

# UCSF GeriNews

A multi-campus division

May 16th, 2025



## AGING IN AMERICA SURVIVE OR THRIVE

The [UCSF Division of Geriatrics](#) is featured prominently in the 1-hour documentary called "Aging in America: Survive or Thrive" which will be **airing in the Bay Area on KQED on May 18th at 6pm** and is currently airing on PBS across the country.

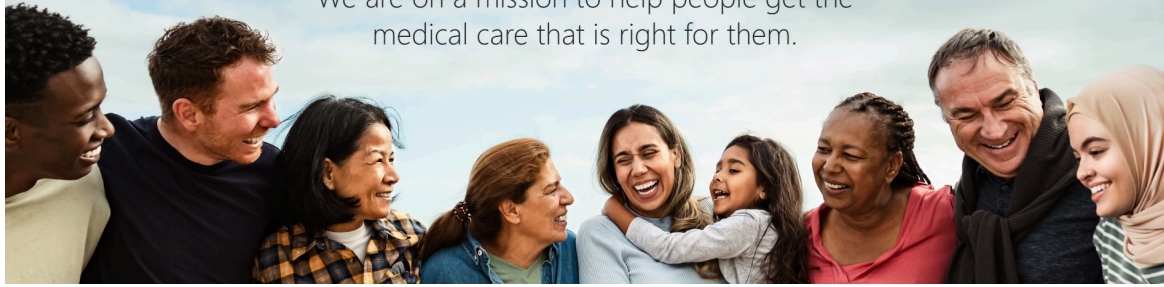
It is also **now available on the PBS website to [stream on your electronic devices](#)**.

**UCSF is featured about 20 minutes into the documentary, including [Tamika Bailey](#) when she was a fellow in our Care at Home Program, our colleagues in the [UCSF Age-Friendly Emergency Department](#) as well as [Louise Walter](#) and [Chris Cassel](#) providing commentary.**



## Helping People Have a Voice in Their Health Care

We are on a mission to help people get the medical care that is right for them.



Rebecca Sudore, MD's [PREPARE website](#) has been completely redesigned! This update was years in the making as they worked to obtain funding and incorporate patient, caregiver, clinician, and community feedback.

### What's New?

- ☐ Faster and easier to navigate
- ☐ More modern and accessible
- ☐ Reorganized layout for a better user journey
- ☐ New videos & educational content
- ☐ Fully available in English and Spanish
- ☐ Updated advance directives for all U.S. states, in multiple languages

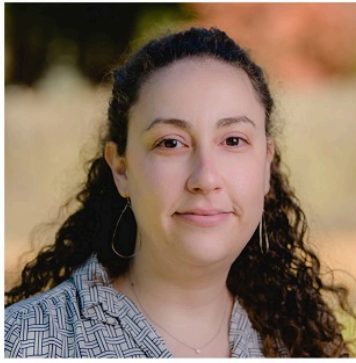
### Explore New Features:

- ☐ Streamlined experience for both new and tech-savvy users
- ☐ [Centralized tools for providers & community organizations](#)
- ☐ [Easier licensing & partnership options](#)
- ☐ Enhanced resources for caregivers

Come explore what's new → <https://prepareforyourcare.org/>

Help the PREPARE team get the word out by reposting or sharing announcements here:

- [Bluesky](#)
- [LinkedIn](#)
- [Facebook](#)
- [Newsletter](#)



Congratulations to the following faculty who were celebrated at the [Annual Department of Medicine 27th Annual Holly Smith Dinner and Faculty Awards!](#)

- [Jacklyn Katz](#): Academy of Medical Educators Excellence in Teaching Award
- [Leah Witt-Gaspard](#): Haile T. Debas Academy of Medical Educators
- [Alex Smith](#): American Academy of Hospice and Palliative Medicine Award for Excellence in Scientific Research in Palliative Care
- [Rebecca Conant](#): American Academy of Home Care Medicine House Call Physician of the Year and American Geriatrics Society Clinician of the Year
- [Lynn Flint](#): Hastings Center Cuniff-Dixon Foundation Physician Award
- [Sei Lee](#): U.S. Preventive Services Task Force

Your dedication to education, research, patient care, and public service in your area of expertise not only furthers UCSF's core missions but truly inspires all of us!

-Louise & Karen





[Anna Chang, MD](#) has been elected to serve as the Co-Interim Associate Dean for Curriculum, Longitudinal Programs. [Dr. Chang will oversee the longitudinal programs within the Bridges Curriculum.](#) These include the Coaching Program, Community Engagement, and the Clinical Microsystem Clerkship. She will also be the dean liaison for our joint degree programs and the PRIME-US and SJV PRIME and SJV PRIME+ parallel tracks.



