

UCSF GeriNews

A multi-campus division

May 31st, 2024



[Lingsheng Li, MD, MHS](#), [Jasmine Kang, MPH](#), [Brian Nguyen, BS](#), [Maxwell Ho, BA](#), [Andrew Li, BS](#), [Jonathan Shih, BS](#), [Ashwin Kotwal, MD, MS](#), [Jarmin Yeh, PhD, MPH](#), [Leah Karliner, MD](#), [Russell Jeung, PhD](#), and [Alexander Smith, MD, MPH, MS](#) published a paper titled, "[Hate has chipped away at my sense of security': A survey study of the impacts of anti-Asian hate on the health of older Asians.](#)" in JAGS.

Drs. Li, Smith, Kotwal, and team's work on the health impacts of anti-Asian hate on older Asian individuals was [featured as a news brief](#) by [Laura López González](#) at the UCSF News Center.



[Angela Suen, MD](#) was awarded an [ATS abstract award](#) and presented her work on the impact of social isolation and loneliness on mortality in COPD in a mini symposium.



[Sarah Ngo, MLIS](#) presented for the Versa GenAI Office Hours 5/29 on utilizing Versa, ChatGPT, and Perplexity.AI to optimize information retrieval and literature searching, decrease hallucinations, and to process citation metadata to conduct network analysis. It was a well-received presentation attended by 120 people from across UCSF.



Congratulations Mary Tran (Administrative Coordinator) for receiving a UCSF School of Medicine STAR Achievement Award. Mary was nominated by Louise C. Walter, MD, Rebecca Conant, MD, Stephanie Rogers, MS, MPH, MD, Karen Yuan, and Paula Sison for her outstanding contributions to the Division since she was hired in August 2022. Mary serves as our Division Events Coordinator, Staff Engagement Ambassador and supports various core admin functions including co-leading the Wellness Videos Project. She was nominated for exemplifying the [UCSF PRIDE Values](#) as well as for “[Nurturing UCSF’s Culture and Empowering Its People](#)”. Congratulations Mary on this well-deserved recognition!

-Louise & Karen



[Ken Covinsky, MD, MPH](#) was the Clin-STAR Distinguished Professor at the [American Thoracic Society International Conference](#) in San Diego this year. He presented at two scientific symposia on "Integrating Geriatric Principles & Practices Into Critical Care and ICU Recovery" and "State of the Science on ICU delirium".



**Thursday, June 13, 2024
12-1 p.m. via Zoom**

**You are invited to attend the
Dementia Care Aware Webinar Series**

**Dementia and the Asian
American and Pacific Islander
Population**

**Elena Tsoy, PhD, Clinical Neuropsychologist and Assistant
Professor, University of California, San Francisco**



<https://www.dementiacareaware.org/>

**Register
here →**



Please join [Dementia Care Aware](#) at our next Zoom webinar, “Dementia and the Asian American and Pacific Islander Population” on Thursday, June 13th from 12 to 1 p.m.

Please register for the webinar at:

https://ucsf.zoom.us/webinar/register/WN_kKMpDFooQfiMqZrlxufm7A

During this webinar, Elena Tsoy, PhD, from the University of California, San Francisco, will discuss cultural and linguistic considerations for Asian American and Pacific Islander patients with Dementia.

Participants of the live webinar are eligible to receive 1 Continuing Medical Education (CME), California Marriage and Family Therapists (CAMFT), American Academy of Family Physicians (AAFP), and Maintenance of Certification (MOC) credit.

You may also sign up to take the cognitive health assessment training (1.5 CE and CME/MOC credit) at www.dementiacareaware.org.

