

UCSF GeriNews

A multi-campus division

May 10th, 2024



Congratulations to **Landon Haller** (Research Programs Coordinator) for receiving a SPOT Award! Landon is being recognized for his tremendous work on the Pepper Center Research Performance Progress Report (RPPR) this year! His excellent support and collaboration with Research Management Services (RMS) helped us to complete this submission on time. Thank you Landon! -Ken & Karen



[Eric Widera, MD](#) published an editorial in JAMA IM on the “[Thinning Evidence for Thickened Liquid Diets in Dementia and Dysphagia](#)”.



[Lynn Flint, MD](#) was awarded the prestigious 2024 Hastings Center Cunniff-Dixon Mid-Career Physician Award that honors a mid-career physician who provides exemplary care to patients near the end of life. This award is based on technical competence, personal integrity, empathic dialogue with patients, active engagement with the family and loved ones, practical and heartfelt communication regarding advance directives, and compassionate alleviation of suffering. Read more here: <https://www.thehastingscenter.org/news/2024-hastings-center-cunniff-dixon-physician-awards-announced/>



[Matthew Growdon, MD](#) was awarded the [Health in Aging Foundation New Investigator Award](#) from the American Geriatrics Society (AGS). The Health in Aging Foundation New Investigator Awards are presented to individuals whose original research, as presented in a submitted abstract for an AGS Annual Scientific Meeting, reflects new and relevant research in geriatrics. The award is designed to recognize individuals who are committed to a career in aging research.



UCSF Division of Geriatrics staff had fun seeing, petting, brushing, feeding, and taking pictures with llamas at the Koret Quad in Mission Bay this past Wednesday, May 8th, 2024! [The llama event](#) was organized by UCSF Campus Life Services.

GERIATRIC & PALLIATIVE MEDICINE GRAND ROUNDS



[Eleni Linos, MD, MPH, DrPH](#)

Ben Davenport and Lucy Zhang Professor of Medicine; Director, Center for Digital Health; Professor of Dermatology and Epidemiology, Stanford University

Title: TBA

Wednesday, May 22, 2024 @ 4:00 - 5:00 PM

Location: TBD

[Zoom Registration Link](#)

[View Past Grand Rounds Recordings](#)

GERIATRICS SPOTLIGHT

The Geriatrics Spotlight initiative fosters community building within the Division, especially during this age of hybrid/remote work where it can be challenging to find ways to interact with colleagues outside of your immediate teams. This is a way for Division members to learn more about all the wonderful work we're doing!

This week, we get to know our division members, **Josette Rivera** and **Grisell Diaz-Ramirez**.



Josette Rivera

Role: **Professor of Medicine**

Joined Division: **2008**

Work site: **Mission Bay and from home in Mill Valley, CA**

Email: Josette.Rivera@ucsf.edu

What's one "fun fact" about you that not many people know? (e.g., hidden talent)

Josette is an analog lover in the digital world. Ask her about her typewriter collection. She also has a green thumb. She has several orchids over 10 years old she can still coax into blooming multiple times a year.

What is the best advice you've ever heard?

"It's a different bull when you're in the ring." - an old favorite from fellowship, from Tom Finucane

[Learn more about Josette](#)



Grisell Diaz-Ramirez

Role: **Senior Statistical Scientist**

Joined Division: **2015**

Work site: **from home in Emeryville, CA**

Email: Grisell.Diaz-Ramirez@ucsf.edu

What's one "fun fact" about you that not many people know? (e.g., hidden talent)

In her birthplace of Cuba, Griselle pursued a career as an ecologist. Her research focused on studying the genetic variation of iguana populations. To gather data, she frequented the keys surrounding the island, where she would capture iguanas and meticulously collect blood samples from them. Over time, Griselle mastered the art of drawing blood from these creatures, becoming quite proficient in her field.

GRATITUDE

This Gratitude section is an opportunity for us to post thank-you/gratitude messages to each other. Please email your gratitude posts to Caroline.Ziesmer@ucsf.edu to include in future newsletters.