[Ashwin Kotwal, MD, MS](#) was quoted in an article "[What you can do at every age to improve and preserve your brain health](#)" published in the San Francisco Chronicles.



Misplaced keys? Forgotten grocery items? Is it more than normal aging that merits an Alzheimer's biomarker for brain amyloid? [Eric Widera, MD](#) and [Ken Covinsky, MD, MPH's JAMA IM editorial](#) argues that we should be wary of the marketing push for the use of blood-based biomarkers in the primary care setting.



[Dr. Anna Chodos](#) was featured on KCBS Radio's *As Prescribed* podcast, where she discusses the importance of quality geriatric care that not only addresses the needs of aging patients but also supports their caregivers, backed by expanding resources and new Medicare programs.

Listen to the full interview here:

[Listen now](#)

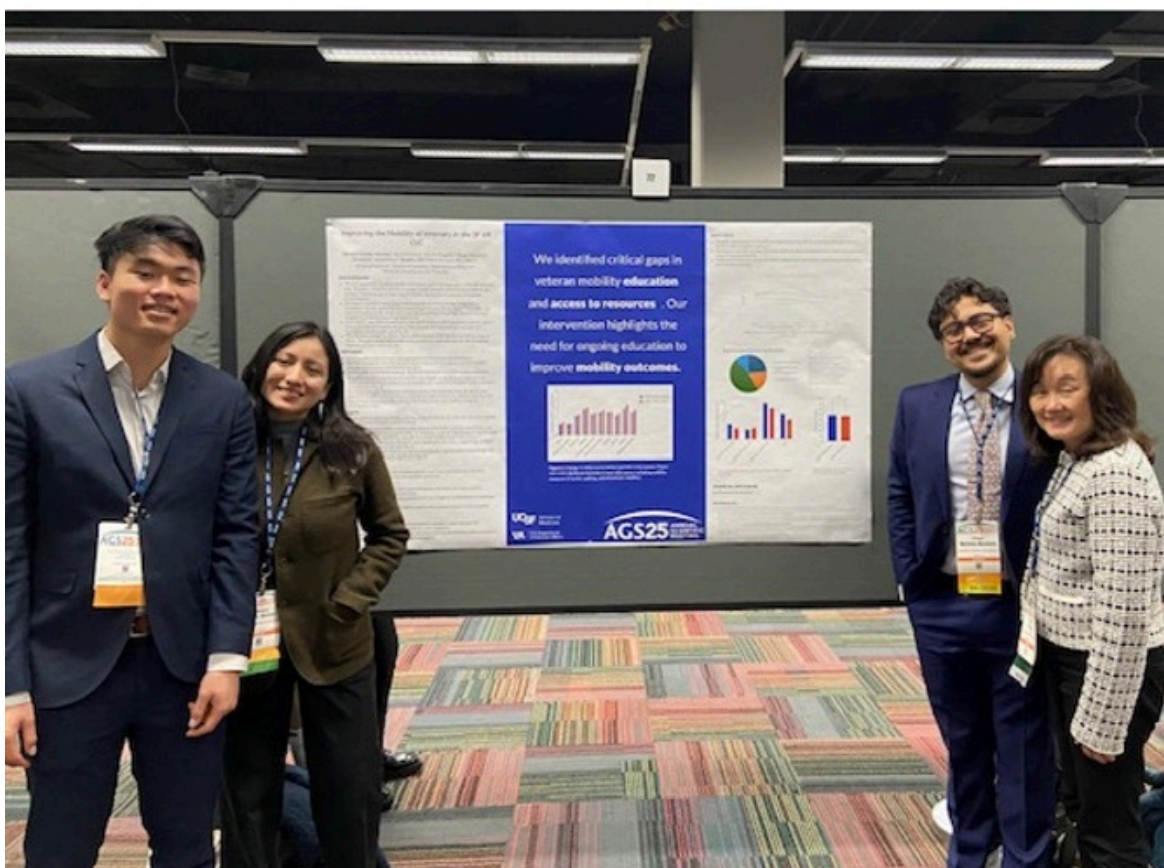
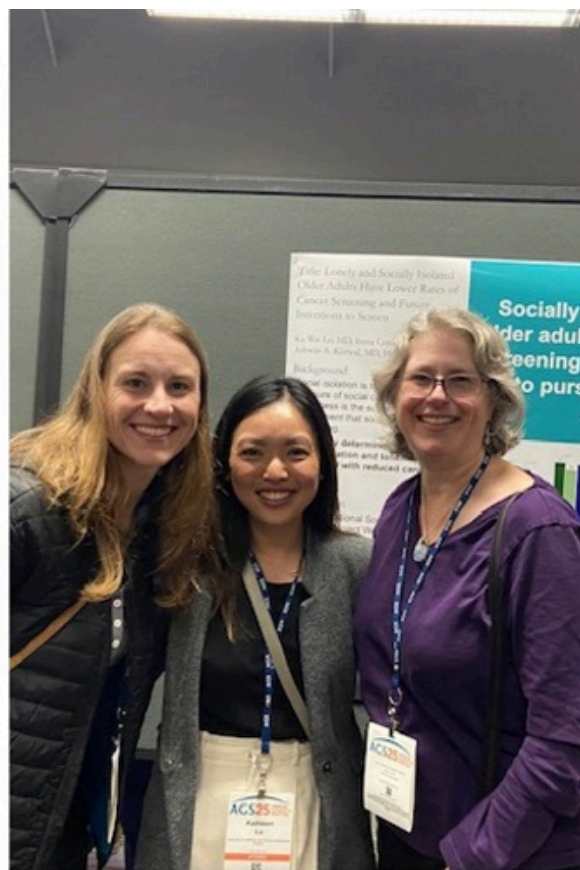
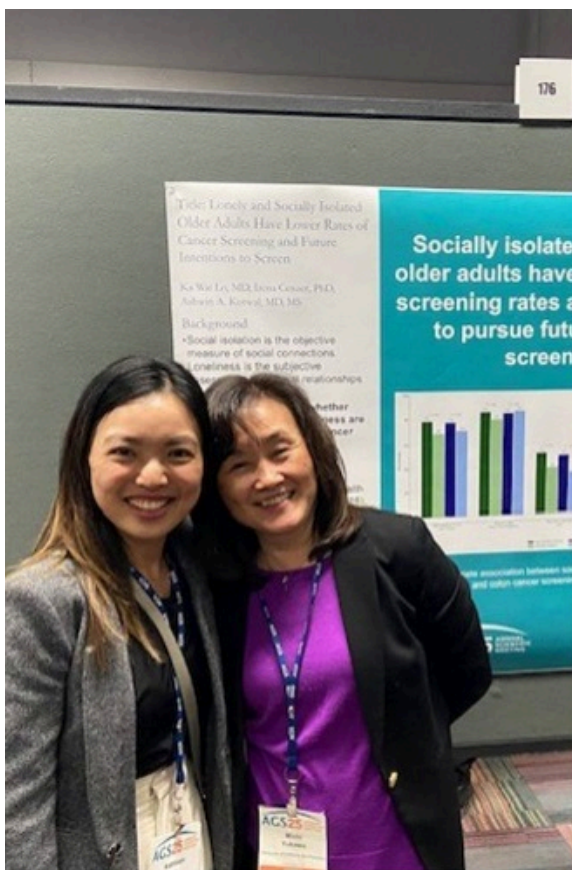


