

UCSF GeriNews

A multi-campus division

March 21st, 2025



UCSF Division of Geriatrics
Department of Medicine



ZUCKERBERG
SAN FRANCISCO GENERAL
Hospital and Trauma Center



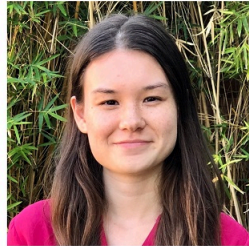
Ashwin Kotwal, MD, MS published the article "**Social Prescribing: A Geriatrician's Perspective**" in the March-April 2025 edition of the *Generations Today* newsletter by the American Society on Aging. The article is currently featured on the [Generations landing page](#).



Márlon Aliberti, MD, PhD and Thiago Avelino-Silva, MD, PhD published an editorial entitled "**Frailty Matters—Why Isn't It Guiding Clinical Decisions?**" in the *Journal of the American Geriatrics Society*.



As invited specialty discussants to the internal medicine M&M in the VA, [Kristie Hsu, MD](#) and [Stephanie Cordonnier, MD](#) provided geriatrics teaching points on functional assessment, delirium prevention and management, and approach to goals of care conversation on a hospitalized older veteran under the care of VA Home Base Primary Care.



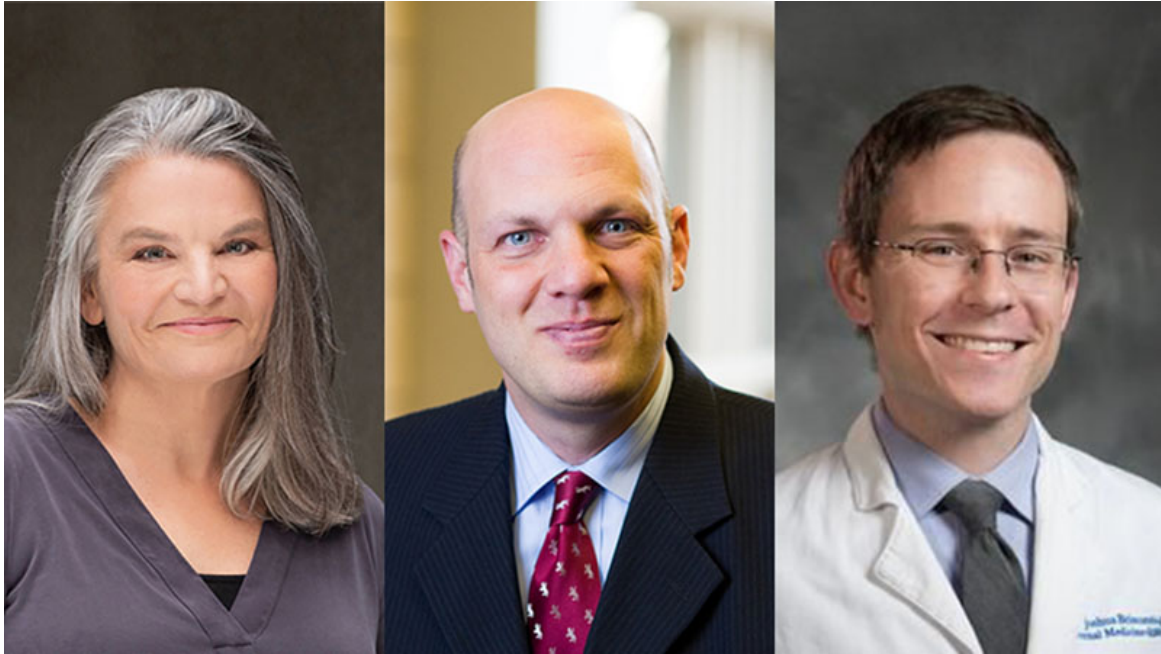
We're excited to share that the *Generations Today* journal, published by the American Society on Aging, has featured work from [the Division's Social Connections & Aging Lab](#) in its latest special issue on social prescribing, released just two days ago.



Two articles from our coalition are included in this important discussion:

□ [A Path Toward Universal Social Prescribing in the United States](#) – By Alan Siegel and [Carla Perissinotto, MD, MHS](#), exploring strategies to integrate social prescribing into U.S. healthcare systems.

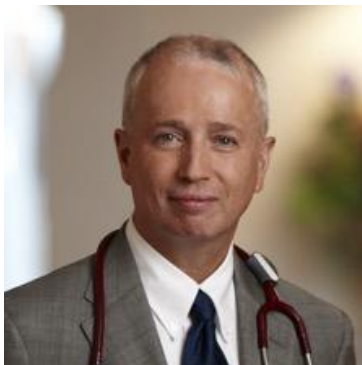
□ [Community Perspectives on Social Connection Programs](#) – By [Katrina Hough](#), [Ashwin Kotwal, MD, MS](#), and [Nandini Singh, MPH](#), examining how social connection initiatives impact communities.



