

UCSF GeriNews

A multi-campus division

October 31st, 2025



BRIEF COGNITIVE TESTS FOR DEMENTIA

[Anna Chodos, MD, MPH](#), is pleased to share the fourth video in the GERI Videos: Brain Health Topics video series, titled “[Brief Cognitive Tests for Dementia](#)”. Cognitive tests are a key part of identifying dementia. In this video, we discuss 3 main factors to consider when choosing a screening test most appropriate for a particular patient. [You can check out this video and other videos in the series here.](#)



[Nandini Singh, MPH](#), an Archstone Fellow, attended the Grantmakers in Aging (GIA) Conference last week, where she was invited to speak on the *Leaders of Today and Tomorrow Luncheon* panel. She shared how her experiences in community engagement and intergenerational connection continue to shape her “why” in the field of aging.

The [UCSF Age-Friendly Health System team](#) is sad to say goodbye to our outstanding QI Coordinator, [Melody Luo, MPH](#), whose compassion, leadership, and dedication to older adults have left a lasting mark on our community. Melody played a key role in reviving the UCSF ACE Unit Volunteer and ACE-ercise programs and has inspired countless colleagues and volunteers, including ACE Unit volunteer **Yvette Martin**, who recently shared [a heartfelt tribute](#) celebrating Melody’s mentorship and impact. As Melody moves to Southern California to be closer to family and continue her QI work at Kaiser, her positivity and contributions will be deeply missed and warmly remembered.





Dustin Le and Anna Chodos, MD, MPH from the Division's [Caregivers As Partners in Care Teams \(CAP-CT\) program](#) brought the Halloween spirit to life as Abby Saja from the hit *KPop Demon Hunters* movie!

GERIPAL BLOG

GeriPal

Geriatrics & Palliative Care for
All Healthcare Professionals

Medical Billing & Coding in Geriatrics



[Medical Billing and Coding in Geriatrics: Peter Hollmann, Ken Koncilja, and Audrey Chun](#)

[Visit the GeriPal Blog](#)



Alex Smith, MD, MPH, MS, Professor of Medicine,
Division of Geriatrics, UCSF

Eric Widera, MD, Professor of Medicine, Division of
Geriatrics, UCSF

Lessons and Controversies From Nearly 400 GeriPal Podcasts

Wednesday, November 5, 2025

4:00 - 5:00 PM

Location: Parnassus at HSW-303

[Register here](#)

[View Past Grand Rounds Recordings](#)

GERI CHRONICLES COOKBOOK

Food has a way of bringing people together and offering comfort and connection. Each week in GeriNews, we will share a recipe from our Geri Kitchen Chronicles Cookbook, comprised of recipes that our Division members love to make and share. We're delighted to share it with GeriNews subscribers as reminder of the joy that comes from sharing something homemade with our community.

Try this quick and easy weeknight recipe for [Megan Rathfon's Farro Salad!](#)

Farro Salad by Megan Rathfon

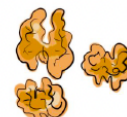
Prep time: 10-20 min

Cook time: 30 min (or however long it takes the squash and the farro to cook)

Ingredients

2 cups butternut squash (peeled, seeded and cut into 1 inch cubes, or buy pre-cut at TJ's)
1 tablespoon olive oil
1 tablespoon balsamic vinegar
1 tablespoon sage (chopped)

2 cups cooked farro (cooked as directed on package)
1/2 bunch swiss chard (cut into bite sized pieces and wilted)
1 handful red onion (chopped)
1/4 cup feta (crumbled)
1/4 cup walnuts (toasted)
2 tablespoons balsamic vinegar
1 tablespoon walnut oil (or olive oil)
salt and pepper to taste
1 teaspoon sage (chopped)



Directions

Directions:

1. Toss the squash in the oil and vinegar along with the sage.
2. Roast squash in a preheated 400F oven, tossing after 15 minutes, until the squash is tender, about 30 minutes.
3. Mix everything.

If you try any of the recipes featured, please share a photo with Caroline.Ziesmer@ucsf.edu so we can showcase your creation in GeriNews and our Division social media outlets!

GERI SOCIAL MEDIA POST OF THE WEEK

“

Lead the way in [#AdvanceCarePlanning](#) this season! See what's new from prepareforyourcare.org □ Read: conta.cc/4ottzIU □ Subscribe: prepareforyourcare.org/en/prepare/p... [#PREPAREforYourCare](#)

”

- **Rebecca Sudore** @prepareforyourcare.org

LEARNING & DEVELOPMENT OPPORTUNITIES



November 3 | 12:00-1:30pm | Virtual Event

[Taking Control of your Online Presence: Making an Online CV on GitHub Pages](#)

This hands-on workshop teaches students, faculty and staff the basics around promoting oneself professionally online. Attendees will learn about approaches to sharing their research on social media, on digital scholarship platforms like OrchidID or Google Scholar, and elsewhere on the web. In addition to this conceptual practice, attendees will learn the basics of GitHub pages, and use a template to prepare a free, professional-looking, public *curriculum vitae* (CV) on the GitHub platform, which they will be able to use to promote their work online.

GERI COMMUNITY RESOURCE



This week's Geri Community Resource is: [Community Resource Finder](#).

Community Resource Finder

The Alzheimer's Association and the American Association of Retired Persons (AARP) partners with HealthlinkDimensions to build this [Community Resource Finder](#), which aggregates and maintains basic information about licensed senior service providers in the US from several hundred sources at the federal, state, and local levels, as well as through senior service membership organizations. Basic information about non-licensed providers is collected from private sources. For more information, [check their website](#).

[Learn more](#)

UPCOMING EVENTS

November 5: Geriatrics Works in Progress

8:30 - 9:40 AM

Speaker: Free for sign-up

[Zoom Link](#)

November 5: Geriatric and Palliative Medicine Grand Round

4:00 - 5:00 PM

Speaker: Drs. Alex Smith and Eric Widera

Location: Parnassus at HSW-303

[Register here](#)

November 12: Geriatrics Works in Progress

8:30 - 9:40 AM

Speaker: Free for sign-up

[Zoom Link](#)

EMPLOYMENT OPPORTUNITIES

**UCSF Division of
Geriatrics is
Recruiting!**

[Click here for more
details>>](#)

Current Career Opportunities:

- [Clinician Educator \(JPF05568\)](#)
- [Research Scientist \(JPF05507\)](#)
- [Harris Fishbon Distinguished Professor for
Clinical Translational Research in Aging
\(JPF05557\)](#)
- [Administrative Coordinator \(86541BR\)](#)

GIVING



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Mission. [Learn More >>](#)

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