

A multi-campus division

July 18th, 2025





Division of Geriatrics Department of Medicine



ZUCKERBERG SAN FRANCISCO GENERAL Hospital and Trauma Center



Louise Walter, MD is quoted in a UCSF Campus Life Services article about the importance of supporting faculty, staff and learners who are providing elder care. "It's time we stop seeing aging as a crisis," said Dr. Walter. "People are living longer. Let's build the systems that help them and their caregivers thrive." The article also highlights our Care at Home program's dramatic decrease in waitlist times.

Read article



Anna Chang, MD will be celebrated at the SFVA Director's Quarterly Awards Ceremony on Monday July 21st 12-pm in the SFVAMC Auditorium and over Teams for her 20 years of service to SFVA. Congratulations Anna!





We are proud to recognize the following division faculty who have recently completed a <u>Teach for UCSF</u> <u>Certificate</u> through the Center for Faculty Educators: Stacy Han, MD (Educator Essentials), Evie Kalmar, MD, MS (Education Leadership), Josette Rivera, MD (Interprofessional Teaching), and Todd James, MD (Interprofessional Teaching). Their commitment to lifelong learning strengthens not only their own teaching practice but also our division's ability to provide outstanding education to learners across UCSF.



James Deardorff, MD, Siqi Gan, MPH, Bocheng Jing, MS, John Boscardin, PhD, Alexander Smith, MD, MPH, MS, and Sei Lee, MD, MAS published an article entitled "A Multi-Outcome Prognostic Model for Community-Dwelling Older Adults Admitted to Skilled Nursing Facilities for Post-Acute Care" in the Journal of the American Medical Directors Association.



Matthew Growdon, MD, MPH, Bocheng Jing, MS, James Deardorff, MD, John Boscardin, PhD, Mike Steinman, MD, and others published "Loop diuretics and subsequent use of urinary symptom medications in older adults: evaluation of a possible prescribing cascade" in The Journal of Gerontology.



Please join us in welcoming **Renee Zhang**, our new Student Intern, to the Division of Geriatrics!

Renee is a fourth-year MD student at the University of California, San Francisco, currently learning qualitative methods as part of her Deep Explore project. She will be working with Dr. Theresa Allison on a study examining the impact of music on well-being following a new dementia diagnosis. Renee will engage in data collection, data analysis, and manuscript preparation, offering her valuable hands-on experience in an extensive mixed-methods research study.

Learn more







featuring Lori La Bey & Dr. Anna Chodos

From Awareness to Action: A Podcast on Changing Dementia Care Through Early Detection and Brain Health Plans

www.alzheimersspeaks.com www.DementiaCareAware.org

Tune in for a conversation with *Alzheimer's Speaks* on "From Awareness to Action: Changing Dementia Care Through Early Detection and Brain Health Plans".

Anna Chodos, MD, MPH, Executive Director of Dementia Care Aware, was a guest and discussed key topics in dementia care, including why early discussion of cognitive health with doctors is important, how families can communicate and share resources, and what are key ways to reduce dementia risk.

Listen here



Please join **Dementia Care Aware** at our next Zoom webinar, "Tried and True" and the New – Insights into Behavior Management in Dementia on Thursday, July 24, from 12 to 1 p.m. PT. <u>Register here.</u>

In this webinar, Dr. Sandeep Pagali will discuss different methods and tools to identify and quantify Behavioral and Psychological Symptoms of Dementia (BPSD). Learners will review evidence for non-pharmacological and pharmacological approaches to managing BPSD effectively. By the end of the session, learners will be able to identify key care transitions that support optimal BPSD management across various care settings.

Participants of the live webinar are eligible to receive 1 CE/CME credit, including AMA, ANCC, AAPA, and ASWB credit.

You may also sign up to take the cognitive health assessment training (1.5 CE and CME credit) at **www.dementiacareaware.org**.

GERIPAL BLOG



Death Anxiety: Dani Chammas & Keri Brenner

Visit the GeriPal Blog

GERIATRIC & PALLIATIVE MEDICINE GRAND ROUNDS



<u>Shari Ling, MD</u>, Deputy Chief Medical Officer, Centers for Medicare and Medicaid Services

> Wednesday, September 10, 2025 4:00 - 5:00 PM

View Past Grand Rounds Recordings

GRATITUDE

This Gratitude section is an opportunity for us to post thank-you/gratitude messages to each other. Please email your gratitude posts to Caroline.Ziesmer@ucsf.edu to include in future newsletters.



Just wanted to say a special thank you to you for teaching Vitaltalk with the fellows [last week]. I know it is not easy to give over a whole entire day to anything, and yet you've done this once or twice a year for many years now. The fellows learn a ton from you in and out of Vitaltalk, and we appreciate it!

Lynn

GERI SOCIAL MEDIA POST OF THE WEEK

"

- 1. Diversity in the social, environmental, structural, and other factors that influence our health and function as we age must be taken into account to optimize the health of older people.
- 2. Inclusivity in research is essential so that study participants reflect the diversity and demographic make-up of the population with the disease or condition.
- 3. Scientific discourse focused on advancing our understanding of aging must be respectful.

Many thanks to contributions from all authors and others who provided valuable feedback on drafts. https://agsjournals.onlinelibrary.wiley.com/doi/10.1111/jgs.19611 @amergeriatrics.bsky.social #geriatrics #DEImatters

"

- Alex Smith, MD @alexsmithmd.bsky.social

LEARNING & DEVELOPMENT OPPORTUNITIES



The Leadership Development Program provides an opportunity for a select group of staff to enhance their careers in the School of Medicine (SOM), and for the School to expand the pool of well-qualified candidates ready for advancement.

The application period is now open. Applications will be accepted until 11:59 pm on **Monday, August 4, 2025**. See below for further information.

On **Thursday**, **July 10**, **2025**, **12:05**-**1:15 pm**, we will hold a ZOOM information session about the SOM Leadership Development Program and the application process. If you would like to join the information session, please **register here**.

GERI COMMUNITY RESOURCE

Welcome to UCSF Geriatrics Community Resources



Institute on Aging

This week's Geri Community Resource is: The Institute on Aging's *Friendship Line*.

The Institute on Aging's Friendship

Line is the nations only accredited 24-hour toll-free crisis line specifically for adults aged 60+ and individuals living with disabilities. It offers both urgent crisis intervention and nonurgent emotional support.

In addition to receiving calls, the Friendship Line conducts regular outreach to help monitor callers' physical and mental well-being. Services include: Active suicide intervention, Emotional support and grief counseling, Elder abuse prevention and guidance, Well-being checks, and Information and referrals for isolated individuals. Call 800 – 971 – 0016 for more information!

> Find Geriatrics Community Resources here

UPCOMING EVENTS

July 23: Geriatrics Works in Progress 8:30 - 9:40 AM Speaker: Free for signup Zoom Link July 30: Geriatrics Works in Progress 8:30 - 9:40 AM Speaker: Free for signup Zoom Link August 6: Geriatrics Works in Progress 8:30 - 9:40 AM Speaker: Free for signup Zoom Link

EMPLOYMENT OPPORTUNITIES

UCSF Division of Geriatrics is Recruiting!

<u>Click here for more</u> <u>details>></u>

Current Career Opportunities:

- <u>Clinician Educator (JPF05568)</u>
- <u>Research Scientist (JPF05507)</u>
- <u>Harris Fishbon Distinguished Professor for</u> <u>Clinical Translational Research in Aging</u> (JPF05557)
- <u>Age-Friendly Health System (AFHS) QI</u> <u>Specialist (85257BR)</u>

