

Sou, Caroline

Subject: UCSF Health is a National Leader in the Age-Friendly Health System Movement

From: News and Updates for Med Center Medical Directors <MEDDIRSNEWS@LISTSRV.UCSF.EDU> **On Behalf Of** Adler, Joshua

Sent: Monday, March 29, 2021 1:36 PM

To: MEDDIRSNEWS@LISTSRV.UCSF.EDU

Subject: UCSF Health is a National Leader in the Age-Friendly Health System Movement



Dear Colleagues,

As one of the earliest health care organizations to join the [Age-Friendly Health Systems](#) movement, we are pleased to announce that our commitment to this national movement is not only improving care for older adults in our community but has contributed to the national movement surpassing its 2020 milestone.

The [Institute for Healthcare Improvement](#) (IHI) has announced that the [Age-Friendly Health Systems](#) movement has beaten its goal for participation by nearly 50 percent with the help of 1,956 care locations like UCSF Health who joined the movement by the end of 2020.

These results signify the health care community's urgent interest and need for evidence-based approaches to better care for older adults. They also highlight the value of this movement and its [4Ms framework](#). Participating organizations, like ours, adopt and demonstrate progress toward implementation of the 4Ms that lay the groundwork for optimizing care and outcomes for older adults, improving provider experience, supporting caregivers and pursuing value-based methods of care.

We are proud to be leading the way in adopting and advancing the 4Ms in our community. Since we began our participation in this movement, UCSF has focused on patient's cognitive health with the Delirium Reduction program as well as physical health and independence with the new Mobility Program. In addition, UCSF continues to expand its access for clinical care and programs for older adults: The Care at Home Program, Geriatrics outpatient clinics, Acute Care for Elders (ACE) unit, Geriatrics-Orthopedics co-management program, Geriatrics consults and the new Geriatrics Emergency Department. Information about these nationally-recognized programs can be found at: <https://geriatrics.ucsf.edu/patient-care/ucsf-age-friendly-health-system>.

We believe that there has never been a more critical time to prioritize adult care. People aged 65 years and older have been hit hardest by the COVID-19 pandemic, emphasizing the impact of this population's size and distinct medical needs on the US health care delivery system.

We recognize the significant benefits that the Age-Friendly Health Systems movement offers to older adults, their families, and our providers, especially as we face this unprecedented pandemic.

We thank the founders and partners of Age-Friendly Health Systems who recognized the far-reaching impact of improving care for older adults as a way to build greater resilience into individual health care organizations and to strengthen US health care overall.

Together, with them, we stand committed to improving care for older adults.



Thank you,

Josh

Josh Adler, MD
Chief Clinical Officer
