

UCSF GeriNews

A multi-campus division

October 10th, 2025



WHAT IS DEMENTIA?



[Anna Chodos, MD, MPH](#) is excited to launch GERI Videos: Brain Health Topics, a new dementia video mini series designed for clinicians working in geriatrics and primary care. The first video in the series is titled “[What is Dementia?](#)”. This video provides an overview of dementia and some common neurodegenerative diseases that cause dementia. Understanding these basics is the first step in supporting people living with dementia. [You can check out this video and other videos in the series here.](#)



UCSF Parnassus ED Achieves Level 1 Geriatric Accreditation

Congratulations to the [UCSF Medical Center Parnassus Emergency Department](#) for earning the Level 1 Geriatric Emergency Department Accreditation (GEDA) — the *gold standard* and highest level of excellence in care for older adults.

With leadership from [Nida F. Degesys, MD](#), [Mitchel Erickson, DNP, MS, BSN, BSc](#), [Todd James, MD](#), and an exceptional interprofessional team, this recognition from the [American College of Emergency Physicians \(ACEP\)](#) reflects UCSF's commitment to providing the highest-quality, age-friendly emergency care.



Members of the [UCSF Care at Home](#) team came together with their loved ones for a sunny Saturday picnic in Piper Park. The gathering celebrated the team's incredible work over the past year and marked the start of another year serving and caring for home-bound UCSF patients.

Thank you, Care at Home team, for all that you do to keep this vital Geriatrics program thriving!

**Margaret Wallhagen to Panel on
Advancing Hearing Healthcare for
Older Adults**

Margaret Wallhagen, PhD, GNP-BC, AGSF, FGSA, FAAN, will serve as a panelist for the **American Speech-Language-Hearing Association (ASHA)** webinar *“Bridging the Gap: Advancing Hearing Healthcare for Older Adults Through Interprofessional Collaboration.”*



- **Nov 4, 2025 | 12:00 PM PT**
- **Free Registration:** [Click here](#)

Join an interprofessional discussion on improving hearing care for older adults, featuring professionals in nursing, medicine, audiology, and social work. Panelists include Lauren Snedeker, Margaret Wallhagen, and Stephanie Nothelle, with moderator Danielle Powell.



UCSF Age-Friendly 4Ms Banners Installed Across Parnassus Hospital

The Age-Friendly Health System (AFHS) team, including Philip Garcia, MS, RN, Melody Luo, MPH, Stephanie Rogers, MD, and James Harrison, PhD are excited to announce the installation of the Age-Friendly Health System 4Ms banners across Parnassus Hospital, near the Moffitt and Long elevators! The AFHS team is actively sharing these banners to engage patients, families, and frontline staff in understanding the importance of the 4Ms model of care for older adults, as we prepare for upcoming CMS Medicare Inpatient Quality Reporting metrics.



Several members of our Division — Drs. [Lingsheng Li](#), [Eric Widera](#), [Krista Harrison](#), [Ken Covinsky](#), [Rebecca Sudore](#), [Brie Williams](#), [Alex Smith](#), [Ashwin Kotwal](#), and [Lauren Hunt](#) — had the wonderful opportunity to attend the **18th and final Kathleen Foley Palliative Care Retreat** in Banff. Surrounded by breathtaking mountain views, the group hiked scenic trails, spotted elk, painted landscapes, and most importantly, cherished meaningful time together as part of the Geri-Pal community. It was a memorable experience of reflection, connection, and celebration of the field's shared mission.

GERIPAL LIVE! at CAPC



[GeriPal Live! at CAPC: Karen Bullock, Kim Curseen, Matt Gonzales](#)

[Visit the GeriPal Blog](#)

GERIATRIC & PALLIATIVE MEDICINE GRAND ROUNDS



[John Newman, MD, PhD](#), Associate Professor of
Medicine, Assistant Professor (Buck Institute),
Geriatrician, SFVAHCS

The Present and Future of Translational Geroscience

Wednesday, October 22, 2025

4:00 - 5:00 PM

Location: Parnassus at HSW-303

[Register here](#)

[View Past Grand Rounds Recordings](#)

Food has a way of bringing people together and offering comfort and connection. Each week in GeriNews, we will share a recipe from our Geri Kitchen Chronicles Cookbook, comprised of recipes that our Division members love to make and share. We're delighted to share it with GeriNews subscribers as reminder of the joy that comes from sharing something homemade with our community.

