

# UCSF GeriNews

A multi-campus division

January 10th, 2025



## Division members participate in winter give-back

Division members came together on December 26th for a winter give-back effort of packing grocery bags of fresh, healthy food for San Francisco families and individuals in need. In less than two and a half hours, volunteers packed over 28,000 pounds of food that would

be delivered to 6,000 households throughout San Francisco.

Special shoutout to Division members Monica Cheng, Mitch Erickson, Angelica Martinez, Rebecca Sudore, and Mary Tran for representing the Division at such a meaningful community effort. Keep an eye out for opportunities to join future Division give-back events in 2025!



#### **Lingsheng Li and Rebecca Sudore published in JPSM**

Lingsheng Li, MD MHS with mentor [Rebecca Sudore, MD](#) and team published a [Brief Report](#) in JPSM on Preparing Surrogates for Decision-Making: Development and Pilot Testing of [PREPARE For THEIR Care](#). Created with and for caregivers, PREPARE For THEIR Care is easy-to-use, has high user satisfaction, and provides step-by-step guidance to prepare individuals as surrogate decision-makers.



### **Thomas Yu Honored with UCSF SPOT Award**

Congratulations to Thomas Yu (Senior Finance Specialist) for receiving a FY2025 SPOT Award! Thomas was nominated by Karen Yuan (Division Manager) for providing excellent support on a high-stakes NIH P01 program grant resubmission in a short turnaround, working through a complex cost-sharing award for the Caregivers as Partners in Care Teams (CAP-CT) program, and for his continuous expert grant administration for the Dementia Care Aware program from inception to close-out! Thomas is unfazed by competing deadlines, works effectively with multiple stakeholders, and always ensures finance compliance. Congratulations again on this well-deserved award!



### **Louise Aronson and Courtney Gordon featured in UCSF Magazine**

Louise Aronson, MD and Courtney Gordon, DNP were featured in the “ask the expert” section of the UCSF Magazine.

Read “How Do I Prepare Today for Healthy Aging Tomorrow” [in UCSF Magazine here.](#)



## Mitchel Erickson published in the Journal of Alzheimer's Disease Reports

Mitchel Erickson et al. published a recent article in the Journal of Alzheimer's Disease Reports. **"Navigating Barriers to Dementia Specialty Care Among Vulnerable Populations. Insight from a Multidiscipline Care Navigation Team."**

Journal of Alzheimer's Disease Reports. 8(1-6). DOI: 10.1177/25424823241308456

This investigation researched the benefits of a healthcare team-guided approach to successful attendance at a formal evaluation at the UCSF Memory and Aging Center (MAC) versus the standard of care driven by the patient/caregiver dyad with their primary care provider guiding the referral. The direct referral benefits of the Age Friendly Emergency Department NPs to the MAC for patients with an identified risk of cognitive impairment in coordination with the MAC greatly improved the success of attending an appointment and reducing equity access barriers for all patients receiving a timely evaluation when the benefits of novel therapies have their greatest benefit.



The **PREPARE Team** celebrated their quarterly retreat at stagecoach greens.

You are invited to attend the  
Dementia Care Aware Webinar Series



Thursday, Jan., 30, 2025  
12 - 1 pm PST via Zoom

## Dementia Care Pathways in Primary Care: From Screening to Care and Action

**Presenter:**  
Anna Chodos, MD, MPH  
Dementia Care Aware



[www.DementiaCareAware.org](http://www.DementiaCareAware.org)



Register Here!



Earn up to 1 CE/CME credit, including  
AMA, ANCC, AAPA, and ASWB credit.

Please join Dementia Care Aware at our next Zoom webinar, **“Dementia Care Pathways in Primary Care: From Screening to Care and Action”** on

January 30, from 12-1 PM PT: <https://bit.ly/DementiaCarePathways>

During this webinar, Anna Chodos, MD, MPH, Executive Director of Dementia Care Aware will discuss key steps of a care pathway for dementia from early detection to care plan. Attendees will also learn how to recognize two essential next steps after a positive screen and be able to list the three core criteria required for a dementia diagnosis.

*Participants of the live webinar are eligible to receive 1 CE/CME credit, including AMA, ANCC, AAPA, and ASWB credit. You may also sign up to take the cognitive health assessment training (1.5 CE and CME credit) at [www.dementiacareaware.org](http://www.dementiacareaware.org)*



**Anna Chodos, MD, MPH**  
UCSF Geriatric Medicine Expert

## COGNITIVE HEALTH ASSESSMENT TRAINING



**Mon., January 27, 2025**

12 - 1 PM PST



**Zoom**

Free CE/CME



Register Here!



Primary Care Teams: Join us on January 27, from 12-1 PM PT, via Zoom for the Dementia Care Aware virtual training session on cognitive health assessment. And there are free CME/CEUs!

**Register here:** <https://bit.ly/CognitiveHealthAssessmentTraining>

The training covers the following subjects:

- 1) An Overview of Dementia
- 2) A Review of Screening Tools in the Cognitive Health Assessment
- 3) Conducting a Cognitive Health Assessment
- 4) Team-based Implementation Strategies



The Division of Geriatrics is delighted to offer a free screening of the documentary "[DO I NEED THIS?](#)" on Thurs, February 13, 2025 from 4 - 6 pm at UCSF Parnassus campus, room HSW-300.

Follow filmmaker [Kate Schermerhorn](#) through her family's process and emotions as her aging parents downsized into assisted living and dealt with illness.

View an early screening of the film, listen to a panel discussion on the issues it raises, and join us for a reception to meet the filmmaker.



Popcorn and drinks will be provided during the film.

