

UCSF GeriNews

A multi-campus division

March 28th, 2024



[Ashwin Kotwal, MD, MS](#) received the New Investigator Award at the [Annual Assembly of Hospice and Palliative Care](#).



[Rebecca Sudore, MD](#) will be honored at the 2023-2024 Academic Senate Distinguished Faculty Awards ceremony next Monday, April 1, 2024 at 11:00 am - 11:30am at Parnassus campus, room N-225 (next to the SON Building lobby), and via Zoom at <http://tiny.ucsf.edu/dfa2024>, Password: 489322. Please join if you can (in-person or via Zoom) to support Dr. Sudore!



[Ashwin A Kotwal, MD, MS](#), [Theresa A Allison, MD, PhD](#), [Madina Halim, BA](#), [Sarah B Garrett, PhD](#), [Carla M Perissinotto, MD, MHS](#), [Christine S Ritchie, MD, MSPH](#), [Alexander K Smith, MD, MS, MPH](#), and [Krista L Harrison, PhD](#) published an article entitled, "[Relationships, Very Quickly, Turn to Nothing](#)": Loneliness, Social Isolation, and Adaptation to Changing Social Lives Among Persons Living With Dementia and Care Partners" in *The Gerontologist*.



Please click on the [UCSF Health Recognition site](#) link and scroll to the video honoring [Dr. Stephanie Rogers](#) as a 2024 Exceptional Physician Awardee.

Congratulations Stephanie on this tremendous well-deserved award!

- [Dr. Louise Walter](#)



[Carla Perissinotto, MD, MHS](#) and [Ashwin Kotwal, MD, MS](#) will be serving as keynote speaker and panelist, respectively, at the Peninsula Family Service Thought Leader Series: "Overcoming the Epidemic of Loneliness: A Community Challenge" on Wednesday, April 3, 2024 at 8:30 - 11:30am at the Chan Zuckerberg Initiative Community Space at 801 Jefferson Ave, Redwood City, CA 94063.

[Reserve your free ticket](#)



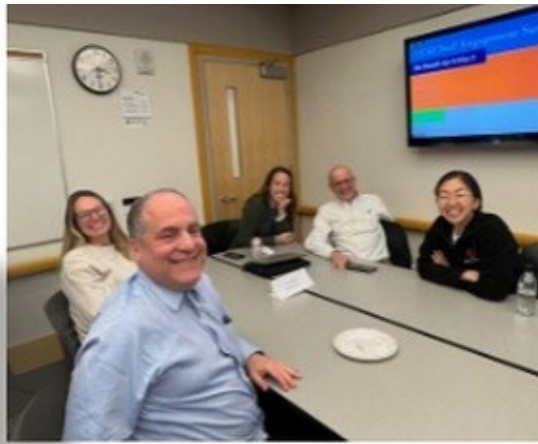
[Janice Schwartz, MD](#) published two papers in the Journal of American Geriatric Society entitled, "[Attitudes on participation in clinical drug trials: A nationally representative survey of older adults with multimorbidity](#)" and "[Addressing the gaps in evaluation of new drugs for older adults: Strategies from the International Union of Basic and Clinical Pharmacology \(IUPHAR\) Geriatric Committee](#)" focusing on increasing representation of older adults in clinical trials.

[Janice Schwartz, MD](#) is scheduled to present "Fountain of Youth: fighting ageing to prevent age-related Diseases" at the American Society of Clinical Pharmacology and Therapeutics on March 29, 2024 in Colorado Springs.



Along with colleagues from the California Department of Health Care Services (DHCS), [Dr. Anna Chodos](#) and [Clara Park](#) gave a presentation at the Adult Residential Care Facility for Person with Special Health Care Needs (ARFPSHN) Provider Workshop with the California Department of Developmental Services (DDS) on March 25. They presented to over 200 attendees on the Dementia Care Aware program and the various tools and resources it offers for primary care providers and team members in dementia screening.

UCSF DIVISION OF GERIATRICS



Division Wide Meeting 3/27/2024



Yesterday's Division meeting was a success! Highlights included enjoying tasty treats from CREAM SF during our Ice Cream Social and engaging in discussions led by facilitators from seven interest groups, covering topics such as Dementia, Implementation Science, and Medications. We encourage everyone to stay connected with these groups and consider joining the Division Social Committee to further foster connections.