As we approach the Fall season, we're sharing Division Staff [Karen Yuan's Wonton Recipe!](#)

Wontons by Karen Yuan

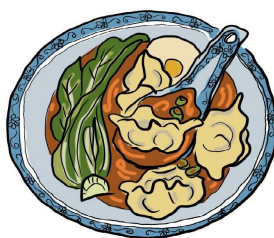
Ingredients

ground pork (1 lb)
peeled & deveined shrimp diced (1 lb)
wonton skin (1 pk)
white pepper (1 tsp)
salt (1 tsp)
sugar (1 tsp)
sesame oil (1 tbsp)
ginger & green onion water (1/2 cup)
ground toasted flounder powder (2 tbsp)
3 stalks green onion
1 inch ginger root
½ cup cold water

Chef's Notes

- o The ground toasted flounder powder is a secret ingredient. You probably won't be able to procure that, it's OK to omit.
- o There's no vegetarian option for this recipe I would stand behind.

Prep time: 15 min to chop shrimp, make onion/ginger water, and mix
Cook time: 1-1.5 hrs for wrapping all the wontons



Directions

To make the ginger & green onion water, chop up 3 stalks of green onion, 1 inch of ginger root, mix with 1/2 cup of cold water, squeeze it repeatedly in the water to make the juice. That helps to take away the porky-ness and fishy smells of the ground pork & shrimp filling. Go ahead and mix all the ingredients mentioned (except for the wonton skin wrapper of course).

Use water to seal the wonton skin, each wonton is about a tablespoon of filling.

Freeze immediately if not consuming right away.

To cook: Bring water to a boil, put wontons in, after they float, give it another 5 minutes or so (about 15-20 min total).



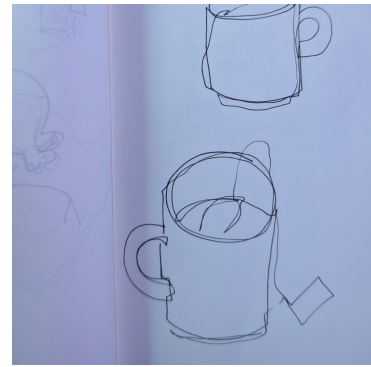
Cookbook Creations: Elaine Chow Tries Karen Yuan's Wonton Recipe

We love seeing our Division Cookbook in action!

Elaine Chow brought Karen Yuan's wonton recipe to life — and we're drooling just looking at it.

Who's trying the next recipe?

If you try any of the recipes featured, please share a photo with Caroline.Ziesmer@ucsf.edu so we can your creation in GeriNews and our Division X account!



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Sketches from the 18th annual & final Kathleen Foley Palliative Care Retreat & Research Symposium in Banff. What a joy it is to be a part of this community.

[@aahpm.bsky.social](https://aahpm.bsky.social)

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- Lingsheng Li, MD MHS [@lingshengli.bsky.social](https://lingshengli.bsky.social)

LEARNING & DEVELOPMENT OPPORTUNITIES



Strengthen Your Leadership with Leadership Development Programs

Prepare to lead with confidence, innovation, and purpose. The UCSF Leadership Institute is offering three leadership development programs this fiscal year for aspiring, early-career, and seasoned healthcare leaders employed by UCSF Health. Build practical skills, gain strategic insights, and grow your impact—no matter your role. Applications are due on November 14th and programs start in early 2026.

Not sure which program fits you? Join a virtual info session on October 13 at 2pm or October 31 at 1pm. Visit the [Leadership Institute website](#) to learn more.

[Learn more](#)



This week's Geri Community
Resource is: [Clarity Pro](https://pro.planforclarity.org)
(pro.planforclarity.org).

[Clarity Pro \(pro.planforclarity.org\)](https://pro.planforclarity.org) is a new free tool from the UCSF-UC Law SF Medical-Legal Partnership for Seniors to help health care teams identify the needs of low-income older adult patients and caregivers and connect them to the right supports. These tools are especially applicable to older individuals at risk of institutional long term care and/or conservatorship.

[Learn more](#)

UPCOMING EVENTS

October 15: Geriatrics
Works in Progress

8:30 - 9:40 AM

Speaker: Free for sign-
up

[Zoom Link](#)

October 22: Geriatrics
Works in Progress

8:30 - 9:40 AM

Speaker: Free for sign-
up

[Zoom Link](#)

October 22: Geriatrics
and Palliative Medicine
Grand Rounds

4:00 - 5:00 PM

Speaker: John Newman,
MD, PhD

Location: HSW-303 &
Zoom

[Register here](#)

EMPLOYMENT OPPORTUNITIES

**UCSF Division of
Geriatrics is
Recruiting!**

[Click here for more
details>>](#)

Current Career Opportunities:

- [Clinician Educator \(JPF05568\)](#)
- [Research Scientist \(JPF05507\)](#)
- [Harris Fishbon Distinguished Professor for Clinical Translational Research in Aging \(JPF05557\)](#)

GIVING



Donations play a vital role in sustaining our Mission. [Learn More >>](#)

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For questions, comments, or suggestions, email GeriAdmin@ucsf.edu

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