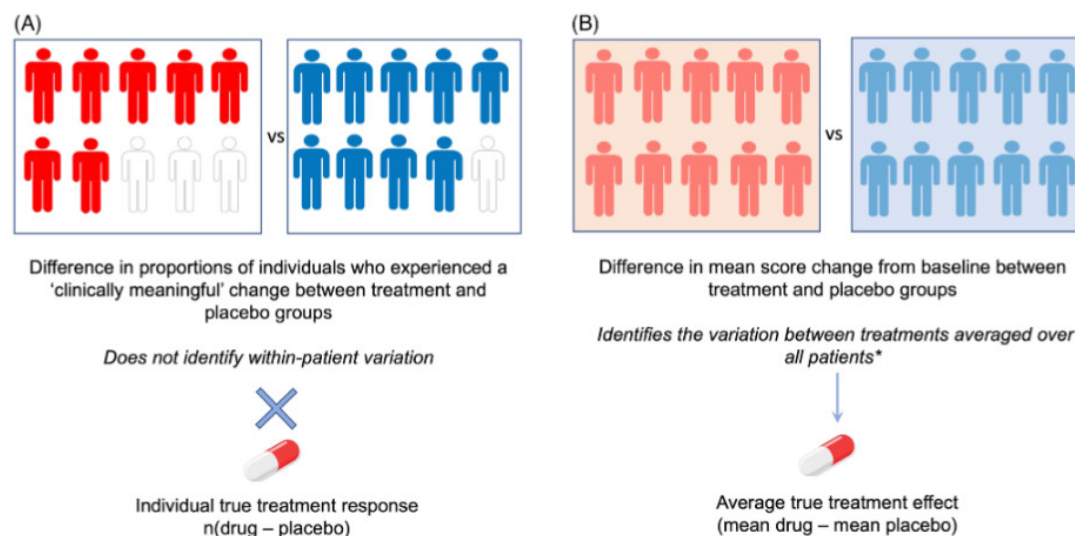


FIGURE 2 Comparison of two approaches to evaluate the treatment effect from parallel-arm RCT data. A responder analysis (A) is proposed to evaluate within-individual meaningful change by comparing the proportions of individuals who experienced a clinically meaningful change between treatment and placebo groups. However, this approach in a parallel-arm RCT does not reflect the within-individual variation (response) associated with a true treatment effect, which requires repeated crossover RCT or n-of-1 trial designs. In contrast, the average between-group difference in score change from baseline (B) identifies the between-treatments variation, which reflects the average variation attributable to a true treatment effect. *Mixed models for repeated measures approaches can account for some components of between-individual variation (by incorporating covariates such as trial group, baseline differences, use of medication, apolipoprotein E ϵ 4 carrier status, and geographic region) and within-individual variation by incorporating random effects over repeated measures. RCT, randomized controlled trial.

"Avoiding causal fraud in the evaluation of clinical benefits of treatments for Alzheimer's disease" (A&D 2025) - "The average between-group diff. in score change is where the debate should be focused to contextualize clinical meaningfulness." - alz-journals.onlinelibrary.wiley.com/doi/10.1002/...

”

- James Deardorff @wjdeardorff.bsky.social



Preserving Our Humanity in the Age of AI

Adobe change leader and podcaster Bill Kirst joins DOM to explore AI's impact and the challenge of preserving humanity amid rapid adoption.

Wednesday, 2/26, 12:10-1:00 pm, via Zoom

[Register here](#)

GERI COMMUNITY RESOURCE

Welcome to UCSF
Geriatrics Community
Resources



This week's Geri Community Resource is: [CareNav by the Family Caregiver Alliance](#).



[CareNav by the Family Caregiver Alliance](#) is a secure online service for quality information, support, and resources for family caregivers of adults with chronic physical or cognitive conditions such as Alzheimer's, stroke, Parkinson's, or other illnesses. The platform provides customized resources based on a brief online intake process that will better support your unique caregiving journey. CareNav is available at no cost to any caregivers across the nation, including internationally. Please check out their website to learn more or register by calling: 800-445-8106.

[Find Geriatrics
Community
Resources here](#)

UPCOMING EVENTS

February 5: Geriatrics
Works in Progress
8:30 - 9:40 AM
Speaker: TBD
[Zoom Link](#)

February 12: Geriatrics
Works in Progress
8:30 - 9:40 AM
Speaker: TBD
[Zoom Link](#)

February 19: Geriatrics
Works in Progress
8:30 - 9:40 AM
Speaker: TBD
[Zoom Link](#)

EMPLOYMENT OPPORTUNITIES

UCSF Division of Geriatrics is Recruiting!

[Click here for more details>>](#)

Current Career Opportunities:

- [Clinician Educator \(JPF05152\)](#)
- [Research Scientist \(JPF04741\)](#)
- [Harris Fishbon Distinguished Professor for Clinical Translational Research in Aging \(JPF05153\)](#)
- [Research Associate \(82976BR\)](#)
- [Clinical Research Coordinator \(83592BR\)](#)

GIVING



Donations play a vital role in sustaining our Mission. [Learn More >>](#)

[Donate now](#)

For questions, comments, or suggestions, email GeriAdmin@ucsf.edu

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