[Hastening Death by Stopping Eating and Drinking: Hope Wechkin, Thaddeus Pope, & Josh Briscoe](#)

[Visit the GeriPal Blog](#)

GERIATRIC & PALLIATIVE MEDICINE GRAND ROUNDS



[Mike Malone, MD](#)

Medical Director of Aurora Health Care – Senior Services and the Aurora at Home; Clinical Adjunct Professor of Medicine, University of Wisconsin School of Medicine and Public Health

A Geriatrician as a Leader - Bringing "best practice" to an aging America

Wednesday, March 26, 2025

4:00 - 5:00 PM

Location: HSW-300 and via Zoom

[Register here](#)

[View Past Grand Rounds Recordings](#)

This Gratitude section is an opportunity for us to post thank-you/gratitude messages to each other. Please email your gratitude posts to Caroline.Ziesmer@ucsf.edu to include in future newsletters.



I wanted to share a lovely moment I had with a new patient. When **Theresa Cordova, RN** (VA outpatient palliative care clinic nurse) first talked to him a few weeks ago, she wrote: "Gave up chocolate chip cookies (his favorite treat) after his cancer diagnosis. Writer applauded his discipline but encouraged an after dinner chocolate chip cookie once in a while if they give him joy." I can confirm he's since restarted eating one cookie per day after dinner and shared that "it soothes my soul." He's coming to the SFVA for surgery next Tuesday and always has his friend bake a batch of his favorite chocolate chip cookies to share with the staff. He is reserving one for Theresa.

I also wanted to express my deep gratitude to our **GPEC leaders and administrative team at the VA** for all of their efforts to support us as individuals and as a division with the onslaught of changes these last few months.

Evie Kalmar, MD

GERI BLUESKY POST OF THE WEEK

“



Good to see the [@nytimes.com](https://www.nytimes.com) covering [the risk of hypoglycemia from intensive management of diabetes in older adults](#)

”

- Eric Widera, MD [@ewidera.bsky.social](https://twitter.com/ewidera)

LEARNING & DEVELOPMENT OPPORTUNITIES



You are invited to recognize outstanding UCSF School of Medicine (SOM) staff by submitting a **STAR Achievement Award** nomination by **Tuesday, April 1, 2025**. This award honors exceptional university service, significant contributions, and outstanding individual or team performance.

[Full eligibility details here](#)

GERI COMMUNITY RESOURCE



This week's Geri Community
Resource is: [The Bayview Hunters
Point Multipurpose Senior Center.](#)



Bayview Senior Services

[The Bayview Hunters Point Multipurpose Senior Center](#), also known as Bayview Senior Services, provides activities and programs focused on maintaining and improving the health, culture, and standard of living of African American seniors who have been a part of San Francisco communities for a long time. All seniors and people with disabilities are welcome to participate in Bayview Senior Services programs, which include three senior centers, wholesome meals, case management, information and referral, adult day health care, money management, housing advocacy, and assistance for seniors who have been involved in the legal system and return to our community. For more information, visit their website at <https://www.bhpmss.org/>.

Find Geriatrics
Community
Resources here

UPCOMING EVENTS

March 26: Geriatrics
Works in Progress
8:30 - 9:40 AM
Speaker: TBD
[Zoom Link](#)

March 26: Geriatrics and
Palliative Grand Rounds
4:00 - 5:00 PM
Speaker: [Mike Malone,](#)
[MD](#)
[Register here](#)

April 2: Geriatrics Works
in Progress
8:30 - 9:40 AM
Speaker: TBD
[Zoom Link](#)

EMPLOYMENT OPPORTUNITIES

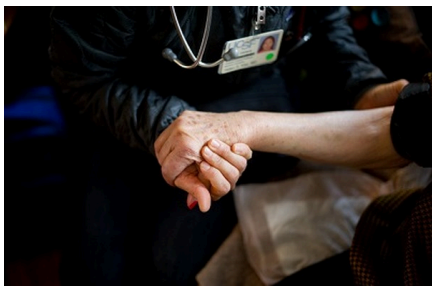
UCSF Division of Geriatrics is Recruiting!

[Click here for more details>>](#)

Current Career Opportunities:

- [Clinician Educator \(JPF05152\)](#).
- [Research Scientist \(JPF04741\)](#).
- [Harris Fishbon Distinguished Professor for Clinical Translational Research in Aging \(JPF05153\)](#).

GIVING



Donations play a vital role in sustaining our Mission. [Learn More >>](#)

[Donate now](#)

For questions, comments, or suggestions, email GeriAdmin@ucsf.edu

UCSF Division of Geriatrics | 490 Illinois Street, Floor 8, San Francisco, CA 94143 | geriatrics.ucsf.edu

