

UCSF GeriNews

A multi-campus division

June 7th, 2024



Please join us in welcoming **Morgan Nguyen**, Program Manager for [Dr. Theresa Allison's](#) Music & Dementia Lab (MuDL), to the UCSF Division of Geriatrics!

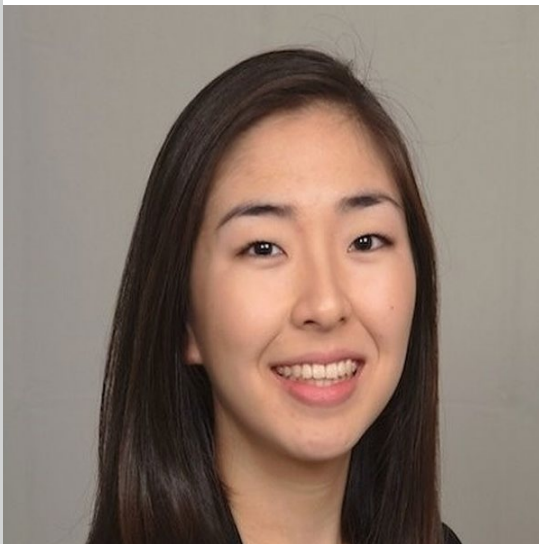
[Learn more about Morgan](#)



Please join us in welcoming **Mansi Dabholkar** (Student Intern) to our UCSF Division of Geriatrics!

Mansi is a third year Anthropology undergraduate student at Tulane University currently learning health sciences research in preparation for a future career in medicine. She is joining our team as a Student Intern working with Dr. Ashwin Kotwal on his research studies aimed at improving the quality of care for older adults.

[Learn more about Mansi](#)



[Stacy Han, MD](#) was chosen by the internal medicine residents to receive the Fellow of the Year award for the Geriatrics Fellowship. Each year, a survey is conducted within the internal medicine residency program to identify fellows who have excelled in teaching and collaboration with their housestaff.



[Michi Yukawa, MD, MPH](#) has been appointed as the President of the newly aligned Southwest Regional Society of General Internal Medicine (SGIM).

[Michi Yukawa, MD, MPH](#) also participated as a panelist in the "Help and Hope: Walking the Dementia Journey Together" Zoom webinar on May 19, 2024. The event, sponsored by the Alzheimer's Association, Kimochi Inc, J Sei, and Yu-Ai Kai, focused on the challenges faced by Asian American dementia patients. During the webinar, which was attended by 98 participants, Dr. Yukawa discussed the diagnosis and management of dementia.



[Mitchel Erickson, DNP, MS, BSN, BSc, ACNP-C](#) has been promoted to Full Clinical Professor and has been invited to present at the California Assisted Living Association (CALA) conference.

[Learn more](#)



[Matthew Growdon, MD, MPH](#) has secured a [UCSF REAC Team Science grant](#) to investigate potentially inappropriate medication use in older adults with chronic kidney disease (CKD). The project is led by Principal Investigators [Matthew Growdon, MD, MPH](#), [Chi Chu, MD, MAS](#), and [Diana Kwong, MD, MAS](#), with additional contributions from researchers [Kanan Patel, MPH, MBBS](#), [John Boscardin, PhD](#), and [Rebecca Leon, PharmD](#).



On May 31st, at the [CAGI Conference](#) held at UC Irvine, [Stephanie Rogers, MD](#) and [Sasha Binford, PhD, MS, RN, PHN, AGCNS-BC](#), presented "Association between Adherence to the Age-Friendly Health System's 4M Framework and Health System Outcomes." [Nida Degesys, MD](#), and [Melissa Coloma, MS3](#), also presented posters. These presentations were the result of collaborations between the Division of Geriatrics and the Department of Emergency Medicine. The fully attended event was a success, drawing professionals working with older adults from across California and one attendee from Arizona.



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Ashwin A. Kotwal MD, MS, Irena Censer PhD, Lauren J. Hunt RN, PhD, FNP-BC, Claire Ankuda MD, MPH, MSc, Jacqueline M. Torres PhD, Alexander K. Smith MD, MS, MPH, Melissa Aldridge PhD, MBA, and Krista L. Harrison PhD published "[Psychosocial distress among spouses of persons with dementia before and after their partner's death](#)" in JAGS.



