UCSF GeriNews

A multi-campus division

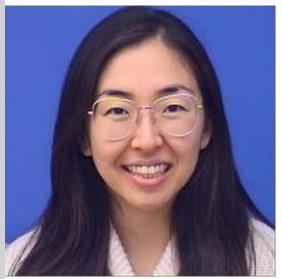
August 2nd, 2024











This week we are excited to welcome **Dr. Stacy Han** to the UCSF Division of Geriatrics faculty starting on August 1, 2024.

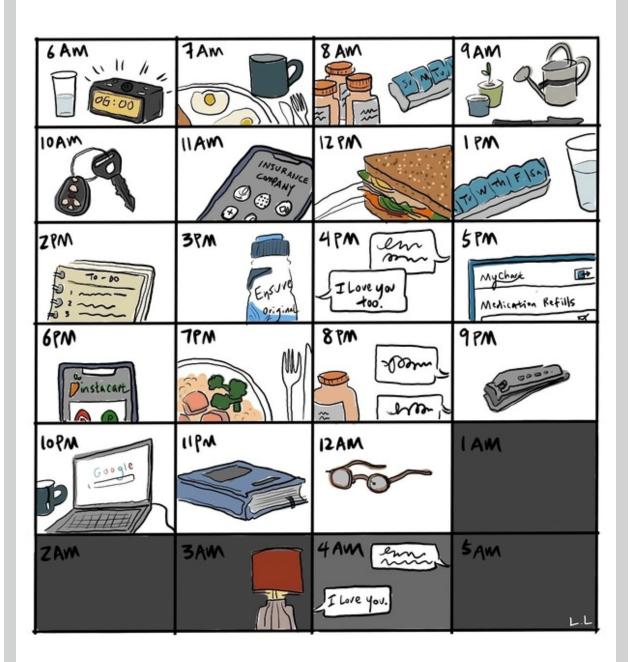
She is joining our clinician educator faculty and enjoys working in both outpatient and inpatient settings of care. She will be an attending physician in the UCSF Care at Home Program and the UCSF Inpatient Geriatrics Services at Parnassus.

<u>Learn more</u>

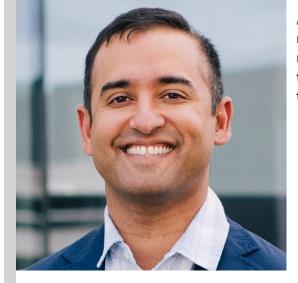




Gratefully introduced by <u>Dr. Sandra Moody</u>, <u>Dr. Anna Chang</u> and <u>Dr. Calvin Chou</u> were invited by the Japan Medical Education Foundation as plenary speakers at the 35th Forum for Medical Education with deans and leaders on the topic of medical student education in the clinical setting.



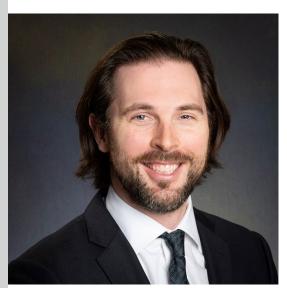
<u>Lingsheng Li, MD MHS</u> (@lingshengli)'s digital illustration titled, "<u>A Day in the Life of a Caregiver</u>" was featured in Closler.



Ashwin Kotwal, MD, MS, appeared on KQED's radio show "The Forum" today to discuss retirement and health. The recording will re-air tonight at 8 PM PST and is also available at this link.



Louise Walter, MD is featured in a U.S. News & World Report story, "8 Questions to Ask a Geriatrician at Your First Appointment," published on-line August 1, 2024. Dr. Walter is quoted throughout the story. For example, in response to the question about maintaining quality of life, Dr. Walter is quoted as saying: "I will often ask, 'What brings joy to your life?' so I can recommend medical care that really increases the chances that they're going to be able to do what they enjoy for as long as possible."



Matthew E. Growdon MD, MPH, Bocheng Jing MS, Kristine Yaffe MD, Leah S. Karliner MD, MAS, Katherine L. Possin PhD, Elena Portacolone MBA, MPH, PhD, W. John Boscardin PhD, Krista L. Harrison PhD, Michael A. Steinman MD published "High-risk medication use among older adults with cognitive impairment living alone in the United States" in JAGS.



Dr. Louise Aronson has been actively involved in the public discourse surrounding aging and President Biden's recent decision regarding his second term. She wrote an article for The Atlantic titled "Biden Made a Healthy Decision About Aging," which was picked up by KFF Health News and other media outlets. The article delves into the difficult conversations and the implications of President Biden's decision about running for a second term.