Guest Sergio Lanata



Dementia Care Aware's
**NEW PODCAST
EPISODE #10**



www.DementiaCareAware.org
FREE CME/MOC/CAMFT and CE credit



Episode 10 of [Dementia Care on Air is now live!](#)

"Dementia Care Outreach and Education Strategies for Latinos" with [Serggio Lanata, MD, MS](#), and [Anna Chodos, MD, MPH](#) discuss providing dementia care and brain health education to Latino communities. Using San Francisco's efforts as examples, they discuss specific considerations and strategies for engaging different Latino populations, such as establishing partnerships with community-based clinics to bring cognitive assessments directly into the community. Learn specific ways to reach and educate older adult Latinos on brain health topics to help build cognitive health literacy and improve dementia care.

Check it out on [Spotify](#), [Apple Podcast](#), [YouTube](#), and [Amazon Music](#)

Podcast listeners are eligible to receive FREE CME/MOC, CAMFT, CE credit.

Dear Division and Friends,

You are invited to join our UCSF Care at Home Day of Remembering event on Thurs, 4/25 @4-6pm at the UCSF Faculty Alumni House. Please see event flyer below for more details and to RSVP.





UCSF CARE AT HOME DAY OF REMEMBERING

THURSDAY, APRIL 25
4-6PM

UCSF FACULTY ALUMNI HOUSE
745 PARNASSUS AVE, SAN FRANCISCO CA

Please join us in celebrating those we have cared for
in Care at Home.




Please RSVP with the QR code below or by calling
415-514-3577.

There will be an opportunity at the event to share a
photo and/or a brief reflection of your loved one, or you
can send us a story, memory or comment
using the QR code below.



The UCSF Faculty-Alumni House is
located at 745 Parnassus. Parking is
available for \$5 per hour in
the Millberry Union garage or in the
Kirkham lot at 2217 4th Ave.



HEALTH DISPARITIES



Drs. [Rebecca Sudore](#) and [Ken Covinsky](#) gave a talk on [overcoming disparities in older adult representation in research](#).

PATIENT CARE STORIES



Redacted and shortened message.

Dear Helen,

Our family conveys deep appreciation for your team's (including Tom, all UCSF Care at Home office and program members, especially Abigail, Kevin, Robert, and so on) support and medical care for our late mother. We're grateful for your sympathy and the condolence card you sent during this tough time. Your expertise and compassionate care made her final years comfortable and peaceful.

Our mother benefited greatly from the UCSF Care-at-Home program and we're grateful for the comfort she received in her home. We, her children, were also able to fulfill her wish of passing away peacefully at home.

On another note, [Related Individual] recently received approval from the San Francisco Housing Authority to join our mother's household under the Section 8 program. This was possible due to your introduction to Attorney [Lawyer], whose knowledge and dedication helped navigate bureaucratic hurdles, bringing relief and stability to [Related Individual].

Your team's kindness and compassion during this difficult period has made a significant impact. We also appreciate the assistance provided to [Related Individual] which was above and beyond.

We wish you and your team all the best.

Warm regards,

[Sender and Related Individual]

GERIATRIC & PALLIATIVE MEDICINE GRAND ROUNDS



[Lillian Min, MD, MSHS](#), Associate Professor, Geriatric and Palliative Medicine; Ambulatory Care Clinical Chief, Geriatrics, University of Michigan

The Year That Was (to be): Dementia Life Expectancy Prediction in Older Adults: Independent, Mobility-, and Functional-limited Years

[View Recording](#)

[View Past Grand Rounds Recordings](#)

GERIATRICS SPOTLIGHT

The Geriatrics Spotlight initiative fosters community building within the Division, especially during this age of hybrid/remote work where it can be challenging to find ways to interact with colleagues outside of your immediate teams. This is a way for Division members to learn more about all the wonderful work we're doing!



Angelin Cheng

Role: **Clinical Fellow**

Joined Division: **2023**

Work site: **SFVAHCS and from home in San Francisco, CA**

Email: angelin.cheng@ucsf.edu

What are some causes you care about?

Angelin cares about socially isolated older adults, driven by personal experiences within her own family. Witnessing the dire consequences of isolation, including compromised health, she is determined to make a difference. She is very intentional about reaching out to her older family members and calling them regularly.

