

UCSF GeriNews

A multi-campus division

November 22nd, 2024



Welcome **Luisa Alejandra (Ale) Tello-Pérez, Program Manager for Dementia Care Aware (DCA)**, to the Division!

[Read more](#)



Congratulations to the [Tideswell Emerging Leaders in Aging Program \(ELIA\)](#) on raising close to \$72,000 so far towards their fundraising goal of \$150,000!

We are also thrilled to announce that we have opened a [call for applications](#) for the Class of 2025 Leadership Scholars. Thank you to everyone who've worked hard to make this happen, especially the ELIA Executive Team, UCSF Development Office, and of course, all of our wonderful and generous donors! Check out our [ELIA fundraising page](#) to learn more. - Louise & Karen



Congratulations to [Ashwin Kotwal, MD, MS](#) and [Carla Perissinotto, MD, MHS](#) on receiving a \$300,000 award from the [RRF Foundation for Aging](#) for their innovative project, "Improving Social Prescribing Decision Support for Community and Health Organizations"!

[Learn more](#)



[Janice Schwartz, MD](#) presented a talk entitled "Is Less More?" at the American Heart Association annual scientific meeting on Sunday, November 17, 2024 in Chicago, IL and also participated in a panel discussion on deprescribing.

How to Plan for Medical Care for Yourself or Loved Ones

Practical Tips from the PREPARE Program



Online, Secure, Care Planning Program in English & Spanish

[Rebecca Sudore, MD](#), gave a presentation on “How to Plan for Medical Care for Yourself or Loved Ones” on November 13, 2024. She discussed what advance care planning is and why it is important, as well as practical tips on how the [PREPARE Program](#) can help you have a voice in your medical care and help you support other people with their medical planning and decisions. The presentation was hosted by UCSF Family Services. You can find the [recording](#) on YouTube and view the slides [here](#).



EXCITING NEWS!



**Dementia Care Aware is Partnering
with West Health to Expand Early
Detection and Excellence in
Dementia Care!**

www.DementiaCareAware.org

[Anna Chodos, MD, MPH](#), received \$2.2M for a 2-year partnership with [West Health Institute](#) to continue [Dementia Care Aware](#), a statewide program to improve primary care's capacity for dementia detection and care. Dr. Chodos and her team, including [Josette Rivera, MD](#), are thrilled to continue their current work in training and education across the state and expand efforts to implement dementia care pathways in primary care that start with early detection.



Congratulations to [Sarah Ngo, MLIS](#) (Data Infrastructure Specialist) for receiving a [UCSF School of Medicine WINGS Staff Development Grant](#)! Sarah will be completing the course “Human-Centered Generative AI” at the Stanford Institute for Human-Centered Artificial Intelligence ([HAI](#)), a program headed by Dr. Fei Fei Li, who is one of the major figures in AI breakthroughs. In this course centered around integrating AI into Health and industry insights and trends for Health AI, Sarah will learn how other health institutions are using AI and what experts in the field perceive as upcoming trends to stay apprised of shifts in the knowledge landscape. We hope to learn more about Human-Centered Generative AI from Sarah as she continues to spearhead these efforts as our Division AI Champion. Congratulations Sarah!



[Coping with Serious Illness: Danielle Chammas and Amanda Moment](#)

[Visit the GeriPal Blog](#)

GERIATRICS SPOTLIGHT

The Geriatrics Spotlight initiative fosters community building within the Division, especially during this age of hybrid/remote work where it can be challenging to find ways to interact with colleagues outside of your immediate teams. This is a way for Division members to learn more about all the wonderful work we're doing!

This week, we get to know our division members, **Dustin Le** and **Melody Luo**.



Dustin Le

Title: Caregivers as Partners in Care Teams
Program Coordinator

Joined Division: 2024

Work site(s): Mission Bay and from home in Fremont, CA

Email: dustin.lee@ucsf.edu

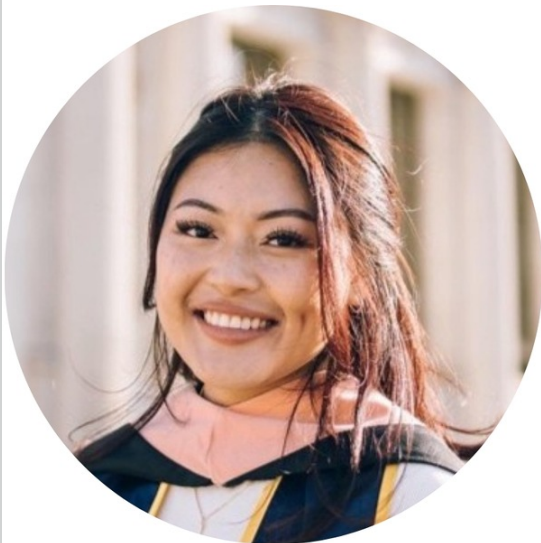
What's one "fun fact" about you that not many people know? (e.g., hidden talent)

Dustin solo traveled through Asia for three months!