Read more



<u>Leah Witt, MD</u> has been accepted in <u>The Haile T.</u> <u>Debas Academy of Medical Educators!</u>

GERIPAL BLOG





Optimizing Nutrition in Aging: A Podcast with Anna Pleet, Elizabeth Eckstrom, and Emily Johnston

Visit the GeriPal Blog

GERIATRIC & PALLIATIVE MEDICINE GRAND ROUNDS



Sarah Hooper, JD, Professor of Practice and Executive Director of the UCSF/UC Law SF Consortium on Law, Science & Health Policy

Weds, September 25th, 2024

4:00 - 5:00 PM

Location: TBD

Zoom Registration Link (remote)

<u>View Past Grand Rounds Recordings</u>

This Gratitude section is an opportunity for us to post thank-you/gratitude messages to each other. Please email your gratitude posts to <u>Caroline.Ziesmer@ucsf.edu</u> to include in future newsletters.



Annual Core Admin Staff Appreciation Lunch

Thank you to all our amazing Geriatrics core admin staff! You are the backbone of our Division – ensuring our Division operations, finance, and HR functions run smoothly day in and day out. We are so lucky to have such an amazing team!

Bonus: Happy First Day to new faculty Stacy Han, MD!

- Louise & Karen

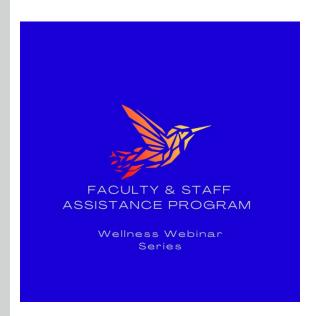
GERI TWEET OF THE WEEK

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"A patients way of coping isnt "good" or "bad"- its simply the patients best in a particular moment with the resources at hand. Acceptance isnt better than denial; humor isnt better than anger; finding meaning isnt better than renouncing all meaning" https://www.nejm.org/doi/full/10.1056/NEJMp2402142

,,

- Ken Covinsky @geri_doc



FSAP Webinar - Routinely Remarkable: Building Habits that Stick

Join the Faculty and Staff Assistance
Program (FSAP) on **Aug. 14 from noon-1 p.m.** for a compelling one-hour webinar that dives deep into the science of habit formation, offering practical guidance to revolutionize your daily routines. Whether you aim to establish new health habits, boost productivity, or foster positive behavioral changes, this session is tailored to set you on a successful path.

Visit <u>hr.ucsf.edu</u> for more information on the webinar and continuing support for building and maintaining habits.

Register

GERI COMMUNITY RESOURCE



This week's Geri Community Resource is: SilverRide.

SilverRide

SilverRide is redefining mobility for seniors with its tailored transportation solutions. The service offers door-to-door rides with trained drivers who provide not just transportation but also assistance with daily activities and errands. By prioritizing safety, convenience, and personalized care, SilverRide aims to enhance independence and improve the quality of life for older adults. For more information on how SilverRide can support senior mobility or to schedule a ride, contact them at 1-800-618-1246 or at reservations@silverride.com.

Find Geriatrics
Community
Resources here

UPCOMING EVENTS

August 7: Geriatrics Works

in Progress

8:30-9:40AM

Speaker: Dr. Brian Downer

Location: Geriatrics

Conference Room, Building

1 3rd Floor, SFVA

Zoom

August 14: Geriatrics Works

in Progress

8:30-9:40AM

Speaker: Dr. John Newman/

Jennifer Lai

Location: Geriatrics

Conference Room, Building

1 3rd Floor, SFVA

Zoom

August 21: Geriatrics Works

in Progress

8:30-9:40AM

Speaker: Dr. Angela Suen

Location: Geriatrics

Conference Room, Building

1 3rd Floor, SFVA

Zoom

EMPLOYMENT OPPORTUNITIES

UCSF Division of Geriatrics is Recruiting!

Click here for more details>>

Current Career Opportunities:

- Clinician Educator (JPF05152)
- Research Scientist (JPF04741)
- Harris Fishbon Distinguished Professor for Clinical Translational Research in Aging (JPF04285)
- Research Assistant III (RESEA001465)

GIVING



Donations play a vital role in sustaining our Mission. Learn More >>

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For questions, comments, or suggestions, email GeriAdmin@ucsf.edu

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