Learn more about the event and RSVP to attend by 2/6 at [DINT.eventbrite.com](https://DINT.eventbrite.com).

## GERIPAL BLOG

# Geripal

Geriatrics & Palliative Care for  
All Healthcare Professionals



[Palliative Care for Mental Illness: A Podcast with Dani Chammas and Brent Kious](#)

[Visit the GeriPal Blog](#)

## GERIATRICS SPOTLIGHT

The Geriatrics Spotlight initiative fosters community building within the Division, especially during this age of hybrid/remote work where it can be challenging to find ways to interact with colleagues outside of your immediate teams. This is a way for Division members to learn more about all the wonderful work we're doing!

This week, we get to know our division members, **Ellen Ingebritsen** and **Gina Lima**



**Ellen Ingebritsen**

**Title:** Operations Manager for PREPARE

**Joined Division:** 2024

**Work site(s):** Mission Bay and from home in San Francisco, CA

**Email:** [ellen.ingebritsen@ucsf.edu](mailto:ellen.ingebritsen@ucsf.edu)

**What is a professional goal you would like to accomplish by the end of this year?**

Ellen's professional goal for this year is to master core InDesign skills. She uses InDesign when cobranding advance directives that organizations license.

***What would your back-up career be?***

Ellen would partner with her friend Samanta André to make documentary films. They have known each other since third grade and will collaborate in some way one day!



**Gina Lima**

Title: Program Manager

**Joined Division:** 2024

**Work site(s):** Mission Bay and from home in San Francisco, CA

**Email:** [Gina.Lima@ucsf.edu](mailto:Gina.Lima@ucsf.edu)

**What is a professional goal you would like to accomplish by the end of this year?**

Since Gina is relatively new to the field of geriatrics, she's working on better understanding the tapestry of the field.

***What's one "fun fact" about you that not many people know? (e.g., hidden talent)***

Gina practices jiu-jitsu!

***What are some causes you care about?***

She cares deeply about education - creating educational and leadership development programs for health care professionals, as is her experience at UCSF, and working to expand access to quality education for underserved communities.

***What else would you like us to know about you?***

She loves connecting with new people, so don't hesitate to reach out!



**Nataniel Chin, MD**

*Medical Director and Clinical Core Co-Leader, Wisconsin Alzheimer's Disease Research Center (ADRC); Medical Director, Wisconsin Registry for Alzheimer's Prevention (WRAP); Associate Professor, Geriatrics and Gerontology, University of Wisconsin School of Medicine and Public Health*

**Wednesday, January 22, 2025**

**4:00 - 5:00 PM**

Parnassus, HSW-300

[Register here](#)

[View Past Grand Rounds Recordings](#)

## GRATITUDE

This Gratitude section is an opportunity for us to post thank-you/gratitude messages to each other. Please email your gratitude posts to [Caroline.Ziesmer@ucsf.edu](mailto:Caroline.Ziesmer@ucsf.edu) to include in future newsletters.



For this month's cookies and crafts, the fellows made their own linoleum block print cards.

- Evie Kalmar



## GERI BLUESKY POST OF THE WEEK

“



That's dedication: When a nursing home patient is missing a diet order,  
[@alexsmithmd.bsky.social](https://bsky.app/profile/alexsmithmd.bsky.social) will stop eating his ravioli and pull out his computer.

#medsky

”

- [Eric Widera @ewidera.bsky.social](https://bsky.app/profile/ewidera.bsky.social)



**Grammarly** is available to the UCSF community as a **powerful writing tool** that reviews grammar, spelling, punctuation, and tone while offering features like plagiarism checks, style guides, and a citation generator.

By supporting clear and accessible communication, Grammarly aligns with UCSF's PRIDE values, fostering diversity, integrity, and excellence across our work and learning environments.

[Learn more](#)

## GERI COMMUNITY RESOURCE

Welcome to UCSF  
Geriatrics Community  
Resources



This week's Geri Community Resource is: **On Lok PACE**

On Lok PACE program provides full health care services and senior services that enhance seniors' independence and quality of life in the San Francisco Bay Area. The On Lok PACE program covers medical care, senior day programs, transportation, community group activities, home care, senior care, and meal delivery. Medi-Cal and Medicare benefits are covered by On Lok PACE. For more information visit their website: <https://www.onlok.org/pace> or contact 1-855-973-1110.



[Find Geriatrics  
Community  
Resources here](#)

## UPCOMING EVENTS

**January 15:** Geriatrics  
Works in Progress

8:30 - 9:40 AM

Speaker: TBD

[Zoom Link](#)

**January 22:** Geriatrics  
Works in Progress

8:30 - 9:40 AM

Speaker: TBD

[Zoom Link](#)

**January 22:** Geriatrics  
Grand Rounds

4:00-5:00PM

Speaker: Nate Chin MD (U  
Wisconsin)

Location: Parnassus, HSW-  
303

[Zoom Registration Link](#)

## EMPLOYMENT OPPORTUNITIES

**UCSF Division of Geriatrics  
is Recruiting!**

[Click here for more  
details>>](#)

**Current Career Opportunities:**

- [Clinician Educator \(JPF05152\)](#)
- [Research Scientist \(JPF04741\)](#)
- [Harris Fishbon Distinguished Professor for Clinical Translational Research in Aging \(JPF05153\)](#)
- [Research Associate \(82976BR\)](#)

## GIVING





Donations play a vital role in sustaining our Mission.  
[Learn More >>](#)

[Donate now](#)

For questions, comments, or suggestions, email [GeriAdmin@ucsf.edu](mailto:GeriAdmin@ucsf.edu)

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