[Learn more](#)



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Karen de Sola-Smith, PhD, AGPCNP-BC, MS, MA, Joni Gilissen, PhD, Jenny T. van der Steen, PhD, Inbal Mayan, MD, Lieve Van den Block, PhD, Christine S. Ritchie, MD, MSPH, Lauren J. Hunt, PhD, RN published an article entitled, "[Palliative Care in Early Dementia: A Scoping Review](#)" in the Journal of Pain and Symptom Management.





Spotting Subtle Symptoms:

Early Dementia Detection for Families & Clinicians

Join us for a conversation with a clinician and a caregiver on the significance of routine cognitive screening tests and recognizing early signs of dementia.



Wagahta Semere,
MD, MHS
Clinician



Ty Lewis,
CDP, CADDCT
Caregiver



Anna Chodos,
MD, MPH
Moderator

JUNE 18, 2024

12-1 PM PST

www.DementiaCareAware.org



Please join Dementia Care Aware during brain health awareness month at our next Zoom webinar, “**Spotting Subtle Symptoms: Early Dementia Detection for Families and Clinicians**” on **Tuesday, June 18, 2024**, from **12 to 1 p.m.**

Please register for the webinar [here](#). In this webinar, Dr. Wagahta Semere, MD, MHS, of UCSF, and Ty Lewis, CDP, CADDCT, a caregiver of a person with dementia, will share their insights and experiences related to dementia detection and the dementia care journey.

The discussion will address the identification of early symptoms, the importance of screenings and clinical care, and the realities of caring for someone with dementia from both the caregiver and clinician perspectives.

Participants of the live webinar are eligible to receive 1 Continuing Medical Education (CME), California Marriage and Family Therapists (CAMFT), American Academy of Family Physicians (AAFP), and Maintenance of Certification (MOC) credit. You may also sign up to take the

cognitive health assessment training (1.5 CE and CME/MOC credit)
at www.dementiacareaware.org.

GERIATRIC & PALLIATIVE MEDICINE GRAND ROUNDS



[Keri Brenner, MD, MPA](#), Clinical Associate Professor of Medicine, Division of Primary Care and Population Health, Stanford University

[Danielle Chammas, MD](#), Palliative care physician, Department of Medicine, Division of Palliative Medicine, UCSF

[Daniel Shalev, MD](#), Assistant Professor of Medicine, Division of Geriatrics and Palliative Medicine, Professor of Medicine in Psychiatry, Department of Psychiatry Weill Cornell Medical College

Teaching Psychotherapeutic Concepts to Elevate Serious Illness Care: Shifting the Educational Paradigm

Wednesday, June 26, 2024 @ 4:00 - 5:00 PM

Location: Clinical Sciences, Room 1111 (CS-1111)

[Zoom Registration Link](#)

[View Past Grand Rounds Recordings](#)

GERIPAL BLOG

Geripal

Geriatrics & Palliative Care for
All Healthcare Professionals



Sexual Function in Serious Illness: Areej El-Jawahri, Sharon Bober, and Don Dizon

Visit the GeriPal Blog

GERI TWEET OF THE WEEK

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Happy “What Matters to You?” Day! <http://PrepareForYourCare.org> makes it easier to talk to your loved ones about what matters most to you. Check out our website’s

interactive 5 steps with video stories today! [#WMTY](#) [#ACP](#) [#WhatMatterstoYouDay](#)
[@TheIHI](#) [@UCSFGeriatrics](#)

”

- [Rebecca Sudore @prepareforcare](#)

LEARNING & DEVELOPMENT OPPORTUNITIES

Staff Resource Days 2024

CALENDAR OF EVENTS

MONDAY 6/3

8:10 AM – 9:00 AM
Morning Yoga and Stretch

11 AM – 2 PM
In-Person Watch Party Pop-up at Mission Bay

11:10 AM – 12:00 PM
Career Conversations with Paul Axelrod

1:10 PM – 2:00 PM
Career Pivots

2:05 PM – 2:30 PM
Tech Talks - Graphic Design Basics on Canva

TUESDAY 6/4

11 AM – 2 PM
In-Person Watch Party Pop-up at Mission Bay

11:10 AM – 12:00 PM
Navigating Wellness Conversations: Empowering Individuals and People Leaders