Who is someone you admire, and why?

Angelin admires **Carla Perissinotto**! Carla convinced her to do geriatrics, and she's always been in awe of her courage and advocacy on behalf of older adults

[Learn more about Angelin](#)



Anna Chodos

Role: **Associate Professor of Clinical Medicine**

Joined Division: **2011**

Work site: **Mission Bay and ZSFG**

Email: anna.chodos@ucsf.edu

What's one "fun fact" about you that not many people know? (e.g., hidden talent)

Anna is an extremely fast eater-- the fastest eater in the Division!

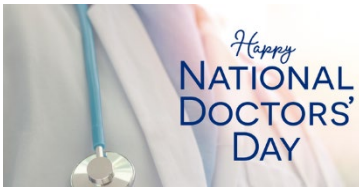
Who is someone you admire, and why?

Anna holds deep admiration for **Carla Perissinotto**, recognizing her unwavering commitment to important causes without any moral ambivalence. Carla's clear advocacy for critical issues resonates with Anna's values and inspires her own dedication to meaningful endeavors. She also admires **Josette Rivera** for her exceptional brilliance, extraordinary generosity, and unwavering reliability. Josette is remarkably kind.

[Learn more about Anna](#)

GRATITUDE

This Gratitude section is an opportunity for us to post thank-you/gratitude messages to each other. Please email your gratitude posts to Caroline.Ziesmer@ucsf.edu to include in future newsletters.



March 30th is National Doctor's Day so I would like to take this opportunity to send heartfelt thanks to all our doctors for the amazing medical care you provide to our patients. I'm told on a regular basis about the positive difference you are making in the lives of older people in the Bay Area and beyond. Medical care has become increasingly complex and the need for Geriatrics and Palliative Medicine expertise is great. I appreciate all of your hard work and dedication to improving the health and well-being of older people!

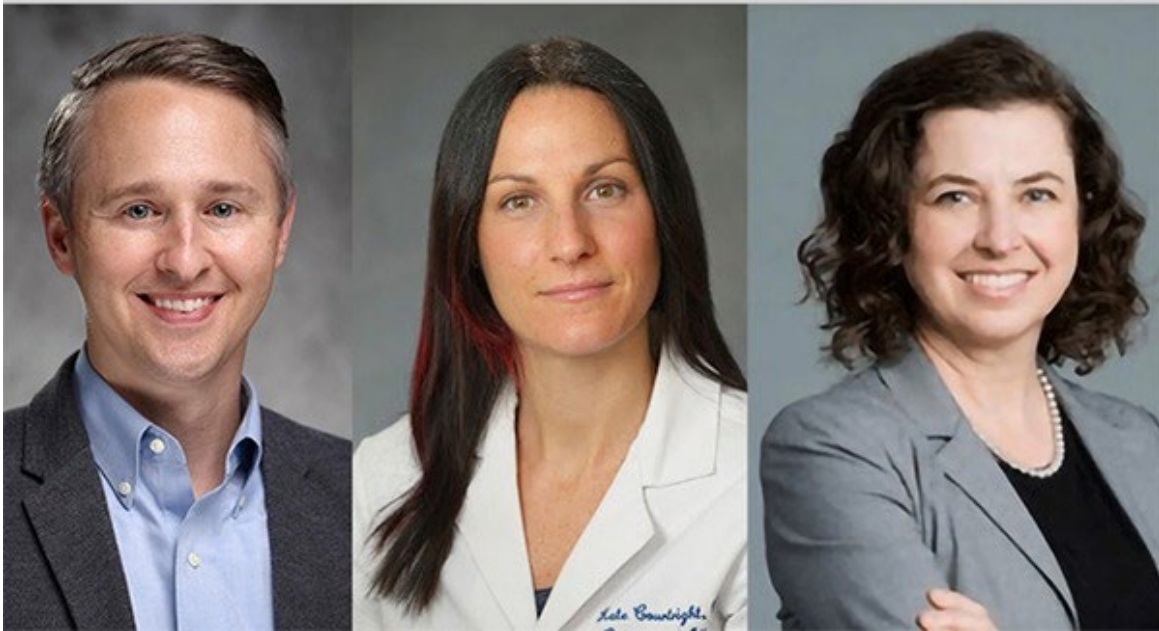
Thanks!

