## UCSF GeriNews

A multi-campus division

October 24th, 2025









# WHY AND HOW TO SCREEN FOR DEMENTIA

The third GERI Videos: Brain Health Topics video is here! Anna Chodos, MD, MPH, shares insights on "Why and How to Screen for Dementia". Early recognition of dementia can make a big difference. This video explains why screening is important, what tools are commonly used, and how screening helps guide care. It also touches on the benefits of timely diagnosis. You can check out this video and other videos in the series here.



# Congratulations to Siqi Gan Recipient of the NCIRE Special Contributions Award!

Congratulations to Siqi Gan,
MPH (NCIRE Principal Statistician)
who has been selected to receive
the well-deserved NCIRE Special
Contributions Award! Siqi was
nominated by Drs. Alex Smith, Sei
Lee, and Lauren Hunt, who
recognized her outstanding
contributions and dedication to
excellence throughout her tenure at
NCIRE as Senior and Principal
Statistician.

Learn more

Jasmine Santoyo-Olsson, DrPH,
MSc, Kenneth E. Covinsky, MD, and
others published "Utilization of homeand community-based services among
rural family caregivers of persons with
dementia: the role of the area
deprivation index" in Frontiers
in Public Health.







Anna Chodos, MD, MPH, Heather Schickedanz, MD, Freddi Segal-Gidan, PhD, PA, and Jarmin Yeh, PhD, MPH, MSSW published a point - counterpoint article titled "Benefit or harm? Arguments for and against early detection of dementia in primary care" in the latest edition of the Public Policy & Aging Report.

Anna Chodos, MD, MPH, continues to advance conversations on improving care for older adults and individuals with complex needs. She was recently featured in a *Healio* article highlighting the importance of early Alzheimer's detection and the role of primary care in timely diagnoses. Dr. Chodos also presented at the **Putting Care at the Center** conference in Portland, OR, where she and colleagues discussed promoting autonomy and identifying alternatives to guardianship in complex care systems.

Read more

**GERIPAL BLOG** 



Rethinking Slow Codes: Gina Piscitello, Parker Crutchfield, Jason
Wasserman

Visit the GeriPal Blog

#### **GERIATRIC & PALLIATIVE MEDICINE GRAND ROUNDS**



John Newman, MD, PhD, Associate Professor of Medicine, Assistant Professor (Buck Institute), Geriatrician, SFVAHCS

The Present and Future of Translational Geroscience

Watch recording



**Alex Smith, MD, MPH, MS**, Professor of Medicine, Division of Geriatrics, UCSF

**Eric Widera, MD**, Professor of Medicine, Division of Geriatrics, UCSF

### Lessons and Controversies From Nearly 400 GeriPal Podcasts

Wednesday, November 5, 2025 4:00 - 5:00 PM

Location: Parnassus at HSW-303

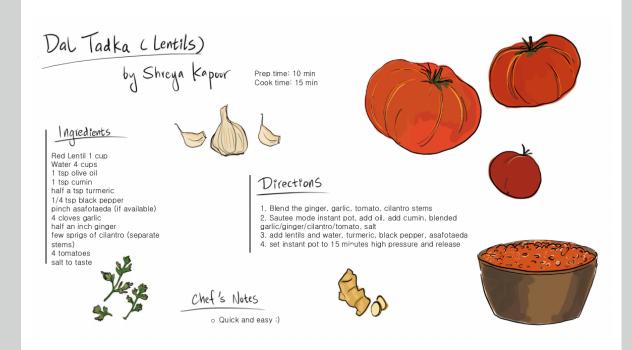
Register here

**View Past Grand Rounds Recordings** 

#### **GERI CHRONICLES COOKBOOK**

Food has a way of bringing people together and offering comfort and connection. Each week in GeriNews, we will share a recipe from our Geri Kitchen Chronicles Cookbook, comprised of recipes that our Division members love to make and share. We're delighted to share it with GeriNews subscribers as reminder of the joy that comes from sharing something homemade with our community.

Try this quick and easy weeknight recipe for <u>Dal Tadka (lentils) created by Dr. Shreya Kapoor!</u>



If you try any of the recipes featured, please share a photo with Caroline.Ziesmer@ucsf.edu so we can showcase your creation in GeriNews and our Division social media outlets!

#### **GERI SOCIAL MEDIA POST OF THE WEEK**

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- Jarmin Yeh @jarminyeh.bsky.social

#### **LEARNING & DEVELOPMENT OPPORTUNITIES**



## **Project Management Practices** and Tools

This half-day workshop by UCSF Learning & Organization Development builds project management skills and introduces useful tools. Seats fill quickly!

Wednesday, 1/14/2026, 9:00 am-12:00 pm, via Zoom

**Register Here** 

#### **GERI COMMUNITY RESOURCE**



This week's Geri Community
Resource is: CalFresh Restaurant
Meals Program (RMP).



Through the CalFresh Restaurant
Meals Program (RMP), eligible
CalFresh recipients in San Francisco
can use their EBT card to purchase
hot, prepared meals at participating
restaurants. The program is designed
for individuals who may not have the
means to prepare meals at home,
including older adults (age 60 and
over), people with disabilities, and
individuals experiencing
homelessness.

Learn more

#### **UPCOMING EVENTS**

October 29: Geriatrics Works in Progress

8:30 - 9:40 AM

Speaker: Free for sign-

up

Location: GPEC

Conference Room SFVA

**Zoom Link** 

**November 5:** Geriatrics Works in Progress

8:30 - 9:40 AM

Speaker: Free for sign-

up

Zoom Link

**November 12:** Geriatrics

Works in Progress

8:30 - 9:40 AM

Speaker: Free for sign-

up

Zoom Link

#### **EMPLOYMENT OPPORTUNITIES**

#### **UCSF Division of**

#### Geriatrics is

#### Recruiting!

Click here for more details>>

#### **Current Career Opportunities:**

- Clinician Educator (JPF05568)
- Research Scientist (JPF05507)
- Harris Fishbon Distinguished Professor for Clinical Translational Research in Aging (JPF05557)
- Administrative Coordinator (86541BR)

#### **GIVING**



Donations play a vital role in sustaining our Mission. Learn More >>

**Donate now** 

For questions, comments, or suggestions, email GeriAdmin@ucsf.edu

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