[Elizabeth Dzeng, PhD, MD, MPH, MPhil, MS](#) was recently featured in both print and audio media highlighting the 2025 Society of General Internal Medicine (SGIM) Annual Meeting. She was quoted in the *JAMA Internal Medicine* editorial, "[JAMA Internal Medicine at the 2025 Society of General Internal Medicine Annual Meeting](#)" which underscored key themes from the conference. Additionally, Dr. Dzeng shared her insights in the podcast episode "[3 Studies From the Society of General Internal Medicine Annual Meeting](#)," where she discussed recent research and its implications for the field of general internal medicine.



[Lauren Hunt, PhD, RN, FNP-BC](#), has received the [2025 Terrie Fox Wetle Rising Star Award in Health Services and Aging Research](#) from the American Federation for Aging Research. This prestigious award recognizes early- to mid-career investigators whose multidisciplinary work has made significant contributions to the field and holds strong potential to shape future practice and research.





[Michi Yukawa, MD](#) shared highlights from last week's American Geriatrics Society (AGS) Annual Meeting, where UCSF was well-represented. UCSF medical students presented their quality improvement work at the Community Living Center (CLC), showcasing their commitment to advancing care for older adults. [Kathleen Lo, MD](#) also presented a compelling poster on cancer screening rates among socially isolated older adults. Congratulations to all for their impactful contributions to geriatric care and research!



## SEASON 2, EPISODE 1



featuring Drs. Lawren Vandevrede & Anna Chodos

### Understanding the New Diagnostics & Treatments in Alzheimer's Disease

[www.DementiaCareAware.org/podcast](http://www.DementiaCareAware.org/podcast)  
FREE .5 AMA, AAPA, ANCC & AAFP credit

Season 2, Episode 1 of Dementia Care on Air is now live!