GERIATRIC & PALLIATIVE MEDICINE GRAND ROUNDS



[Keri Brenner, MD, MPA](#), Clinical Associate Professor of Medicine, Division of Primary Care and Population Health, Stanford University

[Danielle Chammas, MD](#), Palliative care physician, Department of Medicine, Division of Palliative Medicine, UCSF

[Daniel Shalev, MD](#), Assistant Professor of Medicine, Division of Geriatrics and Palliative Medicine, Professor of Medicine in Psychiatry, Department of Psychiatry Weill Cornell Medical College

Teaching Psychotherapeutic Concepts to Elevate Serious Illness Care: Shifting the Educational Paradigm

Wednesday, June 26, 2024 @ 4:00 - 5:00 PM

[Zoom Registration Link](#)

[View Past Grand Rounds Recordings](#)

GERIATRICS SPOTLIGHT

The Geriatrics Spotlight initiative fosters community building within the Division, especially during this age of hybrid/remote work where it can be challenging to find ways to interact with colleagues outside of your immediate teams. This is a way for Division members to learn more about all the wonderful work we're doing!

This week, we get to know our division members, **Landon Haller** and **Ying Shi**.



Landon Haller

Title: Research Programs Coordinator and Research Assistant for Geriatrics

Joined Division: 2021

Work site(s): Mission Bay and from home in San Francisco, CA

Email: Landon.Haller@ucsf.edu

What is a professional goal you would like to accomplish by the end of this year?

Landon's biggest professional goal at the moment is getting accepted into medical school.

What is the best advice you've ever heard?

"Don't climb mountains so that the world will see you. Climb mountains so that you can see the world.."

[Learn more about Landon](#)



Ying Shi

Title: Senior Statistician

Joined Division: 2012

Work site(s): SFVAHCS

Email: Ying.Shi@ucsf.edu

What is a professional goal you would like to accomplish by the end of this year?

A professional goal for Ying this year is to actively participate in more collaborative research projects within the division, providing statistical support and contributing to the interpretation of findings.

What is the best advice you've ever heard?

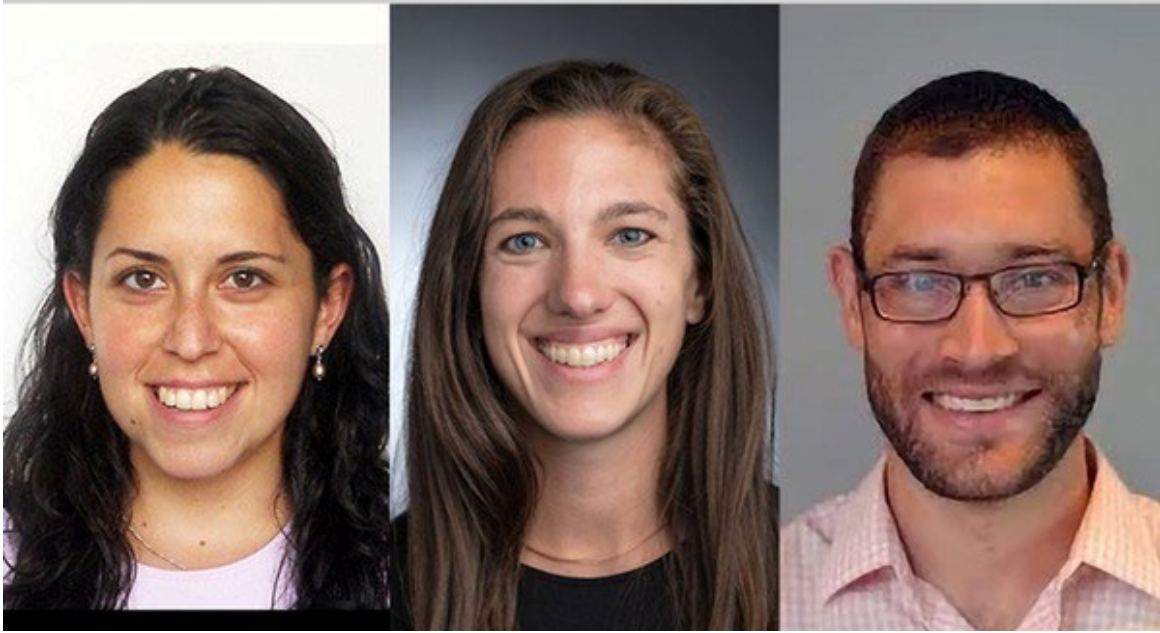
"The challenge comes to you because you are ready for it."

