UCSF GeriNews

A multi-campus division

June 27th, 2025







ZUCKERBERG SAN FRANCISCO GENERAL Hospital and Trauma Center



Ashwin Kotwal, MD, MS was recently quoted in the San Francisco Chronicle article "How to make friends - in your 80s? This guidance from experts can help at any age" on the health benefits of close friendships in aging. His latest research on "The Association of Alzheimer's Disease Genetic Risk with Social Connectedness in Middle- And Older-Ages", featured in *BBC Science Focus*, reveals that middle-aged adults with higher genetic risk for Alzheimer's often have more active social lives-challenging assumptions that social withdrawal starts early. These findings offer new insights into how social behavior may signal early cognitive changes rather than protect against them.

GERIPAL BLOG

GeriaPal | Geriatrics & Palliative Care for All Healthcare Professionals

HEALTH AND WEALTH SHOCKS



Health and Wealth Shocks: Lauren Hunt, Rebecca Rodin, Tsai-Chin Cho

Visit the GeriPal Blog

GERIATRIC & PALLIATIVE MEDICINE GRAND ROUNDS



<u>Shari Ling, MD,</u> Deputy Chief Medical Officer, Centers for Medicare and Medicaid Services

Wednesday, September 10, 2025

4:00 - 5:00 PM

View Past Grand Rounds Recordings

GRATITUDE

This Gratitude section is an opportunity for us to post thank-you/gratitude messages to each other. Please email your gratitude posts to <u>Caroline.Ziesmer@ucsf.edu</u> to include in future newsletters.



We are thrilled to announce that our UCSF Division of Geriatrics has received **a generous anonymous donation** of **\$141,084.97** in support of the <u>Care at</u> <u>Home program</u>! This incredible gift will bolster Care at Home's vital mission of delivering home-based primary care and ongoing palliative care to homebound adults in San Francisco. We are deeply grateful for this support, which will significantly enhance our ability to provide compassionate and comprehensive care to those who need it most.

– Louise, Becki, Karen

LEARNING & DEVELOPMENT OPPORTUNITIES



Explore UCSF's Staff Resource Days: On-Demand Webinars Now Available

Discover UCSF programs that support your growth, spotlighting powerful employee resources for personal and professional development, including:

- <u>Networking, Skill Building, and</u>
 <u>AI-Driven Workforce</u>
 <u>Development effort at the UCSF</u>
- <u>Skill Building through the UCSF</u> <u>Talent Marketplace</u>
- <u>UCSF Professional</u>
 <u>Development Roadshow</u>

Empower your career; watch at your convenience.

GERI COMMUNITY RESOURCE

Welcome to UCSF Geriatrics Communit Resources



This week's Geri Community Resource is: <u>The Canon Kip Senior Center</u> (<u>CKSC</u>).

Canon Kip Senior Center

Located in San Francisco's SOMA district, CKSC is the only senior center in the area serving adults 60+ and adults with disabilities. Operated by Episcopal Community Services in partnership with the SF Department of Disability and Aging Services, CKSC

provides daily hot meals, a weekly food pantry, a drop-in center, case management, and social activities like exercise classes, karaoke, and cultural events. Many rely on CKSC for community, health support, and computer access. Learn more: https://ecs-sf.org/canon-kip-seniorcenter/

> Find Geriatrics Community Resources here

UPCOMING EVENTS

July 2: Geriatrics Works in Progress	July 9: Geriatrics Works in Progress	July 16: Geriatrics Works in Progress
8:30 - 9:40 AM	8:30 - 9:40 AM	8:30 - 9:40 AM
Speaker: Dr. James Deardorff	Speaker: Free for signup	Speaker: Free for signup
	Zoom Link	Zoom Link

Zoom Link

EMPLOYMENT OPPORTUNITIES

UCSF Division of	Current Career Opportunities:
Geriatrics is Recruiting!	Clinician Educator (JPF05568)
<u>Click here for more</u> <u>details>></u>	<u>Research Scientist (JPF05507)</u>

 Harris Fishbon Distinguished Professor for Clinical Translational Research in Aging (JPF05557)

GIVING



Donations play a vital role in sustaining our Mission. Learn More >>

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For questions, comments, or suggestions, email GeriAdmin@ucsf.edu

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