In celebration of National Nurse's Week, we want to take a moment to express our deepest gratitude for the incredible work nurses do every day to improve the health and well-being of older people. Thank you for your dedication to providing compassionate and personalized care. Thank you for being a vital part of our team. Your commitment to person-centered care is inspiring and makes a meaningful difference in the lives of so many older people. We take this week as an opportunity to celebrate the incredible achievements of nurses and take pride in the positive impact you have on so many lives.

With heartfelt thanks,

Louise and Karen

GERIPAL BLOG

Geripal

Geriatrics & Palliative Care for
All Healthcare Professionals



[Public Facing Education via Social Media: A Podcast with Julie McFadden, Matt Tyler, Sammy Winemaker and Hsien Seow](#)

[Visit the GeriPal Blog](#)

GERI TWEET OF THE WEEK

“

Visual Transcripts in the Analysis of
Dementia Caregiving Relationships in the Home =
Enriching Findings Through Drawings



Lingsheng Li, MD MHS
UCSF, T32 Fellow



Jennie Gubner, PhD
UArizona



Theresa Allison, MD PhD
UCSF

We have No
Conflicts of Interest.

#AGS24

Poster
A92

5.8.24

AGS24
VIRTUAL ANNUAL SCIENTIFIC MEETING

Good morning #AGS24! Stop by our poster A92 to see how we used drawings to enrich findings from a qualitative study on dementia caregiving relationships in the home. [@gerimuse](#) [@AmerGeriatrics](#)

”

- [Lingsheng @lingshengli](#)

LEARNING & DEVELOPMENT OPPORTUNITIES



June 12 | 12:10-1pm | Virtual Event

[WIT@UCSF Tech Café - Canva Lab & Meet Magic Studio](#)

This is the second of four in our Tech Cafe Canva series. Participants will learn about Magic Studio, a feature that allows you to **edit your images with the powers of generative AI**, from UCSF's Canva Customer Success Manager, Bella Gonzalez-Vidana. Time will be allotted for Canva Lab, a place for peer to peer conversations for early adopters.

[RSVP to Attend](#)

GERI COMMUNITY RESOURCE

Welcome to UCSF
Geriatrics Community
Resources



This week's Bay Area Older Adult Community Resource is SF Home Care: <https://sfhomecare.com/>

SF Home Care offers expert in-home care services in the Bay Area, providing personalized support for individuals managing chronic diseases, age-related decline, post-surgery recovery, and dementia care needs. Their comprehensive services include medication management, meal preparation, light housekeeping, companionship, transportation, and



hospice care, all delivered by a highly trained and compassionate care staff. With a focus on fall prevention and injury avoidance, they tailor care plans to meet each family's specific requirements, ensuring comfort and peace of mind for loved ones in the comfort of their own home. Contact them at 415-961-0334 to learn more!

[Find Geriatrics
Community
Resources here](#)

UPCOMING EVENTS

May 15: Geriatrics Works in Progress

8:30-9:40AM

Speaker: Dr. Stephanie Cham

[Zoom](#)

May 22: Geriatric & Palliative Medicine Grand Rounds

4:00-5:00PM

Speaker: [Eleni Linos, MD, MPH, DrPH](#)

[Zoom Registration Link](#)

May 29: Geriatrics Works in Progress

8:30-9:40AM

Speaker: Dr. Benjamin Rosner

[Zoom](#)

EMPLOYMENT OPPORTUNITIES

UCSF Division of Geriatrics is Recruiting!

[Click here for more details>>](#)

Current Career Opportunities:

- [Clinician Educator \(JPF04355\)](#)
- [Research Scientist \(JPF04741\)](#)
- [Harris Fishbon Distinguished Professor for Clinical Translational Research in Aging \(JPF04285\)](#)
- [Associate Research Finance Analyst \(75135BR\)](#)
- [Qualitative & Mixed Methods Analyst \(77950BR\)](#)
- [Assistant Clinical Research Coordinator \(78126BR\)](#)

GIVING



Donations play a vital role in sustaining our Mission.

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For questions, comments, or suggestions, email GeriAdmin@ucsf.edu

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