[Learn more about Ying](#)

GERIPAL BLOG

GeriPal

Geriatrics & Palliative Care for
All Healthcare Professionals



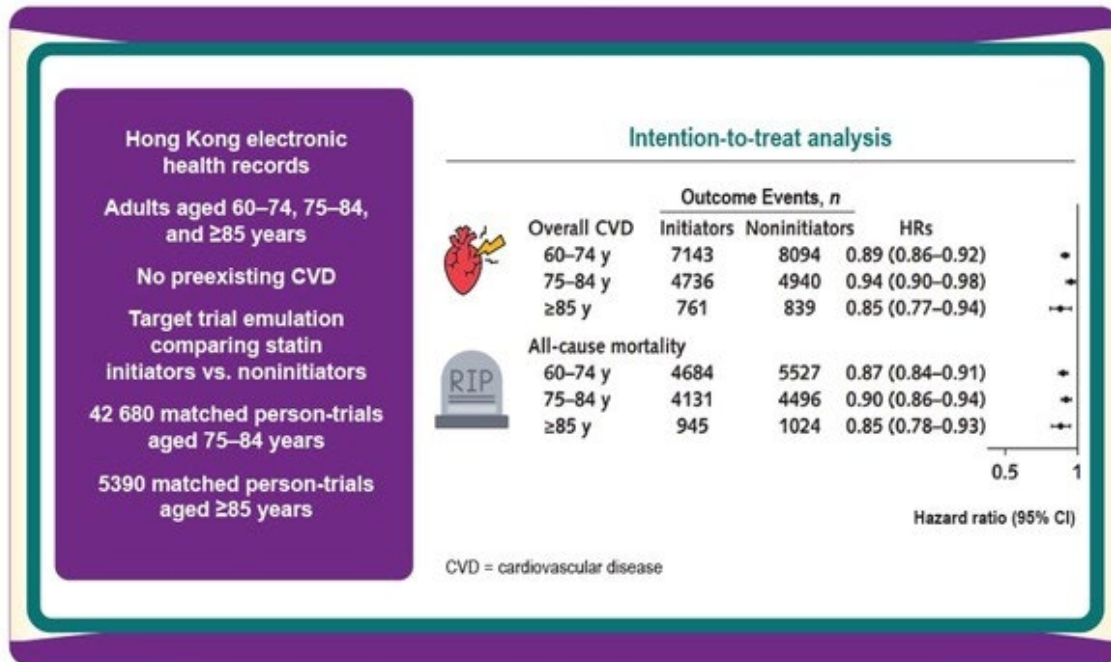
[Palliative Care for Kidney Failure: Sam Gelfand, Kate Sciacca, and Josh Lakin](#)

[Visit the GeriPal Blog](#)

GERI TWEET OF THE WEEK

“

What are the benefits and risks of statins for primary prevention in old (75–84 years) and very old (≥85 years) adults?



Annals of Internal Medicine
 Xu W, Lee AL, Lam CLK, et al. Benefits and risks associated with statin therapy for primary prevention in old and very old adults: Real-world evidence from a target trial emulation study. *Ann Intern Med*. 2024. [pub ahead of print]. doi:10.7326/M24-0004
<http://ajphjournals.org/doi/10.7326/M24-0004>
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"Benefits and Risks Associated With Statin Therapy for Primary Prevention in Old and Very Old Adults: Real-World Evidence From a Target Trial Emulation Study" (*Annals* 2024) - <https://acpjournals.org/doi/10.7326/M24-0004>

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- James Deardorff @wjdeardorff

LEARNING & DEVELOPMENT OPPORTUNITIES

Staff Resource Days 2024

CALENDAR OF EVENTS

MONDAY 6/3

8:10 AM - 9:00 AM
Morning Yoga and Stretch

11 AM - 2 PM
In-Person Watch Party Pop-up at Mission Bay

11:10 AM - 12:00 PM
Career Conversations with Paul Axelrod

1:10 PM - 2:00 PM
Career Pivots

2:05 PM - 2:30 PM
Tech Talks - Graphic Design Basics on Canva

TUESDAY 6/4

11 AM - 2 PM
In-Person Watch Party Pop-up at Mission Bay

11:10 AM - 12:00 PM
Navigating Wellness Conversations: Empowering Individuals and People Leaders