What would your back-up career be?

Dustin would open a matcha coffee shop with a bunch of cats running around. He'd call it the "Cat-fe".

[Learn more about Dustin](#)



Melody Luo

Title: Age-Friendly Health Systems Quality Improvement Specialist

Joined Division: 2024

Work site(s): Parnassus and from home in San Francisco, CA

Email: melody.luo@ucsf.edu

What's one "fun fact" about you that not many people know? (e.g., hidden talent)

Melody can touch the tip of her tongue to the end of her chin.

What are you happiest doing in your free time?

Melody loved playing volleyball but had to stop recently due to an ACL injury.

[Learn more about Melody](#)



[Esther Oh, MD, PhD](#)

*Sarah Miller Coulson Human Aging Project Scholar;
Associate Professor, Division of Geriatric Medicine
and Gerontology, Johns Hopkins University School of
Medicine*

World Delirium Awareness Day - Translating Knowledge into Action

Wednesday, December 11th @4:00 - 5:00 PM

Health Sciences West Building, Room 300 (HSW-300)
(In-person)

[Zoom Registration](#) (remote)

[View Past Grand Rounds Recordings](#)

GRATITUDE

This Gratitude section is an opportunity for us to post thank-you/gratitude messages to each other. Please email your gratitude posts to Caroline.Ziesmer@ucsf.edu to include in future newsletters.



I wanted to send a **RECOGNIZE** to my campus colleague **KRISTA HARRISON**, Associate Professor in Geriatrics, for meeting with me and sharing about the support groups she ran during COVID. As we begin to launch our Family Services pilot program of support groups for employees who are caregivers of elderly relatives, I found there were so many little gems that we could learn from Krista's experiences. I applaud her for seeing a real need, and making it happen during that difficult and challenging time we were all going through.

I am sure the way you pulled people together to provide emotional support truly made a difference in peoples' lives, Krista. Thank you for being who you are, and for caring with such love and passion! I hope that we can deliver in a way that comes close to how you have been able to.

-Pam Su
Executive Director of Programs & Services, Campus
Life Services

GERI BLUESKY POST OF THE WEEK

“

Does your Division or Department have not only a **Bluesky account** but also a faculty starter pack? Mine now does! Time to lower that entry barrier

[#medsky go.bsky.app/9oRaamW](https://medsky.go.bsky.app/9oRaamW)

”

- **Eric Widera** @ewidera.bsky.social

LEARNING & DEVELOPMENT OPPORTUNITIES



Smartsheet Essential Training

Manage work smoothly with Smartsheet

This LinkedIn Learning course by Garrick Chow provides a comprehensive introduction to Smartsheet, covering account setup, sheet creation, formatting, and sharing, as well as features like formulas, attachments, and dashboards to enhance collaboration and project management.

[Launch LinkedIn course](#)

GERI COMMUNITY RESOURCE

Welcome to UCSF
Geriatrics Community
Resources



This week's Geri Community Resource is: [The California Healthier Living Program](#).

CALIFORNIA HEALTHIER LIVING

[The California Healthier Living Program](#) is a San Francisco program aimed at promoting healthier lifestyles for its residents. The Chronic Disease Self-Management program is a 6-week workshop teaching individuals with chronic conditions how to self-manage their own health. The in-person program aims to help participants manage problems such as preventing falls, eating healthier, and physical activities etc. that arise due to their conditions. For more information contact Ken Wong at 415-550-6002 or at kwong@onlok.org or head to [their website](#).

Find Geriatrics
Community
Resources here

UPCOMING EVENTS

November 27: Geriatrics Works in Progress
8:30 - 9:40 AM
Topic: Conference Abstract Session
[Zoom Link](#)

December 11: Geriatrics Grand Rounds
4:00-5:00PM
Speaker: Esther Oh MD, PhD (Johns Hopkins)
Location: Parnassus, HSW-303
[Zoom Registration Link](#)

January 22: Geriatrics Grand Rounds
4:00-5:00PM
Speaker: Nate Chin MD (U Wisconsin)
Location: Parnassus, HSW-303
[Zoom Registration Link](#)

EMPLOYMENT OPPORTUNITIES

UCSF Division of Geriatrics is Recruiting!
[Click here for more details>>](#)

Current Career Opportunities:

- [Clinician Educator \(JPF05152\)](#)
- [Research Scientist \(JPF04741\)](#)
- [Harris Fishbon Distinguished Professor for Clinical Translational Research in Aging \(JPF05153\)](#)

GIVING



Donations play a vital role in sustaining our Mission. [Learn More >>](#)

[Donate now](#)

For questions, comments, or suggestions, email GeriAdmin@ucsf.edu

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