12:10 – 1:00 PM
Space for You: How, Why, and Where to Take a Break

1:10 – 2:00 PM
Community Wellbeing Grants 101 – Spotlighting Grantee Projects and Upcoming Cycle

2:05 – 2:30 PM
Tech Talks – Optimizing Smartsheets

3:30 – 4:20 PM
Your UC Retirement System

WEDNESDAY 6/5

11 AM – 2 PM
In-Person Watch Party Pop-up at Parnassus

11:10 AM – 12:00 PM
Restorative Justice – Cultivating Mutual Respect, Empathy, and Trust

12:10 – 1:00 PM
Career Journeys with Corey Jackson, Alejandra Rincón, and Clarice Estrada

1:10 – 2 PM
Investing in the UC Retirement Savings Program

2:05 – 2:30 PM
Tech Talks – Poll Everywhere Live Polling Toll for UCSF Staff

2:30 – 3:00 PM
Farm Fresh to You presents Organic Meal Prep


THURSDAY 6/6

11am – 2pm
IN-PERSON Resource Fair at Gene Friend Way, Mission Bay

FRIDAY 6/7

All Day:
Virtual Staff Development Day

View event calendar at tiny.ucsf.edu/SRD



[Recordings from Staff Resource Days, June 3-7](#)

Annual event connecting staff to UCSF and community resources that support personal and professional development. Many sessions were recorded and available on the Staff Resource Day website for viewing!

[View recordings](#)

OFFICE APPLICATION PEARL



RightFax FaxUtil

RightFax is a paperless faxing application that uses a computer to send and receive fax transmissions rather than a standard fax machine.

The RightFax service is free to users at UCSF for sending and receiving faxes from

their desktop computer via the RightFax FaxUtil application.

Please email Caroline.Ziesmer@ucsf.edu if you do not already have RightFax installed on your computer.

[Learn how to send outbound fax](#)

GERI COMMUNITY RESOURCE

Welcome to UCSF
Geriatrics Community
Resources



This week's Geri Community Resource is: [Talking Books and Braille Center](#).

The newly renovated Talking Books and Braille Center (TBBC) is associated with the National Library Service for the Blind and Physically Handicapped (NLS) at the Library of Congress and offers complimentary library services to San Francisco residents facing challenges accessing printed materials due to visual impairments or print disabilities.

Registered members can check out talking books, braille books, and audio-described DVDs. Additionally, a range of assistive technologies, such as computers, desktop video magnifiers, scanning and reading software, and a Braille embosser, are provided for use. Every month, TBBC hosts various community events including book clubs, a writer's salon, a Spanish-language music appreciation group, and personalized technical support sessions. Stay informed about TBBC activities by tuning in to their [newsletter!](#)



[Find Geriatrics
Community
Resources here](#)

UPCOMING EVENTS

June 12: Geriatrics Works in Progress

8:30-9:40AM

Speaker: Dr. Alasdair MacLulich

[Zoom](#)

June 19: Geriatrics Works in Progress

8:30-9:40AM

Speaker: Dr. Rose Penfold

Location: Geriatrics Conference Room, Building 1 3rd Floor, SFVA

[Zoom](#)

June 26: Geriatrics & Palliative Medicine Grand Rounds

4:00 - 5:00 PM

Speakers: [Keri Brenner, MD, MPA](#), [Danielle Chammas, MD](#), [Daniel Shalev, MD](#),

Location: Clinical Sciences, Room 1111 (CS-1111)

[Zoom Registration Link](#)

EMPLOYMENT OPPORTUNITIES

UCSF Division of Geriatrics is Recruiting!

[Click here for more details>>](#)

Current Career Opportunities:

- [Clinician Educator \(JPF04355\)](#)
- [Research Scientist \(JPF04741\)](#)
- [Harris Fishbon Distinguished Professor for Clinical Translational Research in Aging \(JPF04285\)](#)
- [Associate Research Finance Analyst \(75135BR\)](#)
- [Qualitative & Mixed Methods Analyst \(77950BR\)](#)
- [Assistant Clinical Research Coordinator \(78126BR\)](#)

GIVING



Donations play a vital role in sustaining our Mission. [Learn More >>](#)

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For questions, comments, or suggestions, email GeriAdmin@ucsf.edu

UCSF Division of Geriatrics | 490 Illinois Street, Floor 8, San Francisco, CA 94143 | geriatrics.ucsf.edu