12:10 - 1:00 PM
Space for You! How, Why, and Where to Take a Break

1:10 - 2:00 PM
Community Wellbeing Grants 101 - Spotlighting Grantee Projects and Upcoming Cycle

2:05 - 2:30 PM
Tech Talks - Optimizing Smartsheets

3:30 - 4:20 PM
Your UC Retirement System

WEDNESDAY 6/5

11 AM - 2 PM
In-Person Watch Party Pop-up at Parnassus

11:10 AM - 12:00 PM
Restorative Justice - Cultivating Mutual Respect, Empathy, and Trust

12:10 - 1:00 PM
Career Journeys with Corey Jackson, Alejandra Rincón, and Clarice Estrada

1:10 - 2 PM
Investing in the UC Retirement Savings Program

2:05 - 2:30 PM
Tech Talks - Poll Everywhere Live Polling Toll for UCSF Staff

2:30 - 3:00 PM
Farm Fresh to You presents Organic Meal Prep

THURSDAY 6/6

11am - 2pm
IN-PERSON Resource Fair at Gene Friend Way, Mission Bay

FRIDAY 6/7

All Day:
Virtual Staff Development Day

View event calendar at tiny.ucsf.edu/SRD



Staff Resource Days, June 3-7

Annual event connecting staff to UCSF and community resources that support personal and professional development, including...

- **In-person staff resource fair June 6, 11am-2pm, Mission Bay Gene Friend Way**
Come meet and connect with representatives from organizations, committees, and resources for staff in a social, accessible outdoor environment!
- **Virtual workshops throughout the week** Enjoy 30min-1hr workshops on community, professional development, and wellness such as: [Career Pivots](#) | [Live Polling with Poll Everywhere](#) | [Career Conversations](#)

[Learn more](#)

GERI COMMUNITY RESOURCE

Welcome to UCSF
Geriatrics Community
Resources



This week's Geri Community Resource is: [Little Brothers Friends of the Elderly \(LBFE\)](#)



Little Brothers Friends of the Elderly (LBFE) is a non-profit organization, aiming to bring people together through life-enriching experiences between the young and old generations. LBFE has two main programs focused on reducing social

isolation through the support of volunteers; The first program (Volunteer Program) will have volunteers committed to visiting an older adult twice a month for 6 months with the aim of building a long-lasting friendship. The second program (Tech Allies) will have volunteers to train each elder for a weekly 8-week training course that covers the basics and essentials of using a tablet at their own home. Please contact 415-771-7957 or email info@littlebrotherssf.org to learn more!

[Find Geriatrics
Community
Resources here](#)

UPCOMING EVENTS

June 5: Geriatrics Works in Progress

8:30-9:40AM

Speaker: Dr. Lisa Simon

[Zoom](#)

June 12: Geriatrics Works in Progress

8:30-9:40AM

Speaker: Dr. Alasdair MacLulich

[Zoom](#)

June 19: Geriatrics Works in Progress

8:30-9:40AM

Speaker: Dr. Rose Penfold

Location: Geriatrics Conference Room, Building 1 3rd Floor, SFVA

[Zoom](#)

EMPLOYMENT OPPORTUNITIES

UCSF Division of Geriatrics is Recruiting!

[Click here for more details>>](#)

Current Career Opportunities:

- [Clinician Educator \(JPF04355\)](#)
- [Research Scientist \(JPF04741\)](#)
- [Harris Fishbon Distinguished Professor for Clinical Translational Research in Aging \(JPF04285\)](#)
- [Associate Research Finance Analyst \(75135BR\)](#)
- [Qualitative & Mixed Methods Analyst \(77950BR\)](#)
- [Assistant Clinical Research Coordinator \(78126BR\)](#)

GIVING



Donations play a vital role in sustaining our Mission.

[Learn More >>](#)

[Donate now](#)

For questions, comments, or suggestions, email GeriAdmin@ucsf.edu

UCSF Division of Geriatrics | 490 Illinois Street, Floor 8, San Francisco, CA 94143 | geriatrics.ucsf.edu