"Understanding the New Diagnostics and Treatments in Alzheimer's Disease Podcast" with Lawren Vandevrede, MD, PhD, Assistant Professor of Neurology at UCSF as he discusses past and current diagnostic criteria for a clinicopathological diagnosis of Alzheimer's disease and clinically accessible biomarker techniques used to confirm Alzheimer's and related neuropathologies.

Check it out on Spotify, Apple Podcast, Amazon Music, and YouTube

Podcast listeners are eligible to receive .5 AMA, AAPA, ANCC and AAFP credit.

Check out our training programs and resources  
at [www.DementiaCareAware.org](http://www.DementiaCareAware.org).





[Nudges for Prognosis and Comfort Care in the ICU: Kate Courtright, Scott Halpern, & Jaspal Singh](#)

[Visit the GeriPal Blog](#)

## GERIATRIC & PALLIATIVE MEDICINE GRAND ROUNDS



[Heather Schickedanz, MD](#), Chair, Harbor-UCLA  
Department of Family Medicine; Health Sciences  
Assistant Clinical Professor, David Geffen School of  
Medicine at UCLA; Chair, LA County Health Agency  
Geriatrics Workgroup

Wednesday, May 28, 2025

4:00 - 5:00 PM

Location: HSW-303 and via Zoom

[Register here](#)

[View Past Grand Rounds Recordings](#)

This Gratitude section is an opportunity for us to post thank-you/gratitude messages to each other. Please email your gratitude posts to [Caroline.Ziesmer@ucsf.edu](mailto:Caroline.Ziesmer@ucsf.edu) to include in future newsletters.



One of our Care at Home patients is celebrating her 102nd birthday, and her family would like to thank our Care at Home team for the wonderful care they've provided to their mom.

**GERI SOCIAL MEDIA POST OF THE WEEK**



“



Research is how we discover new medical treatments, stop avoidable harms, and create better ways to deliver care to the most vulnerable people in our communities.

And while federal funding is getting cut and research is at risk in ways I never imagined would be possible, us researchers are still here fighting for a better day for all of us.

Thank you [@amergeriatrics](#) [#ags25](#) friends for being my people.

[#agingresearch](#) [#gerionc](#) [#handmadeceramics](#) [#handmadepottery](#)  
[#pottersofinstagram](#) [#handbuiltceramics](#) [#immigrantmade](#) [#artisresistance](#)

Watch Instagram Reel

”

- Melisa Wong, MD, MAS, AGSF [@mwypottery](#)





## Required UCSF Trainings Due June 13

UCSF has recently launched two new mandatory trainings about workplace culture and safety. Click below to access the UC Learning portal to complete the courses.

**Trainings due Thursday, June 13**

[Complete Trainings](#)

## GERI COMMUNITY RESOURCE

Welcome to UCSF  
Geriatrics Community  
Resources



**Project Open Hand**  
meals with love

This week's Geri Community Resource is: [Project Open Hand's Adults with Disabilities Home Delivered Meals \(AWD HDM\) Program](#).

[Project Open Hand's AWD HDM Program](#) provides nutritious meals to low-income adults with disabilities (ages 18–59) in San Francisco who are unable to prepare meals themselves and lack other meal support. This service ensures that individuals at risk of food insecurity receive balanced meals delivered directly to their homes. To determine eligibility, contact the San Francisco Department of Disability and Aging Services (DAS) Hub at 415-355-6700. Once eligibility is confirmed, DAS will coordinate with Project Open Hand to initiate meal delivery services.

[Find Geriatrics  
Community  
Resources here](#)

**May 21:** Geriatrics  
Works in Progress  
8:30 - 9:40 AM  
Speaker: TBD  
[Zoom Link](#)

**May 28:** Geriatrics  
Works in Progress  
8:30 - 9:40 AM  
Speaker: TBD  
[Zoom Link](#)

**May 28:** Geriatric and  
Palliative Medicine  
Grand Rounds  
4:00 - 5:00 PM  
Speaker: [Heather  
Schickedanz, MD](#)  
[Zoom Link](#)

## EMPLOYMENT OPPORTUNITIES

**UCSF Division of  
Geriatrics is  
Recruiting!**

[Click here for more  
details>>](#)

### Current Career Opportunities:

- [Clinician Educator \(JPF05568\)](#)
- [Research Scientist \(JPF05507\)](#)
- [Harris Fishbon Distinguished Professor for  
Clinical Translational Research in Aging  
\(JPF05557\)](#)

## GIVING



Donations play a vital role in sustaining our  
Mission. [Learn More >>](#)

[Donate now](#)

For questions, comments, or suggestions, email [GeriAdmin@ucsf.edu](mailto:GeriAdmin@ucsf.edu)

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