Louise

GERIPAL BLOG

Geripal

Geriatrics & Palliative Care for
All Healthcare Professionals



[PC Trials at State of Science: Tom LeBlanc, Kate Courtright, & Corita Grudzen](#)

[Visit the GeriPal Blog](#)

GERI TWEET OF THE WEEK

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NCIRE-supported Principal Investigator Michael Steinman, MD, is poised to co-lead the U.S. Deprescribing Research Networks' 2024 Annual Meeting on May 15th in Boston, MA, during the Society of General Internal Medicine Annual Meeting. Learn more: <https://deprescribingresearch.org/network-activities/annual-network-meeting/>

”

- [NCIRE@NCIREveterans](#)

LEARNING & DEVELOPMENT OPPORTUNITIES



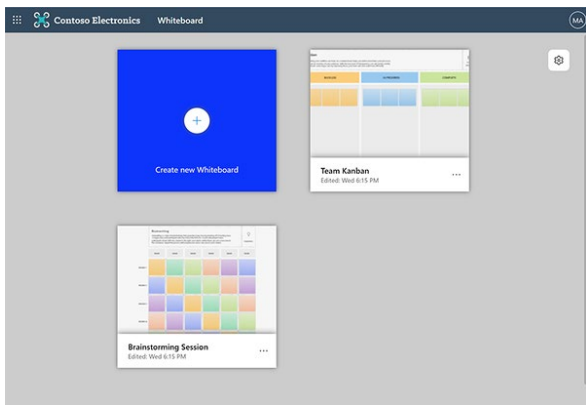
Clinical Trials Operations Principal Investigator (PI) Bootcamp

Dear PIs,

Are you ready to enhance your expertise in navigating the intricate landscape of clinical trials operations? Join this bootcamp for an immersive experience designed exclusively for Principal Investigators like you. This bootcamp aims to equip you with essential knowledge and resources crucial for conducting successful clinical trials right here at UCSF.

[Learn more](#)

MICROSOFT OFFICE PEARL



MS Teams virtual **Whiteboard** for team collaboration!

Whiteboard makes it easy to collaborate in the hybrid workplace or classroom. Brainstorm, plan, and share with others on a digital canvas, all in real time! Here are just some of the things you can do in Whiteboard:

- Running effective meetings
- Brainstorming
- Learning and coaching
- Sprint planning
- Project management
- Problem solving
- Continuous improvement
- Incident management

[Learn how](#)

GERI COMMUNITY RESOURCE

Welcome to UCSF
Geriatrics Community
Resources



The [AFA Teal Room](#) is your one-stop shop for virtual therapeutic activities to enjoy with your loved ones from the safety of your own home! Virtual therapeutic activities include creative arts therapies, music/performances, fitness/movement, nature-based programming, and more!



[Find Geriatrics
Community
Resources here](#)

UPCOMING EVENTS

April 3: Geriatrics Works in Progress

8:30-9:40AM

Speaker: Dr. Alexandra Lee

In-person: Geriatrics
Conference Room, Building
1 3rd Floor, SFVA

[Zoom](#)

April 10: Geriatrics Works in Progress

8:30-9:40AM

Speaker: Dr. Laura Plantinga

In-person: Geriatrics
Conference Room, Building
1 3rd Floor,

[Zoom](#)

April 17: Geriatrics Works in Progress

8:30-9:40AM

Speaker: Erin Ferguson

In-person: Geriatrics
Conference Room, Building
1 3rd Floor,

[Zoom](#)

EMPLOYMENT OPPORTUNITIES

**UCSF Division of Geriatrics
is Recruiting!**

[Click here for more
details>>](#)

Current Career Opportunities:

- [Clinician Educator \(JPF04355\)](#)
- [Research Scientist \(JPF04741\)](#)
- [Harris Fishbon Distinguished Professor for Clinical Translational Research in Aging \(JPF04285\)](#)
- [Program Manager \(STAFF001433\)](#)
- [Associate Research Finance Analyst \(75135BR\)](#)
- [Operations Manager \(77000BR\)](#)



Donations play a vital role in sustaining our Mission.

[Learn More >>](#)

[Donate now](#)

For questions, comments, or suggestions, email GeriAdmin@ucsf.edu

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